



Abbott



ABBOTT NUTRITION PRODUCT REFERENCE

2024-2025

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■ Ensure® Original Powder	28
■ Ensure® Original Shake	30
■ Ensure® Original TN Shake	32
■ Ensure® Plant-Based Protein	34
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Pre-Surgery	42
■ Ensure® Surgery	44

Glucerna 1.0 Cal-Juven

■ Glucerna® 1.0 Cal	46
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■ Glucerna® 1.2 Cal	48
■ Glucerna® 1.5 Cal	50
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.0 Cal	64
■ Jevity® 1.2 Cal	66
■ Jevity® 1.5 Cal	68
■ Juven®	70

Nepro with CARBSTEADY-Osmolite 1.5 Cal

■ Nepro® with CARBSTEADY®	72
■ Osmolite® 1.2 Cal	74
■ Osmolite® 1.5 Cal	76

PediaLyte Classic-PediaLyte Sport Powder

■ PediaLyte® Classic	78
■ PediaLyte AdvancedCare®	80
■ PediaLyte AdvancedCare® Plus	82
■ PediaLyte AdvancedCare® Plus Powder	84
■ PediaLyte® Electrolyte Water Drink	86
■ PediaLyte® Freezer Pops	88
■ PediaLyte® Half Liter	90
■ PediaLyte® with Immune Support	92
■ PediaLyte® with Immune Support Powder	94

■ PediaLyte® Organic	96
■ PediaLyte® Classic Powder Packs	98
■ PediaLyte® Classic Powder Packs 17 g	100
■ PediaLyte® Sport	102
■ PediaLyte® Sport Powder	104

PediaSure 1.5 Cal-PediaSure SideKicks Shake

■ PediaSure® 1.5 Cal	106
■ PediaSure® 1.5 Cal with Fiber	108
■ PediaSure® Enteral Formula 1.0 Cal	110
■ PediaSure® Enteral Formula 1.0 Cal with Fiber	112
■ PediaSure® Grow & Gain TN Shake	114
■ PediaSure® Grow & Gain with Fiber TN Shake	116
■ PediaSure® Grow & Gain Shake Mix	118
■ PediaSure® Peptide 1.0 Cal	120
■ PediaSure® Peptide 1.5 Cal	122
■ PediaSure® Reduced Calorie	124
■ PediaSure SideKicks® Shake	126

Pivot 1.5 Cal-Vital Peptide 1.5 Cal

■ Pivot® 1.5 Cal	128
■ Promote®	130
■ Promote® with Fiber	132
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Every effort is made to ensure that all product information is accurate at the time of publication. However, this information is subject to change. Please refer to the product label for the most current ingredient, allergen, and nutrient profile information.

The HCPCS codes provided in this book are taken from government publications and are provided from information correct at the time of publication. They are provided for your information only. Each health care provider is ultimately responsible for verifying codes, coverage, and payment policies used to ensure that they are accurate for the services and items provided. Providers should consult with the insurance plan for complete and accurate details concerning documentation for claims. Abbott Nutrition does not guarantee reimbursement by any third-party insurance plan and will not reimburse physicians or providers for claims denied by third-party insurance plans.

NDC format codes: NDC format codes are product codes adjusted according to standard industry practice to meet the format requirements of pharmacy and health insurance computer systems. Abbott Nutrition does not represent these products to be drugs, nor their codes to be NDC codes.

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BY PRODUCT USAGE*

* Suggested uses for some Abbott Nutrition products. Not a complete listing of all Abbott Nutrition therapeutic nutrition products.

BONE FRACTURE

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Promote®	130
■ Promote® with Fiber	132
■ Vital® HP	148

BURNS

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Juven®	70
■ Pivot® 1.5 Cal	128

CANCER

■ Ensure® Clear TN	18
■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plant-Based Protein	34
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Juven®	70
■ Pivot® 1.5 Cal	128
■ Vital® AF 1.2 Cal	146

CEREBROVASCULAR ACCIDENT/STROKE

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.2 Cal	66
■ Osmolite® 1.2 Cal	74
■ Pivot® 1.5 Cal	128
■ TwoCal® HN	140

■ Vital® AF 1.2 Cal	146
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CHRONIC KIDNEY DISEASE (CKD)

■ Nepro® with CARBSTEADY®	72
■ Suplena® with CARBSTEADY®	138

CONGESTIVE HEART FAILURE

■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.5 Cal	68
■ Osmolite® 1.5 Cal	76
■ TwoCal® HN	140

COPD

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62

TN: Therapeutic Nutrition for institutional or home care.

CORONARY HEART DISEASE/ ARTERIOSCLEROTIC HEART DISEASE

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Original Shake	30
■ Ensure® Original TN Shake	32
■ Ensure® Plant-Based Protein	34
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.2 Cal	66
■ Osmolite® 1.2 Cal	74

DEHYDRATION

■ Pedialyte® Classic	78
■ Pedialyte AdvancedCare®	80
■ Pedialyte AdvancedCare® Plus	82
■ Pedialyte AdvancedCare® Plus Powder	84
■ Pedialyte® Freezer Pops	88
■ Pedialyte® with Immune Support	92
■ Pedialyte® Organic	96
■ Pedialyte® Classic Powder Packs	98
■ Pedialyte® Powder Packs 17 g	100

DIABETES/ABNORMAL GLUCOSE METABOLISM

■ Glucerna® 1.0 Cal	46
■ Glucerna® 1.2 Cal	48

■ Glucerna® 1.5 Cal	50
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Nepro® with CARBSTEADY®	72
■ Suplena® with CARBSTEADY®	138

HALAL

Most Abbott Nutrition products are halal. Please see product pages for information specific to each flavor or <https://ifanca.org/halal-certified-products/> for more information.

■ EleCare® (for Infants)	12
■ EleCare® Jr	14
■ Ensure® Clear TN (certain flavors)	18
■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake (certain flavors)	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Max Protein	26
■ Ensure® Original Powder	28
■ Ensure® Original Shake	30
■ Ensure® Original TN Shake	32
■ Ensure® Plant-Based Protein (certain flavors)	34
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Pre-Surgery	42
■ Ensure® Surgery	44
■ Glucerna® 1.0 Cal	46
■ Glucerna® 1.2 Cal	48
■ Glucerna® 1.5 Cal	50

■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.0 Cal	64
■ Jevity® 1.2 Cal	66
■ Jevity® 1.5 Cal	68
■ Nepro® with CARBSTEADY®	72
■ Osmolite® 1.2 Cal	74
■ Osmolite® 1.5 Cal	76
■ Pedialyte® Classic (certain flavors, liquids only)	78
■ Pedialyte AdvancedCare® (liquids only)	80
■ Pedialyte AdvancedCare® Plus (liquids only)	82
■ Pedialyte® Electrolyte Water Drink	86
■ Pedialyte® Half Liter	90
■ Pedialyte® with Immune Support (liquids only)	92
■ Pedialyte® Sport (liquids only)	102
■ Pediasure® 1.5 Cal	106
■ Pediasure® 1.5 Cal with Fiber	108
■ Pediasure® Grow & Gain TN Shake	114
■ Pediasure® Grow & Gain with Fiber TN Shake	116
■ Pediasure® Grow & Gain Shake Mix	118
■ Pediasure® Peptide 1.0 Cal	120
■ Pediasure® Peptide 1.5 Cal	122
■ Pediasure® Reduced Calorie	124
■ Pediasure SideKicks® Shake	126
■ Pivot® 1.5 Cal	128
■ Promote®	130
■ Promote® with Fiber	132
■ PROTALITY®	134
■ PROTALITY® Advance	136
■ Suplena® with CARBSTEADY®	138

■ TwoCal® HN	140
■ Vital® Peptide 1.5 Cal	150

HIV/AIDS

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Juven®	70
■ Pivot® 1.5 Cal	128
■ TwoCal® HN	140
■ Vital® HP	148

KOSHER

Most Abbott Nutrition products are kosher.

Please see product pages for information specific to each flavor or <https://oukosh.org/product-search/> for more information.

■ EleCare® (for Infants)	12
■ EleCare® Jr	14
■ Ensure® Clear Nutrition Drink	16
■ Ensure® Clear TN	18
■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Max Protein	26
■ Ensure® Original Powder	28
■ Ensure® Original Shake	30

■ Ensure® Original TN Shake	32
■ Ensure® Plant-Based Protein	34
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Pre-Surgery	42
■ Glucerna® 1.0 Cal	46
■ Glucerna® 1.2 Cal	48
■ Glucerna® 1.5 Cal	50
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Jevity® 1.0 Cal	64
■ Jevity® 1.2 Cal	66
■ Jevity® 1.5 Cal	68
■ Juven®	70
■ Nepro® with CARBSTEADY®	72
■ Osmolite® 1.2 Cal	74
■ Osmolite® 1.5 Cal	76
■ Pedialyte® Classic	78
■ Pedialyte AdvancedCare®	80
■ Pedialyte AdvancedCare® Plus	82
■ Pedialyte AdvancedCare® Plus Powder	84
■ Pedialyte® Electrolyte Water Drink	86
■ Pedialyte® Freezer Pops	88
■ Pedialyte® Half Liter	90
■ Pedialyte® with Immune Support	92
■ Pedialyte® with Immune Support Powder	94
■ Pedialyte® Classic Powder Packs	98
■ Pedialyte® Powder Packs 17 g	100
■ Pedialyte® Sport	102

■ Pedialyte® Sport Powder	104
■ Pediasure® 1.5 Cal	106
■ Pediasure® 1.5 Cal with Fiber	108
■ Pediasure® Grow & Gain TN Shake	114
■ Pediasure® Grow & Gain with Fiber TN Shake	116
■ Pediasure® Grow & Gain Shake Mix	118
■ Pediasure® Peptide 1.0 Cal	120
■ Pediasure® Peptide 1.5 Cal	122
■ Pediasure® Reduced Calorie	124
■ Pediasure SideKicks® Shake	126
■ Promote®	130
■ Promote® with Fiber	132
■ PROTALITY®	134
■ PROTALITY® Advance	136
■ Suplena® with CARBSTEADY®	138
■ TwoCal® HN	140
■ Vital® Peptide 1.5 Cal	150

MALABSORPTION

■ EleCare® (for Infants)	12
■ EleCare® Jr	14
■ Pediasure® Peptide 1.0 Cal	120
■ Pediasure® Peptide 1.5 Cal	122
■ Pivot® 1.5 Cal	128
■ Vital® 1.0 Cal	142
■ Vital® 1.5 Cal	144
■ Vital® AF 1.2 Cal	146
■ Vital® HP	148
■ Vital® Peptide 1.5 Cal	150

MALNUTRITION

■ Ensure® Clear Nutrition Drink	16
■ Ensure® Clear TN	18
■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Original Powder	28
■ Ensure® Original Shake	30
■ Ensure® Original TN Shake	32
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Surgery	44
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ PediaSure® Grow & Gain TN Shake	114
■ PediaSure® Grow & Gain with Fiber TN Shake	116
■ PediaSure® Grow & Gain Shake Mix	118
■ TwoCal® HN	140

METABOLIC STRESS

■ Pivot® 1.5 Cal	128
■ Vital® AF 1.2 Cal	146

ORAL ELECTROLYTE SOLUTION

■ Pedialyte® Classic	78
■ Pedialyte AdvancedCare®	80
■ Pedialyte AdvancedCare® Plus	82
■ Pedialyte AdvancedCare® Plus Powder	84
■ Pedialyte® Freezer Pops	88
■ Pedialyte® Half Liter	90

■ Pedialyte® with Immune Support	92
■ Pedialyte® with Immune Support Powder	94
■ Pedialyte® Organic	96
■ Pedialyte® Classic Powder Packs	98
■ Pedialyte® Powder Packs 17 g	100
■ Pedialyte® Sport	102
■ Pedialyte® Sport Powder	104

PEDIATRIC NUTRITION

■ EleCare® (for Infants)	12
■ EleCare® Jr.	14
■ PediaSure® 1.5 Cal	106
■ PediaSure® 1.5 Cal with Fiber	108
■ PediaSure® Grow & Gain TN Shake	114
■ PediaSure® Grow & Gain with Fiber TN Shake	116
■ PediaSure® Grow & Gain Shake Mix	118
■ PediaSure® Peptide 1.0 Cal	120
■ PediaSure® Peptide 1.5 Cal	122
■ PediaSure® Reduced Calorie	124
■ PediaSure SideKicks® Shake	126
■ Vital® Peptide 1.5 Cal	150

TRAUMA/SURGERY

■ Ensure® Clear Nutrition Drink	16
■ Ensure® Clear TN	18
■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Plus Nutrition Shake	36
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Pre-Surgery	42
■ Ensure® Surgery	44
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54

■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Juven®	70
■ Pivot® 1.5 Cal	128
■ Vital® AF 1.2 Cal	146
■ Vital® Peptide 1.5 Cal	150

WOUND HEALING/PRESSURE INJURIES

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Max Protein	26
■ Ensure® Plus High Protein TN	40
■ Ensure® Surgery	44
■ Glucerna® Protein Smart Shake	52
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Powder	56
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Juven®	70
■ Promote®	130
■ Promote® with Fiber	132

GENERAL NUTRITION

ORAL FEEDING WITH FIBER

■ Ensure® COMPLETE	20
■ Ensure® Enlive® Advanced TN Shake	22
■ Ensure® High Protein TN Shake	24
■ Ensure® Max Protein	26
■ Ensure® Original TN Shake	32
■ Ensure® Plus TN	38
■ Ensure® Plus High Protein TN	40
■ Ensure® Surgery	44
■ Glucerna Hunger Smart® Meal Size Shake	54
■ Glucerna Hunger Smart® Shake	58
■ Glucerna® Original Shake	60
■ Glucerna® TN Shake	62
■ Nepro® with CARBSTEADY®	72
■ PediaSure® 1.5 Cal with Fiber	108
■ PediaSure® Grow & Gain with Fiber TN Shake	116
■ PediaSure® Peptide 1.0 Cal	120
■ PediaSure® Peptide 1.5 Cal	122
■ PediaSure® Reduced Calorie	124
■ PediaSure SideKicks® Shake	126
■ PROTALITY™	134
■ PROTALITY™ Advance	136
■ Suplena® with CARBSTEADY®	138
■ TwoCal® HN	140
■ Vital® 1.0 Cal	142
■ Vital® 1.5 Cal	144
■ Vital® AF 1.2 Cal	146

ORAL FEEDING WITHOUT FIBER

■ EleCare® (for Infants)	12
■ EleCare® Jr	14
■ Ensure® Clear Nutrition Drink	16
■ Ensure® Clear TN	18

■ Ensure® Original Powder	28
■ Ensure® Original Shake	30
■ Ensure® Plus Nutrition Shake	36
■ Vital® HP	148

TUBE-FEEDING WITH FIBER

■ Glucerna® 1.0 Cal	46
■ Glucerna® 1.2 Cal	48
■ Glucerna® 1.5 Cal	50
■ Jevity® 1.0 Cal	64
■ Jevity® 1.2 Cal	66
■ Jevity® 1.5 Cal	68
■ Nepro® with CARBSTEADY®	72
■ PediaSure® 1.5 Cal with Fiber	108
■ PediaSure® Grow & Gain with Fiber TN Shake	116
■ PediaSure® Peptide 1.0 Cal	120
■ PediaSure® Peptide 1.5 Cal	122
■ PediaSure® Reduced Calorie	124
■ PediaSure SideKicks® Shake	126
■ Pivot® 1.5 Cal	128
■ Promote® with Fiber	132
■ Suplena® with CARBSTEADY®	138
■ TwoCal® HN	140
■ Vital® 1.0 Cal	142
■ Vital® 1.5 Cal	144
■ Vital® AF 1.2 Cal	146
■ Vital® Peptide 1.5 Cal	150

TUBE-FEEDING WITHOUT FIBER

■ EleCare® (for Infants)	12
■ EleCare® Jr	14
■ Osmolite® 1.2 Cal	74
■ Osmolite® 1.5 Cal	76
■ Promote®	130
■ Vital® HP	148

NOTES



The Trusted Leader in Therapeutic Nutrition

A HERITAGE OF SCIENCE-BASED PRODUCTS FOR SPECIFIC PATIENT NEEDS

For nearly 100 years, Abbott Nutrition has been developing science-based nutritional products to support the wellness of people of all ages. Our legacy is rooted in Abbott Laboratories, a global health care company devoted to the development of pharmaceuticals and medical products, including nutritionals. This scientific approach to nutrition enables us to provide you with resources to optimize patient outcomes.

SCIENTIFIC SUPPORT FOR NUTRITION AS AN IMPORTANT COMPONENT OF EFFECTIVE MEDICAL INTERVENTION

- Our knowledge, experience, and research capabilities drive the development of nutritional products that advance quality of life for people of all ages.

- Abbott Nutrition provides a strong base of clinical evidence to demonstrate the effectiveness of therapeutic nutrition in improving patient outcomes.

A CONDITION-CENTERED APPROACH FOR NUTRITION NEEDS

Many patients have conditions that require specific nutrition needs. Addressing those needs is an important component of the high-quality care that every patient deserves. The Abbott Therapeutic Nutrition Portfolio addresses the nutrition needs of specific disease states and conditions.

Our research has produced innovative nutritional solutions:

- HMB
- CARBSTEADY®
- Structured lipids

ORDERING AND CONTACT INFORMATION

• HOSPITALS

Hospitals and other institutions can order Abbott Nutrition products through our website, **e-abbott.com**, **EDI*** or by calling toll-free **1-800-551-5838**.

• RETAILERS

Use only retail list numbers for ordering; do not use the institutional list numbers. Retail list numbers are listed with products and can be ordered through our website, **e-abbott.com**, **EDI*** or by calling toll-free **1-800-551-5840**.

• PATIENTS

For convenient home delivery, patients can order Abbott Nutrition products online at **AbbottStore.com** or by calling toll-free **1-800-258-7677**. Pay by credit card, PayPal®, Apple Pay®, or Google Pay®. Patients can receive more information about Abbott Nutrition products by calling **Abbott Nutrition Consumer Relations at 1-800-227-5767**.

VISIT ABBOTTNUTRITION.COM FOR:

- Abbott Nutrition Medical Nutritional Product Profiles
- Medicare, Medicaid, and Private Insurance Information
- Link to Continuing Education

USE UNDER MEDICAL SUPERVISION

Many Abbott Nutrition therapeutic nutrition formulas are medical foods designed to meet specific needs of patients with certain conditions. The choice of the optimal product for a patient must be based on patient-specific information and good clinical judgment.

PRODUCT INFORMATION

Many Abbott Nutrition Medical Nutritional products are available in a variety of flavors and/or forms. Ingredient information is shown in this book only for primary flavors and forms, eg, Vanilla 8-fl-oz containers. Other flavors and forms may have minor ingredient differences. Check labels for the most current information on retail products.

CONTACTS

Name _____

Phone _____

Email _____

Name _____

Phone _____

Email _____

Name _____

Phone _____

Email _____

*e-abbott.com and EDI are preferred methods.

PayPal®, Apple Pay®, and Google Pay® are not registered trademarks of Abbott Laboratories.

EleCare® (for Infants)

Amino Acid-Based Powder
Infant Formula with Iron



Usage

ELECare is a 20 Cal/fl oz, nutritionally complete amino acid-based formula for infants who cannot tolerate intact or hydrolyzed protein. It is indicated for the dietary management of protein maldigestion, malabsorption, food allergies, short bowel syndrome, eosinophilic GI disorders, GI tract impairment, or other conditions in which an amino acid-based diet is required.

- For infants 0 to 12 months of age.
- For oral or tube feeding.
- Use under medical supervision.

Features

- Clinically documented to be hypoallergenic^{1,*} to virtually eliminate the potential for an allergic reaction to the formula in multiple-food-allergic infants.
- Clinically shown to support the growth of exclusively formula-fed infants.^{2,*}
- 100% free amino acids as nitrogen source.
- DHA and ARA, ingredients that help support brain and eye development.
- 33% of fat blend as MCTs, an easily digested and well-absorbed fat source.
- Supported by strict manufacturing standards and ELISA (Enzyme-Linked ImmunoSorbent Assay) testing.

- Does not contain milk protein, soy protein, fructose, galactose, lactose, or gluten.
- Halal, kosher.

Precautions

- **Never use a microwave oven to warm formula.** Serious burns can result.
- Powdered infant formulas are not sterile and should not be fed to premature infants or infants who might have immune problems unless directed and supervised by your baby's doctor.
- Not for IV use.

Availability

	List No.	NDC Format Code
— 14.1-oz (400.0-g) Can; 6/case		
Unflavored.....	55251.....	70074-0535-11

* Study conducted with a previous formulation of EleCare Unflavored without DHA/ARA.

1 Sicherer SH, et al. *J Pediatr*. 2001;138:688-693.

2 Borschel MW, et al. *Clin Pediatr*. 2013;52(10):910-917.

Technical Data		Nutrition Information							
Unflavored		Unflavored	100 Cal*	100 g Powder	1 L*	Unflavored	100 Cal*	100 g Powder	1 L*
Caloric Density, Cal/mL	0.68	Calories	100	475	676	Iodine, mcg	8.9	42	60
Protein, % Cal [†]	15 (protein equivalent) [†]	Protein Equivalent, g	3.1	14.5	21	Manganese, mcg	84	400	568
Carbohydrate, % Cal	42	Total Fat, g	4.8	23	32.5	Copper, mcg	126	599	852
Fat, % Cal	43	Total Carbohydrate, g	10.7	51	72.4	Zinc, mg	1.15	5.5	7.8
MCT:LCT	33:67	Water, mL	132		895	Iron, mg	1.8	8.4	12.2
Total Cal/g Nitrogen	206:1	Linoleic Acid, mg	840	4000	5683	Selenium, mcg	2.6	12.6	17.6
Nonprotein Cal/g Nitrogen	175:1	Vitamin A, IU	273	1300	1847	Chromium, mcg	2.3	11	15.6
Osmolality, mOsm/kg H2O	350	Vitamin A, mcg RE	82	390	554	Molybdenum, mcg	2.5	12	17.1
Renal Solute Load, mOsm/L	187	Vitamin D, IU	60	285	406				
Recommended Tube Size for Gravity/Pump Feeding (Fr)	NA/6	Vitamin D, mcg	1.5	7.1	10.15				
Carbohydrate Source	Corn syrup solids	Vitamin E, IU	2.1	10	14.2				
Fat Source	High oleic safflower oil, MCTs, soy oil (0.15% DHA; 0.40% ARA)	Vitamin K, mcg	13	60	88				
Protein Source	Free L-amino acids	Vitamin C (Ascorbic Acid), mg	9	43	61				
		Folic Acid, mcg	29.5	140	200				
		Thiamin (Vit B1), mcg	210	1000	1421				
		Riboflavin (Vit B2), mcg	105	500	710				
		Vitamin B6, mcg	84.2	400	570				
		Vitamin B12, mcg	0.4	2.0	2.7				
		Niacin, mcg	1680	8000	11366				
		Choline, mg	15	71	101				
		Biotin, mcg	4.2	20	28.4				
		Pantothenic Acid, mcg	421	2000	2848				
		Inositol, mg	5.1	24	35				
		Sodium, mg	45	215	304				
		Sodium, mEq	2	9.4	13.2				
		Potassium, mg	150	715	1015				
		Potassium, mEq	3.9	18.3	26				
		Chloride, mg	60	285	406				
		Chloride, mEq	1.7	8.0	11.5				
		Calcium, mg	116	550	785				
		Phosphorus, mg	84.2	400	570				
		Magnesium, mg	8.4	40	56.8				

For most accurate results, EleCare should be weighed on a scale that reads in grams.

Preparation
Standard dilution (20 Cal/fl oz) is 1 unpacked level scoop (9.4 g) for each 2 fl oz of water.

Displacement:
7.0 mL per scoop.
0.74 mL per gram powder.

* (20 Cal/fl oz).

† Source of DHA.

‡ Source of ARA.

1 May ME, Hill JO. *Am J Clin Nutr*. 1990;52:770-776.

EleCare® (for Infants)

Ingredients

Unflavored

Corn Syrup Solids (55%), High Oleic Safflower Oil (9%), Medium Chain Triglycerides (8%), Soy Oil (7%), L-Glutamine (2%); Less Than 2% Of: Schizochytrium Sp. Oil[†], M. Alpina Oil[‡], L-Asparagine, L-Leucine, L-Lysine, Datem, Calcium Phosphate, L-Valine, Potassium Phosphate, L-Isoleucine, L-Arginine, L-Phenylalanine, L-Tyrosine, L-Threonine, Potassium Citrate, Sodium Citrate, L-Proline, L-Serine, L-Alanine, Glycine, L-Histidine, L-Methionine, Ascorbic Acid, Magnesium Chloride, Calcium Carbonate, L-Cystine Dihydrochloride, L-Tryptophan, Salt, Choline Chloride, Inositol, Ferrous Sulfate, Taurine, Ascorbyl Palmitate, Zinc Sulfate, di-Alpha-Tocopheryl Acetate, L-Carnitine, Niacinamide, Calcium Pantothenate, Thiamine Hydrochloride, Copper Sulfate, Manganese Sulfate, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Beta-Carotene, Biotin, Phylloquinone, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Vitamin D3 And Vitamin B12.

HCPCS Code B4161

www.AbbottNutrition.com

13

EleCare® Jr

Amino Acid-Based
Nutrition Powder
(For Ages 1 and Up)



Usage

ELECARE JR is a nutritionally complete amino acid-based medical food for ages 1 and older who cannot tolerate intact or hydrolyzed protein.

- For the dietary management of protein maldigestion, malabsorption, food allergies, short bowel syndrome, eosinophilic GI disorders, GI tract impairment, or other conditions in which an amino acid-based diet is required.
- For ages 1 and up.
- For oral or tube feeding.
- Use under medical supervision.

Features

- Clinically documented to be hypoallergenic,^{1,*} to virtually eliminate the potential for an allergic reaction to the formula in multiple-food-allergic children.
- Shown to be effective in maintaining growth of children with cow's milk allergy when used as the primary source of calories.^{1,*}
- 100% free amino acids as nitrogen source.

- 33% of fat blend as MCTs, an easily digested and well-absorbed fat source.
- Supported by strict manufacturing standards and ELISA (Enzyme-Linked ImmunoSorbent Assay) testing.
- Has DHA and lutein to support brain and eye development.
- Does not contain milk protein, soy protein, fructose, galactose, lactose, or gluten.
- Halal.
- Kosher made with pareve ingredients.

Precautions

- **Never use a microwave oven to warm formula.** Serious burns can result.
- Not for IV use.

Availability

	List No.	NDC Format Code
— 14.1-oz (400.0-g) Can; 6/case		
Vanilla	68630	70074-0686-31
Unflavored	68625	70074-0686-28

* Study conducted with a previous formulation of EleCare Unflavored without DHA/ARA.

1 Sicherer SH, et al. *J Pediatr*. 2001;138:688-693.

Technical Data		Nutrition Information					
Unflavored							
		100 g	1 L*		100 g	1 L*	
		Powder		Unflavored	Powder		
Caloric Density, Cal/mL	1.025	Calories	493	1025	Iodine, mcg	44	92
Protein, % Cal ¹	14 (protein equivalent) ¹	Protein Equivalent, g	14.4	30	Manganese, mcg	644	1340
		Total Fat, g	22.4	46.6	Copper, mcg	644	1340
Carbohydrate, % Cal	45	Total Carbohydrate, g	56	116	Zinc, mg	5.8	12.1
Fat, % Cal	41	Water, mL	848		Iron, mg	9	19
MCT:LCT	33:67	Linoleic Acid, mg	4223	8784	Selenium, mcg	13.4	28
Total Cal/g Nitrogen	215:1	Vitamin A, IU	1048	2180	Chromium, mcg	11.6	24.1
Nonprotein Cal/g Nitrogen	190:1	Vitamin A, mcg RAE	314	653	Molybdenum, mcg	13.1	27.2
Osmolality, mOsm/kg H ₂ O	487	Vitamin D, IU	397	826			
Renal Solute Load, mOsm/L	249	Vitamin D, mcg	9.9	20.6			
		Vitamin E, IU	10.4	21.6			
Carbohydrate Source	Corn syrup solids	Vitamin K, mcg	64	133			
	Modified corn starch	Vitamin C, mg	45.6	95			
Fat Source	High oleic	Folic Acid, mcg	149	310			
	safflower oil, soy	Vit B1 (Thiamin), mcg	1060	2205			
	oil, MCTs, DHA	Vit B2 (Riboflavin), mcg	530	1102			
Protein Source	Free amino acids	Vitamin B6, mcg	446	928			
	(protein equivalent) ¹	Vitamin B12, mcg	2.1	4.4			
		Niacin, mcg	8420	17514			
		Choline, mg	150	312			
		Biotin, mcg	21.3	44			
		Pantothenic Acid, mg	2120	4410			
		Inositol, mg	25.3	53			
		Sodium, mg	228	474			
		Sodium, mEq	9.9	20.6			
		Potassium, mg	758	1577			
		Potassium, mEq	19.4	40.4			
		Chloride, mg	301	626			
		Chloride, mEq	8.5	17.7			
		Calcium, mg	580	1206			
		Phosphorus, mg	423	880			
		Magnesium, mg	79	164			

* (Prepared at 30 Cal/fl oz).

¹ May ME, Hill JO. *Am J Clin Nutr*. 1990;52:770-776.

EleCare® Jr

Ingredients

Unflavored

Corn Syrup Solids (59%), Soy Oil (9%), Medium Chain Triglycerides (8%), High Oleic Safflower Oil (7%), L-Glutamine (2%), Less than 2% of: Schizochytrium Sp. Oil (A Source of DHA), Lutein, L-Asparagine, L-Leucine, L-Lysine, L-Valine, Calcium Phosphate, L-Isoleucine, Potassium Phosphate, L-Arginine, Modified Corn Starch, L-Phenylalanine, L-Tyrosine, Potassium Citrate, Sodium Citrate, L-Threonine, L-Proline, L-Serine, L-Alanine, Magnesium Chloride, Glycine, L-Histidine, L-Methionine, Ascorbic Acid, Calcium Carbonate, L-Cystine Dihydrochloride, L-Tryptophan, Magnesium Phosphate, Choline Chloride, Inositol, Ferrous Sulfate, Taurine, Ascorbyl Palmitate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, L-Carnitine, Niacinamide, Salt, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Copper Sulfate, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Beta-Carotene, Biotin, Phylloquinone, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Vitamin D3, Vitamin B12.

HCPSC Code B4161 or B4153

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Insert

EleCare® Jr

Amino Acid-Based Nutrition Powder (For Ages 1 and Up)



Usage

ELECare JR is a nutritionally complete amino acid-based medical food for ages 1 and older who cannot tolerate intact or hydrolyzed protein.

- For the dietary management of protein maldigestion, malabsorption, food allergies, short bowel syndrome, eosinophilic GI disorders, GI tract impairment, or other conditions in which an amino acid-based diet is required.
- For ages 1 and up.
- For oral or tube feeding.
- Use under medical supervision.

Features

- Clinically documented to be hypoallergenic,^{1,*} to virtually eliminate the potential for an allergic reaction to the formula in multiple-food-allergic children.
- Shown to be effective in maintaining growth of children with cow's milk allergy when used as the primary source of calories.^{1,*}
- 100% free amino acids as nitrogen source.
- 33% of fat blend as MCTs, an easily digested and well-absorbed fat source.

- Supported by strict manufacturing standards and ELISA (Enzyme-Linked ImmunoSorbent Assay) testing.
- Does not contain milk protein, soy protein, fructose, galactose, lactose, or gluten.
- Halal, kosher.

Precautions

- **Never use a microwave oven to warm formula.** Serious burns can result.
- Phenylketonurics: contains phenylalanine (Vanilla only).
- Not for IV use.

Availability

	List No.	NDC Format Code
— 14.1-oz (400.0-g) Can; 6/case		
Vanilla	56585	70074-0565-86
Unflavored	55253	70074-0552-54

* Study conducted with a previous formulation of EleCare Unflavored without DHA/ARA.

1 Sicherer SH, et al. *J Pediatr*. 2001;138:688-693.

Technical Data		Nutrition Information							
Vanilla		Vanilla	100 Cal*	100 g Powder	1 L*	Vanilla	100 Cal*	100 g Powder	1 L*
Caloric Density, Cal/mL	1.01	Calories	100	469	1014	Iodine, mcg	9	41.6	90
Protein, % Cal ¹	15 (protein equivalent) ¹	Protein Equivalent, g	3.1	14.3	31	Manganese, mcg	128.2	601	1300
Carbohydrate, % Cal	42	Total Fat, g	4.8	22.7	49.1	Copper, mcg	128.2	601	1300
Fat, % Cal	43	Total Carbohydrate, g	10.5	49.3	106.7	Zinc, mg	1.15	5.4	11.7
MCT:LCT	33:67	Water, mL	83	839	839	Iron, mg	1.8	8.3	18
Total Cal/g Nitrogen	205:1	Linoleic Acid, mg	840	3939	8520	Selenium, mcg	2.7	12.5	27
Nonprotein Cal/g Nitrogen	173:1	Vitamin A, IU	273	1280	2769	Chromium, mcg	2.3	10.9	23.5
Osmolality, mOsm/kg H ₂ O	590*	Vitamin A, mcg RAE	82	384	830	Molybdenum, mcg	2.6	12.3	26.5
Renal Solute Load, mOsm/L	280*	Vitamin D, IU	60	281	608				
		Vitamin D, mcg	1.5	7.0	15.2				
		Vitamin E, IU	2.1	9.71	21				
Carbohydrate Source	Corn syrup solids	Vitamin K, mcg	13	60	130				
Fat Source	High oleic safflower oil, MCTs, soy oil	Vitamin C, mg	9	42.5	92				
Protein Source	Free L-amino acids	Folic Acid, mcg	29.6	139	300				
		Vit B1 (Thiamin), mcg	210	985	2130				
		Vit B2 (Riboflavin), mcg	106	495	1070				
		Vitamin B6, mcg	84	393	850				
		Vitamin B12, mcg	0.4	2.0	4.3				
		Niacin, mcg	1680	7878	17040				
		Choline, mg	29.9	140	303				
		Biotin, mcg	4.2	19.9	43				
		Pantothenic Acid, mg	421	1974	4270				
		Inositol, mg	5	23.6	51				
		Sodium, mg	45	212	459				
		Sodium, mEq	2	9.2	20				
		Potassium, mg	151	706	1526				
		Potassium, mEq	3.8	18.0	39				
		Chloride, mg	60	281	608				
		Chloride, mEq	1.7	7.9	17				
		Calcium, mg	116	543	1174				
		Phosphorus, mg	84	395	854				
		Magnesium, mg	15.8	74	160				

* (Prepared at 30 Cal/fl oz).

1 May ME, Hill JO. *Am J Clin Nutr*. 1990;52:770-776.

EleCare® Jr

Ingredients

Vanilla

Corn Syrup Solids (54%), High Oleic Safflower Oil (9%), Medium Chain Triglycerides (8%), Soy Oil (7%), L-Glutamine (2%), Less than 2% of: L-Asparagine, L-Leucine, DATEM, L-Lysine Acetate, L-Valine, Calcium Phosphate, L-Isoleucine, Artificial Flavor, Potassium Phosphate, L-Arginine, L-Phenylalanine, L-Tyrosine, Potassium Citrate, Sodium Citrate, L-Threonine, L-Proline, L-Serine, L-Alanine, Magnesium Chloride, Glycine, L-Histidine, L-Methionine, Ascorbic Acid, Calcium Carbonate, L-Cystine Dihydrochloride, L-Tryptophan, Magnesium Phosphate, Choline Chloride, Aspartame, Inositol, Acesulfame Potassium, Ferrous Sulfate, Taurine, Ascorbyl Palmitate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Sucralose, L-Carnitine, Niacinamide, Salt, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Copper Sulfate, Vitamin A Palmitate, Riboflavin, Pyridoxine Hydrochloride, Folic Acid, Beta-Carotene, Biotin, Phylloquinone, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Vitamin D3, Vitamin B12

Phenylketonurics: Contains phenylalanine (Vanilla only).

HCPCS Code B4161 or B4153

www.AbbottNutrition.com

Ensure® Clear Nutrition Drink

AVAILABLE AT RETAIL ONLY



Usage

ENSURE CLEAR is a fat-free, refreshing fruit-flavored nutrition drink that contains high-quality protein and essential nutrients. It is ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. Ensure Clear can benefit patients who have nutritional gaps they need to fill, have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- For oral use.

Features

- 180 Calories.
- Good source of high-quality protein (8 g/10 fl oz).
- 0 g of fat.
- Clear liquid nutrition.
- Refreshing fruit flavors provide taste alternative.
- Contains no fruit juice.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal (Blueberry Pomegranate only), gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not for people with galactosemia.
- Not for sole-source nutrition.

Availability

List No.

NDC Format Code

— 10.0-fl oz (296.0-mL) Bottle; 12/case

Blueberry Pomegranate.....	56500.....	70074-0565-01
Mixed Fruit	62479	70074-0624-81

Technical Data		Nutrition Information		
Blueberry Pomegranate		Blueberry Pomegranate	10 fl oz	%DV*†
Caloric Density, Cal/mL	0.61	Protein, g	8	16
Protein, % Cal	18	Total Fat, g	0	0
Carbohydrate, % Cal	82	Saturated Fat, g	0	0
Fat, % Cal	0	Trans Fat, g	0	
Total Cal/g Nitrogen	144:1	Cholesterol, mg	5	2
Nonprotein Cal/g Nitrogen	118:1	Total Carbohydrate, g	37	13
Osmolality, mOsm/kg H ₂ O	341	Dietary Fiber, g	0	0
Renal Solute Load, mOsm/L	172	Total Sugars, g	18	
		Added Sugars, g	18	36
		Calories	180	
		Vit B1 (Thiamin), mg	0.3	25
		Vit B2 (Riboflavin), mg	0.33	25
		Vitamin B6, mg	0.43	25
		Vitamin B12, mcg	0.14	6
		Niacin, mg NE	4.0	25
		Biotin, mcg	4.5	15
		Pantothenic Acid, mg	0.8	15
		Sodium, mg	70	3
		Calcium, mg	40	4
		Phosphorus, mg	188	15
		Magnesium, mg	8.4	2
		Iodine, mcg	23	15
		Manganese, mg	0.35	15
		Copper, mg	0.14	15
		Zinc, mg	3.3	30
		Iron, mg	2.7	15
		Selenium, mcg	8.3	15
		Chromium, mcg	5.3	15
		Molybdenum, mcg	6.8	15

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† Not a significant source of vitamin D and potassium.

Ensure® Clear Nutrition Drink Ingredients

Blueberry Pomegranate

Water, Corn Maltodextrin, Sugar, Whey Protein Isolate, Less than 0.5% of: Natural Flavor, Phosphoric Acid, Malic Acid, Citric Acid, Acesulfame Potassium, Sucralose, Red 40, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Blue 1, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Biotin, Vitamin B12

Contains milk ingredients.

HCPSC Code B4102 or 4103

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Ensure® Clear Therapeutic Nutrition



Usage

ENSURE CLEAR THERAPEUTIC NUTRITION is a great-tasting, clear liquid nutrition drink that contains high-quality protein and essential nutrients. It is fat-free, making it an ideal choice for patients on clear-liquid, pre- and post-surgical, bowel-prep, fat-malabsorptive, and fat-restricted diets. It is also ideal for patients who prefer a fruit-flavored alternative to creamy shake-like supplements. Ensure Clear Therapeutic Nutrition can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- For oral use.
- Use under medical supervision.

Features

- 0 g of fat.
- 240 nutritious calories.
- Clear liquid nutrition.
- Good source of high-quality protein (8 g/8 fl oz).
- Refreshing fruit flavors provide taste alternative.
- 22 vitamins & minerals.
- Contains no fruit juice.
- From the makers of the #1 doctor-recommended brand, Ensure®.

- Halal (Apple only).
- Kosher, gluten-free, suitable for lactose intolerance.
- Not for IV use.

Precautions

- Not for sole-source nutrition.
- Not suitable for people with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Apple.....	64903.....	70074-0649-01
Mixed Berry.....	64900.....	70074-0648-99

ENSURE® CLEAR THERAPEUTIC NUTRITION

Technical Data			Nutrition Information		
Apple			Apple	8 fl oz	%DV*†
Caloric Density, Cal/mL	101		Protein, g	8	16
Protein, % Cal	13		Total Fat, g	0	0
Carbohydrate, % Cal	87		Saturated Fat, g	0	0
Fat, % Cal	0		Trans Fat, g	0	0
Total Cal/g Nitrogen	191:1		Cholesterol, mg	5	<2
Nonprotein Cal/g Nitrogen	166:1		Total Carbohydrate, g	52	19
Osmolality, mOsm/kg H ₂ O	920		Dietary Fiber, g	0	0
Renal Solute Load, mOsm/L	205		Total Sugars, g	30	
			Added Sugars, g	30	60
			Calories	240	
			Vitamin A, mcg RAE	225	25
			Vitamin D, mcg	4	20
			Vitamin E, mg	2.25	15
			Vitamin K, mcg	18	15
			Vitamin C, mg	27	30
			Folate, mcg DFE	100	25
			Folic Acid, mcg	60	
			Vit B1 (Thiamin), mg	0.30	25
			Vit B2 (Riboflavin), mg	0.33	25
			Vitamin B6, mg	0.43	25
			Vitamin B12, mcg	0.6	25
			Niacin, mg NE	4	25
			Biotin, mcg	4.5	15
			Pantothenic Acid, mg	0.75	15
			Sodium, mg	70	3
			Sodium, mEq	3	
			Phosphorus, mg	188	15
			Phosphorus, mmol	6.1	
			Iodine, mcg	45	30
			Manganese, mg	0.23	10
			Copper, mg	0.14	15
			Zinc, mg	3.3	30

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† Not a significant source of calcium and potassium.

Ensure® Clear Therapeutic Nutrition Ingredients

Apple

Water, Sugar, Corn Syrup Solids, Whey Protein Isolate, Less than 0.5% of: Vitamins & Minerals (Ascorbic Acid, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Niacinamide, Manganese Sulfate, Copper Sulfate, Pyridoxine Hydrochloride, Vitamin A Palmitate, Thiamine Hydrochloride, Riboflavin, Folic Acid, Potassium Iodide, Chromium Chloride, Phylloquinone, Sodium Selenate, Sodium Molybdate, Vitamin D3, Biotin, Vitamin B12), Citric Acid, Phosphoric Acid, Natural & Artificial Flavor

Contains milk ingredients.

HCPSC Code B4102 or B4103

www.AbbottNutrition.com

Ensure[®] COMPLETE

Nutrition Shake

AVAILABLE AT RETAIL ONLY



Usage

ENSURE COMPLETE has the ALL-IN-ONE premium nutrition blend to support muscle, bone, immune, heart and digestive health. It is specially formulated to help maintain and regain lean body mass and strength in patients recovering from illness, injury, and surgery.

- For supplemental nutrition.
- For oral use.
- Use as part of a healthy diet.

Features

- Complete and balanced nutrition to gain or maintain a healthy weight.
- Excellent source (30 g/serving) of high-quality protein.
- Excellent source of calcium and vitamin D to support bone health.
- Excellent source (450 mg/serving) of plant-based omega-3 fatty acid ALA (30% of 1.6 g DV) to support heart health.
- Excellent source of antioxidants (vitamins C & E and selenium) to support immune health.
- Good source of fiber* (4 g/serving) to support digestive health.
- 25 essential vitamins and minerals.

- Concentrated calories (1.2 Cal/mL).
- From the makers of the #1 doctor-recommended brand, Ensure[®].
- Halal, kosher, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 10.0-fl oz (296.0-mL) Bottle; 16/case		
Vanilla	68053.....	70074-0680-54
Milk Chocolate	68056.....	70074-0680-57
Strawberry.....	68059.....	70074-0680-60

* Contains 8 grams of total fat per 10 fl oz serving.

Ensure[®] COMPLETE

Ingredients

Milk Chocolate

Water, Corn Syrup, Milk Protein Concentrate, Sugar, Calcium Caseinate, Cocoa Powder (Processed with Alkali), Canola Oil, Soy Protein Isolate, Short-chain Fructooligosaccharides, Less than 0.5% of: Vitamins & Minerals (Sodium Citrate, Ascorbic Acid, Magnesium Phosphate, Potassium Citrate, Sodium Phosphate, Potassium Phosphate, Choline Chloride, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Nicotinamide, Potassium Chloride, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulfate, Vitamin A Palmitate, Folic Acid, Phylloquinone, Potassium Iodide, Sodium Selenate, Biotin, Vitamin D3, Vitamin B12), Corn Oil, Soluble Corn Fiber, Natural & Artificial Flavor, Cellulose Gel, Monoglycerides, Soy Lecithin, Salt, Cellulose Gum, Acesulfame Potassium, Gellan Gum, Sucralose.

Contains milk and soy ingredients.

Ensure® Enlive® Advanced Therapeutic Nutrition Shake



Usage

Patented ENSURE ENLIVE is designed to help rebuild strength and energy from the inside, with an ALL-IN-ONE blend to support muscle, bone, heart, immune, and digestive tract health. It is specially formulated to help maintain and rebuild lean body mass and strength in patients recovering from illness, injury and surgery.

- Recommend 2 servings per day as part of a healthy diet.
- For supplemental nutrition.
- For oral use.
- Use under medical supervision.

Features

- Has 1.5 g calcium beta-hydroxy-beta-methylbutyrate (CaHMB) and 20 g of protein/8 fl oz for muscle health.
- Excellent source (610 mg/8 fl oz) of plant-based omega-3 ALA (40% of 1.6 g DV) for heart health.
- Excellent source of antioxidants (vitamins C & E and selenium) to support normal immune function.

- 3 g prebiotic fiber to support growth of good bacteria in the digestive tract.
- 60% DV of vitamin D and 40% DV of calcium to support strong bones.
- 26 essential vitamins and minerals.
- Concentrated calories (1.5 Cal/mL) and excellent source of protein (20 g/8 fl oz).
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal (excluding Vanilla), gluten-free, suitable for lactose intolerance.

Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability (See page 180 for retail list numbers.)

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	64286	70074-0642-90
Milk Chocolate	64283	70074-0642-84

ENSURE® ENLIVE® ADVANCED THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	1.5	Protein, g	20	40
Protein, % Cal	23	Total Fat, g	11	14
Carbohydrate, % Cal	49	Saturated Fat, g	1.5	8
Fat, % Cal	28	Polysaturated Fat, g	3.5	
Omega-6:Omega-3	5:1	Monounsaturated Fat, g	5	
Total Cal:g Nitrogen	109:1	Trans Fat, g	0	
Nonprotein Cal:g Nitrogen	86:1	Cholesterol, mg	10	3
Osmolality, mOsm/kg H ₂ O	820 (920 Choc.)	Total Carbohydrate, g	44 (45 Choc.)	16
Renal Solute Load, mOsm/L	592	Dietary Fiber, g	3	11
		scFOS, g	3	
		Total Sugars, g	20 (22 Choc.)	
		Added Sugars, g	20 (22 Choc.)	40 (44 Choc.)
		Calories	350	
		Vitamin A, mcg RAE	225	25
		Vitamin D, mcg	12	60
		Vitamin E, mg	15	100
		Vitamin K, mcg	24	20
		Vitamin C, mg	63	70
		Folate, mcg DFE	160	40
		Folic Acid, mcg	96	
		Vit B1 (Thiamin), mg	0.48	40
		Vit B2 (Riboflavin), mg	0.52	40
		Vitamin B6, mg	0.68	40
		Vitamin B12, mcg	0.96	40
		Niacin, mg NE	8	50
		Choline, mg	140	25
		Biotin, mcg	12	40
		Pantothenic Acid, mg	2	40
		Sodium, mg	260	11
		Sodium, mEq	11.3	
		Potassium, mg	560 (590 Choc.)	10
		Potassium, mEq	14.3 (15.1 Choc.)	
		Chloride, mg	46	2
		Chloride, mEq	1.3	
		Calcium, mg	500	40
		Calcium, mEq	25	
		Phosphorus, mg	375	30
		Phosphorus, mmol	12.1	
		Magnesium, mg	84	20
		Magnesium, mEq	6.9	
		Iodine, mcg	38	25
		Manganese, mg	0.58	25
		Copper, mg	0.225	25
		Zinc, mg	7.7	70
		Iron, mg	4.5	25
		Selenium, mcg	27.5	50
		Chromium, mcg	9 (12.3 Choc.)	25 (35 Choc.)
		Molybdenum, mcg	11.3	25

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Ensure® Enlive® Advanced Therapeutic Nutrition Shake

Ingredients

Vanilla

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, Canola Oil, Short-chain Fructooligosaccharides, Corn Oil, Soy Protein Isolate, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Potassium Hydroxide, Whey Protein Concentrate, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Potassium Phosphate, Ascorbic Acid, Magnesium Hydroxide, Choline Chloride, Calcium Carbonate, Calcium Phosphate, Sodium Phosphate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Vitamin B12, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Sodium Selenate, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3), Natural & Artificial Flavor, Cellulose Gel, Soy Lecithin, Monoglycerides, Cellulose Gum, L-Carnitine, Carrageenan

Contains milk and soy ingredients.

HCPSC Code B4152

www.AbbottNutrition.com

Ensure® High Protein Therapeutic Nutrition Shake



Usage

ENSURE HIGH PROTEIN THERAPEUTIC NUTRITION is high in protein to support muscle health and low in fat.

- For oral use.
- For supplemental nutrition.
- Use as part of a healthy diet.
- Use under medical supervision.

Features

- Excellent source of protein (16 g/8 fl oz).
- 27 essential vitamins & minerals.
- Low fat (2 g/8 fl oz).
- From the makers of the #1 doctor recommended brand, Ensure.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability (See page 180 for retail list numbers.)

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	64136	70074-0641-37
Milk Chocolate	64134	70074-0641-35
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64898	70074-0648-96
Milk Chocolate	64895	70074-0648-94

ENSURE® HIGH PROTEIN THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	0.67	Protein, g	16	32
Protein, % Cal	41	Total Fat, g	2	3
Carbohydrate, % Cal	48	Saturated Fat, g	0.5	3
Fat, % Cal	11	Polyunsaturated Fat, g	0.5	
Omega-6:Omega-3	3:1	Monounsaturated Fat, g	1	
Total Cal:g Nitrogen	63:1	Trans Fat, g	0	
Nonprotein Cal:g Nitrogen	37:1	Cholesterol, mg	20	7
Osmolality, mOsm/kg H ₂ O	280	Total Carbohydrate, g	19	7
Renal Solute Load, mOsm/L	502	Dietary Fiber, g	<1	<3
		Total Sugars, g	4	
		Added Sugars, g	4	7
		Calories	160	
		Vitamin A, mcg RAE	230	25
		Vitamin D, mcg	8	40
		Vitamin E, mg	7.5	50
		Vitamin K, mcg	24	20
		Vitamin C, mg	45	50
		Folate, mcg DFE	160	40
		Folic Acid, mcg	96	
		Vit B1 (Thiamin), mg	0.48	40
		Vit B2 (Riboflavin), mg	0.52	40
		Vitamin B6, mg	0.68	40
		Vitamin B12, mcg	0.96	40
		Niacin, mg NE	9.6	60
		Choline, mg	140	25
		Biotin, mcg	12	40
		Pantothenic Acid, mg	2	40
		Sodium, mg	210	9
		Sodium, mEq	9.1	
		Potassium, mg	470	10
		Potassium, mEq	12	
		Chloride, mg	230	10

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Ensure® High Protein Therapeutic Nutrition Shake

Ingredients

Vanilla

Water, Milk Protein Concentrate, Corn Maltodextrin, Sugar, Soy Protein Isolate, Canola Oil, Less than 0.5% of: Vitamins & Minerals (Magnesium Phosphate, Calcium Carbonate, Potassium Citrate, Sodium Citrate, Sodium Ascorbate, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Riboflavin, Potassium Chloride, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Salt, Carrageenan, Cellulose Gum, Gellan Gum, Acesulfame Potassium, Sucralose

Contains milk and soy ingredients.

HCPSC Code B4150

www.AbbottNutrition.com

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Ensure® Max Protein

Nutrition Shake

AVAILABLE AT RETAIL ONLY



Usage

ENSURE MAX PROTEIN is a high-protein, low-fat nutrition shake with 1 g of sugar for people who need extra protein.

Features

- Excellent source of protein (30 g/11 fl oz).
- Milk Chocolate with Caffeine and Café Mocha include 100 mg of caffeine (as much as a cup of coffee).
- With nutrients for immune system support: protein, vitamin A, vitamin D, zinc, antioxidants (vitamins C & E and selenium).
- Gluten-free, halal, kosher, suitable for lactose intolerance.

Precautions

- For oral use only.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 11.0-fl oz (330.0-mL) Recloseable Carton; 12/case		
French Vanilla	67165	70074-0671-66
Milk Chocolate	66899	70074-0668-97
Creamy Strawberry (CS)	68169	70074-0681-70
Milk Chocolate with Caffeine	68166	70074-0681-67
Café Mocha	66893	70074-0668-91
Creamy Peach (CP)	68463	70074-0684-65
Cherry Cheesecake (CC)	68460	70074-0684-62

Technical Data		Nutrition Information					
Milk Chocolate		Milk Chocolate	11 fl oz	%DV*	Milk Chocolate	11 fl oz	%DV*
Caloric Density, Cal/mL	0.45	Protein, g	30	60	Sodium, mEq	10.9 (10.4 Mocha; 10.0 CC, CP, CS, Van.)	
Protein, % Cal	80	Total Fat, g	1.5 (1 Mocha; 2 CC, CP, CS, Van.)	2†	Potassium, mg	380 (420 Mocha; 390 CC, CP, CS, Van.)	8‡
Carbohydrate, % Cal	11 (14 Mocha; 8 CC, CP, CS, Van.)	Saturated Fat, g	0.5	3	Potassium, mEq	9.7 (10.7 Mocha; 10.0 CC, CP, CS, Van.)	
		Polyunsaturated Fat, g	0		Chloride, mg	230 (340 CC, CP, CS, Van.)	10‡
		Monounsaturated Fat, g	0.5 (0 Mocha; 1 CC, CP, CS, Van.)		Chloride, mEq	6.5 (9.6 Mocha, CC, CP, CS, Van.)	
Fat, % Cal	9 (6 Mocha; 12 CC, CP, CS, Van.)	Trans Fat, g	0		Calcium, mg	650	50
		Cholesterol, mg	20	7	Calcium, mEq	32.4	
Omega-6:Omega-3	26.2:1 (41:1 Mocha; 52:1 CC, CP, Van.)	Total Carbohydrate, g	7 (8 Mocha; 6 CC, CP, CS, Van.)	3‡	Phosphorus, mg	500	40
		Dietary Fiber, g	4	14	Phosphorus, mmol	16.1	
		scFOS, g	1		Magnesium, mg	147 (105 Mocha, CC, CP, CS, Van.)	35#
		Total Sugars, g	1		Magnesium, mEq	12.1 (8.6 Mocha, CC, CP, CS, Van.)	
		Added Sugars, g	0	0	Iodine, mcg	45 (38 Mocha, CC, CP, CS, Van.)	30#
MCT:LCT	0	L-Carnitine, mg	0		Manganese, mg	0.58	25
Total Cal:g Nitrogen	31.9:1	Taurine, mg	0		Copper, mg	0.36 (0.23 Mocha, CC, CP, CS, Van.)	40#
Nonprotein Cal:g Nitrogen	6.4:1	Calories	150		Zinc, mg	5.0	45
Osmolality, mOsm/kg H2O	162 (173 Mocha; 180 CC, CP, CS, Van.)	Vitamin A, mcg RAE	270	30	Iron, mg	2.7	15
		Vitamin D, mcg	11	60	Selenium, mcg	25	45
		Vitamin E, mg	3.8	25	Chromium, mcg	9 (12.3 Mocha, CC, CP, CS, Van.)	25
		Vitamin K, mcg	24	20	Molybdenum, mcg	20.3	45
Renal Solute Load, mOsm/L	600 (602 Mocha; 608 CC, CP, CS, Van.)	Vitamin C, mg	45	50			
		Folate, mcg DFE	100	25			
		Folic Acid, mcg	60				
		Vit B1 (Thiamin), mg	0.3	25			
		Vit B2 (Riboflavin), mg	0.59	45			
		Vitamin B6, mg	0.51	30			
		Vitamin B12, mcg	0.6	25			
		Niacin, mg NE	8	50			
		Choline, mg	82.5	15			
		Biotin, mcg	7.5	25			
		Pantothenic Acid, mg	1.8	35			
		M-Inositol, mg	0				
		Sodium, mg	250 (240 Mocha; 230 CC, CP, CS, Van.)	11§			

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† (1 Mocha; 3 CC, CP, CS, Van.).

‡ (2 CC, CP, CS, Van.).

§ (10 Mocha, CC, CP, CS, Van.).

|| (10 Mocha).

¶ (15 CC, CP, CS, Van.).

(25 Mocha, CC, CP, CS, Van.).

Ensure® Max Protein

Ingredients

Milk Chocolate

Water, Milk Protein Concentrate, Calcium Caseinate, Cocoa Powder (Processed with Alkali), Less than 0.5% of: Vitamins & Minerals (Magnesium Phosphate, Sodium Ascorbate, Potassium Phosphate, Sodium Phosphate, Choline Chloride, Potassium Hydroxide, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Phylloquinone, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin D3, Biotin, Vitamin B12, Soluble Corn Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, High Oleic Sunflower Oil, Salt, Cellulose Gel, Acesulfame Potassium, Cellulose Gum, Sucralose, Carrageenan

HCPSC Code A9270

www.AbbottNutrition.com

Ensure® Original Powder

Complete, Balanced Nutrition®

AVAILABLE AT RETAIL ONLY



Usage

ENSURE ORIGINAL POWDER is a source of complete, balanced nutrition for supplemental use with or between meals. It may benefit patients who have malnutrition, are at nutritional risk, are experiencing involuntary weight loss, or are on modified diets.

- For oral use.
- For interim sole-source nutrition.

Features

- From the makers of the #1 doctor-recommended brand, Ensure®.
- Good source of 24 vitamins and minerals.
- Good source of protein.
- Kosher, halal, gluten-free.

- Suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 14.0-oz (397 g) Can; 6/case		
Vanilla	00750	70074-0607-50
— 14.1-oz (400 g) Can; 6/case		
Vanilla	66950	70074-0668-54

Technical Data		Nutrition Information		
Vanilla		Vanilla	57 g powder	%DV*
Caloric Density, Cal/mL	1.06	Protein, g	8	18
Protein, % Cal	15	Total Fat, g	8	10
Carbohydrate, % Cal	55	Saturated Fat, g	1.5	8
Fat, % Cal	30	Trans Fat, g	0	
Total Cal:g Nitrogen	168:1	Cholesterol, mg	10	3
Nonprotein Cal:g Nitrogen	143:1	Total Carbohydrate, g	33	12
		Dietary Fiber, g	2	7
		Total Sugars, g	12	
		Added Sugars, g	11	23
		Calories	240	
		Vitamin A, mcg RAE	230	25
		Vitamin D, mcg	2.2	10
		Vitamin E, mg	2.3	15
		Vitamin K, mcg	12	10
		Vitamin C, mg	23	25
		Folate, mcg DFE	100	40
		Folic Acid, mcg	60	
		Vit B1 (Thiamin), mg	0.42	35
		Vit B2 (Riboflavin), mg	0.39	30
		Vitamin B6, mg	0.43	25
		Vitamin B12, mcg	0.72	30
		Niacin, mg NE	2.3	15
		Choline, mg	55	10
		Biotin, mcg	8	25
		Pantothenic Acid, mg	2	40
		Sodium, mg	200	9
		Potassium, mg	310	6
		Potassium, mEq	9	
		Chloride, mg	180	8
		Calcium, mg	210	15
		Phosphorus, mg	100	8
		Magnesium, mg	40	10
		Iodine, mcg	30	20
		Manganese, mg	0.58	25
		Copper, mg	0.14	15
		Iron, mg	1.8	10
		Selenium, mcg	11	20
		Chromium, mcg	11	30
		Molybdenum, mcg	18	40

Ensure® Original Powder

Vanilla

Corn Syrup, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (High Oleic Sunflower, Soy, Canola), Milk Protein Concentrate, Short-chain Fructooligosaccharides, Soy Protein Isolate, Less than 2% of: Sodium Citrate, Potassium Citrate, Artificial Flavor, Magnesium Chloride, Potassium Chloride, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Hydroxide, Ascorbyl Palmitate, Zinc Sulfate, Ferrous Sulfate, Mixed Tocopherols, Calcium Pantothenate, dl-Alpha-Tocopheryl Acetate, Manganese Sulfate, Niacinamide, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Vitamin Hydrochloride, Copper Sulfate, Beta-Carotene, Folic Acid, Potassium Iodide, Sodium Molybdate, Chromium Chloride, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12, Calcium Carbonate, Potassium Phosphate, Magnesium Sulfate, Salt

Contains milk and soy ingredients.

HCPCS Code B4150

Ensure® Original Shake

AVAILABLE AT RETAIL ONLY



Usage

ENSURE ORIGINAL can benefit patients who are malnourished, at risk of malnutrition, or experiencing involuntary weight loss.

- For oral use.
- For interim sole-source nutrition.

Features

- Good source of protein (9 g/8 fl oz).
- Good source of 27 essential vitamins and minerals.
- Excellent source (320 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 20% of 1.6 g DV) to support heart health.
- Excellent source of vitamin D to support bone health.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	57243	70074-0407-11
Milk Chocolate	57231	70074-0407-01
Strawberry	57234	70074-0407-05
Dark Chocolate	53806	70074-0538-07
Coffee Latte	57237	70074-0560-16
Butter Pecan	57240	70074-0517-85
Banana Nut	66910	70074-0669-11

Technical Data		Nutrition Information			
Vanilla		Vanilla	8 fl oz	%DV*	Vanilla
Caloric Density, Cal/mL	0.93	Protein, g	9	18	230
Protein, % Cal	17	Total Fat, g	6	8	6.5
Carbohydrate, % Cal	58	Saturated Fat, g	1	5	330
Fat, % Cal	25	Polysaturated Fat, g	2		16.5
Omega-6:Omega-3	4.5:1	Monounsaturated Fat, g	3		250
MCT:LCT	0	Trans Fat, g	0		84
Total Cal:g Nitrogen	155:1	Cholesterol, mg	<5	<2	6.9
Nonprotein Cal:g Nitrogen	129:1	Total Carbohydrate, g	32 (33 Choc.)	12	38
Osmolality, mOsm/kg H ₂ O	430;	Dietary Fiber, g	<1 (1 Choc.; 2 Dk Choc.)	<3†	0.58 (0.69 Dk Choc.)
	460 (Choc.)	Total Sugars, g	10		0.23‡
Renal Solute Load, mOsm/L	333	Added Sugars, g	9	18	3.3
		Calories	220		4.5
		Vitamin A, mcg RAE	225	25	13.8 (16.5 Dk Choc.)
		Beta-Carotene, mg	0		8.75 (17.5 Dk Choc.)
		Vitamin D, mcg	8	40	15.8
		Vitamin E, mg	7.5	50	
		Vitamin K, mcg	24	20	
		Vitamin C, mg	72	80	
		Folate, mcg DFE	100	25	
		Folic Acid, mcg	60		
		Vit B1 (Thiamin), mg	0.30	25	
		Vit B2 (Riboflavin), mg	0.39	30	
		Vitamin B6, mg	0.51	30	
		Vitamin B12, mcg	0.60 (0.48 Dk Choc.)	25‡	
		Niacin, mg NE	5.6	35	
		Choline, mg	137.5	25	
		Biotin, mcg	7.5	25	
		Pantothenic Acid, mg	1.5	30	
		Sodium, mg	210	9	
		Sodium, mEq	9.1		
		Potassium, mg	470	10	
		Potassium, mEq	12.1		

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† (4 Choc., 8 Dk Choc.)

‡ (20 Dk Choc.)

§ (30 Dk Choc.)

|| (0.32 Choc., 0.45 Dk Choc.)

¶ (35 Choc., 50 Dk Choc.)

(50 Dk Choc.)

Ensure® Original Shake

Ingredients

Vanilla

Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Nonfat Milk, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Potassium Chloride, Potassium Hydroxide, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Salt, Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Sucralose

Contains milk and soy ingredients.

HCPSC Code B4150

www.AbbottNutrition.com

Ensure® Original Therapeutic Nutrition Shake

Complete Therapeutic Nutrition



Usage

ENSURE ORIGINAL THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- For oral use only.
- For interim sole-source nutrition.
- Use under medical supervision.

Features

- Complete, Balanced Nutrition®.
- Good source of protein (9 g/8 fl oz).
- 27 vitamins and minerals.
- Excellent source (320 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 20% of 1.6 g DV) to support heart health.
- 25% DV of vitamin D to support bone health.

- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	58297	70074-0582-98
Milk Chocolate	58293	70074-0582-94
Strawberry	58295	70074-0582-96
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64931	70074-0649-30
Milk Chocolate	64937	70074-0649-36
Strawberry	64933	70074-0649-32

ENSURE® ORIGINAL THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.05	Protein, g	9	38
Protein, % Cal	14	Total Fat, g	6	25
Carbohydrate, % Cal	64	Saturated Fat, g	1	4
Fat, % Cal	22	Polyunsaturated Fat, g	2	8
Omega-6:Omega-3	4.07:1	Monounsaturated Fat, g	3	13
MCT:LCT	0	Trans Fat, g	0	0
Total Cal/g Nitrogen	176:1	Cholesterol, mg	<5	21
Nonprotein Cal/g Nitrogen	151:1	Total Carbohydrate, g	41 (42 Choc.)	173 (177 Choc.)
Osmolality, mOsm/kg H ₂ O	650	Dietary Fiber, g	3	13
Renal Solute Load, mOsm/L	333	scFOS, g	3	13
		Total Sugars, g	23 (22 Choc.)	97 (93 Choc.)
		Added Sugars, g	22 (21 Choc.)	94 (90 Choc.)
		Calories	250	1055
		Vitamin A, mcg RAE	225	949
		Vitamin D, mcg	5	21
		Vitamin E, mg	8	34
		Vitamin K, mcg	24	101
		Vitamin C, mg	45	190
		Folate, mcg DFE	100	422
		Folic Acid, mcg	60	253
		Vit B1 (Thiamin), mg	0.3	1.3
		Vit B2 (Riboflavin), mg	0.33	1.4
		Vitamin B6, mg	0.43	1.8
		Vitamin B12, mcg	0.6	2.5
		Niacin, mg	5.6	23.6
		Choline, mg	138	580
		Biotin, mcg	7.5	31.6
		Pantothenic Acid, mg	1.25	5.3
		Sodium, mg	210	886
		Sodium, mEq	9.1	39
		Potassium, mg	470	1980
		Potassium, mEq	12	51

Ensure® Original Therapeutic Nutrition Shake

Ingredients

Vanilla

Water, Sugar, Corn Maltodextrin, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Short-chain Fructooligosaccharides, Nonfat Milk, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Calcium Carbonate, Sodium Citrate, Calcium Phosphate, Choline Chloride, Ascorbic Acid, Potassium Chloride, Ferrus Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Cellulose Gel, Salt, Cellulose Gum, Soy Lecithin, Monoglycerides, Carrageenan

Contains milk and soy ingredients.

HCPSC Code B4150

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Ensure® Plant-Based Protein

Nutrition Shake

AVAILABLE AT RETAIL ONLY



Usage

ENSURE PLANT-BASED PROTEIN is a good source of protein to support muscle health and a good source of fiber to support digestive health.

- Vegetarian and vegan-friendly, non-GMO ingredients, dairy-free, soy-free, and contains no artificial colors, flavors, or sweeteners.
- The protein is 100% plant-based, sourced from fava beans and peas.
- Ideal for patients who prefer a plant-based protein nutrition shake.

Features

- 20 g plant-based protein, 180 Calories, 5 g fiber.
- 25 essential vitamins and minerals.
- Available in Vanilla and Chocolate.
- Lactose-free (dairy-free).
- Gluten-free, kosher.
- Halal (Vanilla only).
- For oral use only.

Availability

List No.

NDC Format Code

— 11.0-fl oz (330.0-mL) Recloseable Carton; 12/case

Vanilla 6745070074-0674-51

Chocolate 6745370074-0674-55

Technical Data		Nutrition Information		
Vanilla		Vanilla	11 fl oz	%DV*
Caloric Density, Cal/mL	0.55	Protein, g	20	24
Protein, % Cal	44	Total Fat, g	6	8
Carbohydrate, % Cal	26	Saturated Fat, g	1	5
Fat, % Cal	30	Polysaturated Fat, g	1.5	
Total Cal/g Nitrogen	56:1	Monounsaturated Fat, g	3.5	
Nonprotein Cal/g Nitrogen	31:1	Trans Fat, g	0	
Osmolality, mOsm/kg H ₂ O	228	Cholesterol, mg	0	0
	(248 Choc.)	Total Carbohydrate, g	13 (14 Choc.)	5
		Dietary Fiber, g	5	18
		Total Sugars, g	7	
		Added Sugars, g	7	14
		Calories	180	
		Vitamin A, mcg RAE	225	25
		Vitamin D, mcg	10	50
		Vitamin E, mg	3.75	25
		Vitamin K, mcg	36	30
		Vitamin C, mg	45	50
		Folate, mcg DFE	100	25
		Folic Acid, mcg	60	
		Vit B1 (Thiamin), mg	0.48	40
		Vit B2 (Riboflavin), mg	0.33	25
		Vitamin B6, mg	0.43	25
		Vitamin B12, mcg	0.6	25
		Niacin, mg NE	4	25
		Choline, mg	140	25
		Biotin, mcg	7.5	25
		Pantothenic Acid, mg	1.25	25
		Sodium, mg	300	13
		Sodium, mEq	13.0	
		Potassium, mg	470 (700 Choc.)	10 (15 Choc.)
		Potassium, mEq	12 (17.9 Choc.)	
		Calcium, mg	400	30

Ensure® Plant-Based Protein Ingredients

Vanilla
 Water, Fava Bean Protein Isolate, Organic Sugar, High Oleic Safflower Oil, Chicory Root Fiber, Pea Protein Concentrate, Less than 0.5% of: Vitamins & Minerals (Calcium Phosphate, Magnesium Phosphate, Potassium Citrate, Sodium Citrate, Ascorbic Acid, Potassium Hydroxide, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Zinc Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Potassium Iodide, Chromium Chloride, Phylloquinone, Sodium Selenate, Vitamin D3 [Plant-Based], Sodium Molybdate, Biotin, Vitamin B12), Cellulose Gel, Natural Flavor, Oat Fiber, Sunflower Lecithin, Cellulose Gum, Stevia Leaf Extract, Monk Fruit Extract

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Ensure® Plus Nutrition Shake

Complete, Balanced Nutrition®

AVAILABLE AT RETAIL ONLY



Usage

ENSURE PLUS provides concentrated calories and protein to help patients gain or maintain healthy weight. It can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- For oral use.
- For interim sole-source nutrition.
- To help gain or maintain a healthy weight.

Features

- 50% more calories than Ensure® Original (350 vs 220 Cal/ 8 fl oz).
- 75% more protein than Ensure Original (16 vs 9 g/8 fl oz).
- Excellent source of vitamin D and calcium to support bone health.
- Concentrated calories (1.5 Cal/mL) and an excellent source of protein (16 g/8 fl oz).
- Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 40% of 1.6 g DV) to support heart health.
- 27 vitamins and minerals.

- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 16/case		
Milk Chocolate (MC).....	66544.....	70074-0407-02
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla.....	57263.....	70074-0407-07
Milk Chocolate (MC).....	57266.....	70074-0407-02
Strawberry.....	57269.....	70074-0407-18
Butter Pecan.....	57272.....	70074-0517-87
Dark Chocolate (DC).....	53809.....	70074-0538-10

ENSURE® PLUS NUTRITION SHAKE

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	1.5	Protein, g	16	32
Protein, % Cal	18	Total Fat, g	11	14
Carbohydrate, % Cal	54	Saturated Fat, g	1 (1.5 MC & DC)	5 (8 MC & DC)
Fat, % Cal	28	Polyunsaturated Fat, g	4	
Omega-6:Omega-3	4.5:1	Monounsaturated Fat, g	5	
MCT:LCT	0	Trans Fat, g	0	
Total Cal/g Nitrogen	138:1	Cholesterol, mg	10	3
Nonprotein Cal/g Nitrogen	113:1	Total Carbohydrate, g	47 (48 MC)	17
Osmolality, mOsm/kg H ₂ O	658; 670 (MC); 695 (DC)	Dietary Fiber, g	0 (1 MC & DC)	0 (4 MC & DC)
	501.5	Total Sugars, g	20 (22 MC & 19 DC)	
Renal Solute Load, mOsm/L	(505.2 DC)	Added Sugars, g	19 (21 MC & 18 DC)	38†
		Calories	350	
		Vitamin A, mcg RAE	225	25
		Beta-Carotene, mcg	0	
		Vitamin D, mcg	8	40
		Vitamin E, mg	7.5	50
		Vitamin K, mcg	24	20
		Vitamin C, mg	45	50
		Folate, mcg DFE	100	25
		Folic Acid, mcg	60	
		Vit B1 (Thiamin), mg	0.3	25
		Vit B2 (Riboflavin), mg	0.39	30
		Vitamin B6, mg	0.51	30
		Vitamin B12, mcg	0.60	25
		Niacin, mg NE	7.2	45
		Choline, mg	140	25
		Biotin, mcg	7.5	25
		Pantothenic Acid, mg	1.5	30
		Sodium, mg	210 (230 DC)	9 (10 DC)
		Sodium, mEq	9.1 (10.0 DC)	
		Potassium, mg	470	10
		Potassium, mEq	12.0	
		Chloride, mg	230	10
		Chloride, mEq	6.5	
		Calcium, mg	330	25
		Calcium, mEq	16.5	
		Phosphorus, mg	250	20
		Phosphorus, mmol	8.1	
		Magnesium, mg	84	20
		Magnesium, mEq	6.9	
		Iodine, mcg	37.5	25
		Manganese, mg	0.6†	25‡
		Copper, mg	0.30†	30†
		Zinc, mg	4.4	40
		Iron, mg	4.5	25
		Selenium, mcg	17	30
		Chromium, mcg	8.8 (17.5 DC)	25 (50 DC)
		Molybdenum, mcg	20 (23 DC)	45 (50 DC)

Ensure® Plus Nutrition Shake Ingredients

Vanilla
Water, Corn Maltodextrin, Sugar, Milk Protein Concentrate, Blend of Vegetable Oils (Canola, Corn), Soy Protein Isolate, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Sodium Citrate, Potassium Chloride, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Calcium Phosphate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, Biotin, Vitamin B12), Nonfat Milk, Natural & Artificial Flavor, Soy Lecithin, Cellulose Gel, Cellulose Gum, Salt, Carrageenan

Contains milk and soy ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† (42 MC, 36 DC)

‡ (0.7 MC, 0.8 DC).

§ (30 MC & 35 DC)

|| (0.36 MC & 0.45 DC)

¶ (40 MC & 50 DC)

HCPSC Code B4152

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Ensure® Plus Therapeutic Nutrition

Complete, Balanced Nutrition
to Help Gain or Maintain
a Healthy Weight



Usage

ENSURE PLUS THERAPEUTIC NUTRITION provides concentrated calories and protein to help patients gain or maintain healthy weight. It can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- For oral use.
- For interim sole-source nutrition.
- Use under medical supervision.

Features

- Complete, balanced nutrition®.
- 27 vitamins and minerals.
- 40% more calories than Ensure® Original Therapeutic Nutrition (350 vs 250 Cal/8 fl oz).
- 40% DV of vitamin D in 8 fl oz to support bone health.
- Concentrated calories (1.5 Cal/mL) and an excellent source of protein (13 g/8 fl oz).

- Excellent source (650 mg/8 fl oz) of plant-based omega-3 fatty acid alpha-linolenic acid (ALA, 40% of 1.6 g DV) to support heart health.
- Good source of fiber (3 g scFOS/8 fl oz) to help maintain regularity.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	58303	70074-0583-04
Milk Chocolate	58299	70074-0583-00
Strawberry	58301	70074-0583-02
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64905	70074-0649-04
Milk Chocolate	64911	70074-0649-10
Strawberry	64907	70074-0649-06

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.5	Protein, g	13	55
Protein, % Cal	15	Total Fat, g	11	46
Carbohydrate, % Cal	57	Saturated Fat, g	1 (1.5 Choc.)	4 (6 Choc.)
Fat, % Cal	28	Polysaturated Fat, g	4	17
Omega-6:Omega-3	4.5:1	Monounsaturated Fat, g	5	21
MCT:LCT	0	Trans Fat, g	0	0
Total Cal/g Nitrogen	170:1	Cholesterol, mg	10	42
Nonprotein Cal/g Nitrogen	145:1	Total Carbohydrate, g	51 (52 Choc.)	215 (219 Choc.)
Osmolality, mOsm/kg H ₂ O	700	Dietary Fiber, g	3	12.7
Renal Solute Load, mOsm/L	431	scFOS, g	3	12.7
		Total Sugars, g	20 (22 Choc.)	84 (93 Choc.)
		Added Sugars, g	19 (21 Choc.)	80 (89 Choc.)
		Calories	350	1480
		Vitamin A, mcg RAE	230	950
		Beta-Carotene, mg	0	
		Vitamin D, mcg	8	34
		Vitamin E, mg	7.5	31.6
		Vitamin K, mcg	24	101
		Vitamin C, mg	45	190
		Folate, mcg DFE	100	422
		Folic Acid, mcg	60	253
		Vit B1 (Thiamin), mg	0.3	1.27
		Vit B2 (Riboflavin), mg	0.33	1.4
		Vitamin B6, mg	0.43	1.8
		Vitamin B12, mcg	0.6	2.5
		Niacin, mg NE	7.2 (6.4 Choc.)	30 (27 Choc.)
		Choline, mg	140	580
		Biotin, mcg	7.5	32
		Pantothenic Acid, mg	1.3	5.3
		Sodium, mg	220	928
		Sodium, mEq	9.6	40
		Potassium, mg	470	1980

Ensure® Plus Therapeutic Nutrition Ingredients

Vanilla
 Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Soy Protein Isolate, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Sodium Citrate, Calcium Carbonate, Choline Chloride, Potassium Chloride, Ascorbic Acid, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Calcium Phosphate, Pyridoxine Hydrochloride, Thiamine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12), Nonfat Milk, Soy Lecithin, Cellulose Gel, Cellulose Gum, Carrageenan, Salt

Contains milk and soy ingredients.

HCPCS Code B4152

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Ensure® Plus High Protein Therapeutic Nutrition

Complete Therapeutic Nutrition



Usage

ENSURE PLUS HIGH PROTEIN THERAPEUTIC NUTRITION can benefit patients who have malnutrition, are at nutritional risk, or are experiencing involuntary weight loss.

- Recommend 1-2 servings per day as part of a healthy diet.
- For oral use.
- For supplemental use.
- Use under medical supervision.

Features

- Complete, balanced nutrition and 350 Calories to help gain or maintain a healthy weight.
- 60% DV of vitamin D to support bone health.
- 2x more protein than Ensure® Original.*
- 26 vitamins and minerals.
- From the makers of the #1 doctor-recommended brand, Ensure®.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

- Good source of prebiotic fiber† (3 g scFOS/serving) to help maintain regularity and promote digestive tract health.

Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla (Van.)	68234	70074-0682-35
Milk Chocolate	68230	70074-0682-31
Strawberry (Str.)	68232	70074-0682-33

* Ensure Plus High Protein: 20 g/8 fl oz compared to Ensure Original: 9 g/8 fl oz.

† Contains 13 grams of total fat per 8-fl-oz serving.

ENSURE® PLUS HIGH PROTEIN THERAPEUTIC NUTRITION

Technical Data		Nutrition Information					
Milk Chocolate		Milk Chocolate		8 fl oz	%DV	Milk Chocolate	
Caloric Density, Cal/mL	1.5	Protein, g		20	40	Chloride, mg	180
Protein, % Cal	23	Total Fat, g		13	17	Chloride, mEq	5.1
Carbohydrate, % Cal	44	Saturated Fat, g		1.5	8	Calcium, mg	330
Fat, % Cal	33	Polyunsaturated Fat, g		5		Calcium, mEq	16.5
Omega-6:Omega-3	5.5:1	Monounsaturated Fat, g		6		Phosphorus, mg	250
Total Cal:g Nitrogen	111:1	Trans Fat, g		0		Phosphorus, mmol	8.1
Nonprotein Cal:g Nitrogen	86:1	Cholesterol, mg		15	5	Magnesium, mg	85
Osmolality, mOsm/kg H ₂ O	840	Total Carbohydrate, g	41 (40 Van., Str.)	15		Magnesium, mEq	7
	(760 Van., Str.)	Dietary Fiber, g		3	11	Iodine, mcg	38
		scFOS, g		3		Manganese, mg	0.58
Renal Solute Load, mOsm/L	590	Total Sugars, g	22 (20 Van., Str.)			Copper, mg	0.23
		Added Sugars, g	22 (20 Van., Str.)	44*		Zinc, mg	7.7
		Calories		350		Iron, mg	4.5
		Vitamin A, mcg RAE		230	25	Selenium, mcg	28
		Vitamin D, mcg		12	60	Chromium, mcg	12 (9 Van., Str.)
		Vitamin E, mg		15	100	Molybdenum, mcg	11
		Vitamin K, mcg		24	20		
		Vitamin C, mg		63	70		
		Folate, mcg DFE		160	40		
		Folic Acid, mcg		96			
		Vit B1 (Thiamin), mg		0.48	40		
		Vit B2 (Riboflavin), mg		0.52	40		
		Vitamin B6, mg		0.68	40		
		Vitamin B12, mcg		0.96	40		
		Niacin, mg NE		8	50		
		Choline, mg		140	25		
		Biotin, mcg		12	40		
		Pantothenic Acid, mg		2	40		
		Sodium, mg		200	9		
		Sodium, mEq		8.7			
		Potassium, mg		470	10		
		Potassium, mEq		12			

* (40 Van., Str.).

† (25 Van., Str.).

Ensure® Plus High Protein Therapeutic Nutrition

Ingredients

Milk Chocolate

Water, Corn Syrup, Sugar, Blend of Vegetable Oils (Canola, Corn), Milk Protein Concentrate, Calcium Caseinate, Cocoa Powder (Processed with Alkali), Short-chain Fructooligosaccharides, Soy Protein Isolate, Less than 1% of: Vitamins & Minerals (Potassium Citrate, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Potassium Hydroxide, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Sodium Selenate, Potassium Iodide, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, Vitamin B12), Natural & Artificial Flavor, Salt, Monoglycerides, Soy Lecithin, Cellulose Gel, L-Carnitine, Carrageenan, Cellulose Gum

Contains milk and soy ingredients.

Ensure® Pre-Surgery

Clear Carbohydrate Drink



Usage

ENSURE PRE-SURGERY is a clear carbohydrate beverage specially designed to improve general well-being* both before and after surgery.

- Drink 1 bottle up to 2 hours before surgery or as otherwise recommended by your health care provider. This should be sipped over a period of 5-10 minutes.
- For oral use.
- Use under medical supervision.

Features

- From the makers of the #1 doctor-recommended brand, Ensure®.
- Has a recommended dose of carbohydrates (50 g per serving), as indicated by the American Society for Enhanced Recovery (ASER) guidelines (45 g per serving),^{1,†} compared to the leading sport drinks[‡], which contain an average of 18 g per serving.[†]
- Meets the guidelines for preoperative fasting as stated by the European Society for Clinical Nutrition and Metabolism (ESPEN) Guidelines: Clinical Nutrition in Surgery.^{2,§}

- Meets the guidelines for preoperative fasting as stated by the American Society of Anesthesiologists (ASA) Practice Guidelines for Preoperative Fasting.^{3,||}
- A good source of the antioxidants zinc and selenium.
- Fat-free.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for sole-source nutrition.
- Not for IV use.

Availability

	List No.	NDC Format Code
— 10.0-fl oz (296.0-mL) Bottle; 12/case		
Strawberry.....	65044.....	70074-0650-44
— 10.0-fl oz (296.0-mL) Bottle; 16/case		
Strawberry.....	66437.....	70074-0650-40

* Thirst, hunger, and anxiety before surgery and nausea and vomiting after surgery.

† Ensure Pre-Surgery has not been reviewed or endorsed by the American Society for Enhanced Recovery (ASER) and Perioperative Quality Initiative (POQI).

‡ The leading regular sport drinks per Nielsen (Grocery).

§ Ensure Pre-Surgery has not been reviewed or endorsed by the European Society for Clinical Nutrition and Metabolism (ESPEN).

|| Ensure Pre-Surgery has not been reviewed or endorsed by ASA.

1 Wischmeyer PE, et al. *Anesth Analg*. 2018;126(6):1883-1895.

2 Weimann A, et al. *Clin Nutr*. 2017;36(3):623-650.

3 American Society of Anesthesiologists. *Anesthesiology*. 2017;126(3):376-393.

Water, Corn Maltodextrin, Fructose, Less than 0.5% of: Natural Flavor, Sodium Citrate, Citric Acid, Potassium Citrate, Sucralose, Acesulfame Potassium, Zinc Sulfate, Sodium Selenate

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Ensure® Surgery

Immunonutrition Shake



Usage

ENSURE SURGERY is specially designed to support immune health and recovery from surgery.

- For oral use.
- Use under medical supervision.

Features

- From the makers of the #1 doctor-recommended brand, Ensure®.
- Contains 1.1 g EPA & DHA (omega-3 fatty acids from fish oil) and 4.2 g arginine per 8 fl oz to support immune health and surgical recovery.
- High in protein (18 g/serving, 22% of kcals), including 4.2 g supplemental arginine, to support protein synthesis, tissue repair, and wound healing.^{1,2}
- Designed to support recovery from surgery with a blend of arginine and omega-3 fatty acids from fish oil.
- Contains an excellent source of vitamin D.
- Contains the antioxidants zinc, selenium, and vitamins C & E.
- No artificial sweeteners.
- Halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.
- Not for use when immune suppression is desired.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Vanilla 65047 70074-0650-46

1 Demling RH. *Eplasty*. 2009;9:65-94.

2 Weitzel LR, et al. *Curr Opin Anaesthesiol*. 2009;22(2):177-183.

Technical Data		Nutrition Information	
Vanilla		Vanilla	8 fl oz
Caloric Density, Cal/mL	1.4	Protein, g	18
Protein, % Cal	22	Total Fat, g	9*
Carbohydrate, % Cal	54	Saturated Fat, g	3
Fat, % Cal	24	Polyunsaturated Fat, g	2.5
Omega-6:Omega-3	0.4:1	Monounsaturated Fat, g	2.5
MCT:LCT	30:70	Trans Fat, g	0
Total Cal/g Nitrogen	95:1	Cholesterol, mg	15
Nonprotein Cal/g Nitrogen	74:1	Total Carbohydrate, g	45
Osmolality, mOsm/kg H ₂ O	750	Dietary Fiber, g	3.5
Renal Solute Load, mOsm/L	545	scFOS, g	2
		Total Sugars, g	19
		Added Sugars, g	19
		Calories	330
		Vitamin A, mcg RAE	450†
		Beta-Carotene, mcg	500
		Vitamin D, mcg	5
		Vitamin E, mg	8
		Vitamin K, mcg	24
		Vitamin C, mg	23
		Folate, mcg DFE	142
		Folic Acid, mcg	85
		Vit B1 (Thiamin), mg	0.48
		Vit B2 (Riboflavin), mg	0.65
		Vitamin B6, mg	0.68
		Vitamin B12, mcg	0.72
		Niacin, mg NE	6.4
		Choline, mg	82.5
		Biotin, mcg	11
		Pantothenic Acid, mg	2.7
		Sodium, mg	210
		Sodium, mEq	9.1
		Potassium, mg	380

* Includes 2.6 g MCT.

† Includes vitamin A activity from 500 mcg beta-carotene.

Ensure® Surgery

Ingredients

Vanilla

Water, Corn Syrup, Sugar, Milk Protein Concentrate, Sodium Caseinate, L-Arginine, Fish Oil (Contains One or More of the Following: Anchovy, Cod, Jack Mackerel, Mackerel, Menhaden, Pollock, Salmon, Sardine, Tuna), Canola Oil, Medium Chain Triglycerides, Short-chain Fructooligosaccharides, Gum Arabic, Citric Acid, Less than 0.5% of: Natural & Artificial Flavor, Magnesium Chloride, Potassium Citrate, Sodium Citrate, Soy Lecithin, Potassium Phosphate, Rosemary Extract, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Hydroxide, Potassium Chloride, Salt, dl-Alpha-Tocopheryl Acetate, Gellan Gum, Zinc Sulfate, Ascorbyl Palmitate, Ferric Phosphate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Mixed Tocopherols, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin B12, Vitamin D3

Contains milk and soy ingredients.

HCPSC Code A9270

www.AbbottNutrition.com

Glucerna® 1.0 Cal

Specialized Nutrition for
Enhanced Glycemic
Management*



Usage

GLUCERNA 1.0 CAL is a fiber- and fat-containing formula with reduced carbohydrates designed to help minimize blood glucose response in patients with hyperglycemia.¹⁻³ It provides 34.3% of total calories as carbohydrate, which is designed to help minimize glycemic response. The formulation includes soy fiber to help support digestive health.

- Specialized nutrition for enhanced glycemic management compared to a standard formula.
- For patients with type 1 or type 2 diabetes or elevated glucose response.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.⁴⁻⁶

- Kosher, halal, gluten-free, suitable for lactose intolerance.
- Meets or exceeds 100% of the RDIs for 25 essential vitamins and minerals in 1500 Cal (1500 mL).

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
1L Ready to Hang.....	62671.....	70074-0626-72
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64913	70074-0649-12

* Compared to high-glycemic carbohydrates.

1 Peters AL, et al. *Am J Med.* 1989;87:178-182.

2 Peters AL, Davidson MB. *JPEN J Parenter Enteral Nutr.* 1992;16:69-74.

3 McCargar LJ, et al. *Mol Cell Biochem.* 1998;188:81-89.

4 Eckel R, et al. *Circulation.* 2014;129:S76-S99.

5 Lichtenstein A, et al. *Circulation.* 2021;144(23):e472-e487.

6 American Diabetes Association. *Diabetes Care.* 2024;47(Suppl. 1):S77-S110.

Technical Data		Nutrition Information					
Vanilla		Vanilla	8 fl oz	1 L	Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	9.9	41.8	Potassium, mg	390	1650
Protein, % Cal	16.7	Total Fat, g	12.9	54.4	Potassium, mEq	10	42.2
Carbohydrate, % Cal	34.3	Saturated Fat, g	1	4	Chloride, mg	190	810
Fat, % Cal	49.0	Polyunsaturated Fat, g	2	8.5	Chloride, mEq	5.4	22.7
Omega-6:Omega-3	11:1	Monounsaturated Fat, g	9	38	Calcium, mg	210	890
Total Cal/g Nitrogen	150:1	Total Carbohydrate, g	22.8	95.6	Calcium, mEq	10.5	44.3
Nonprotein Cal/g Nitrogen	125:1	Dietary Fiber, g	3.4*	14.4†	Phosphorus, mg	210	890
Osmolality, mOsm/kg H2O	355	Total Sugars, g	5	21	Phosphorus, mmol	6.8	28.6
Renal Solute Load, mOsm/L	338	Added Sugars, g	5	21	Magnesium, mg	70	295
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	L-Carnitine, mg	34	144	Magnesium, mEq	5.8	24.3
Carb Choices per 8 fl oz	1-1/2	Taurine, mg	25	106	Iodine, mcg	25	105
Exchanges per 8 fl oz	1-1/2	Water, mL	199	840	Manganese, mg	0.55	2.32
Starch, 1 Lean	1-1/2	Calories	237	1000	Copper, mg	0.28	1.18
Meat, 2 Fat		Vitamin A, mcg RAE	150‡	635§	Zinc, mg	1.8	7.6
		Beta-Carotene, mcg	200	800	Iron, mg	3	12.7
		Vitamin D, mcg	3.6	15.2	Selenium, mcg	9	38
		Vitamin E, mg	12	50.6	Chromium, mcg	10	42
		Vitamin K, mcg	24	101	Molybdenum, mcg	17	72
		Vitamin C, mg	50	211			
		Folate, mcg DFE	140	600			
		Folic Acid, mcg	85	360			
		Vit B1 (Thiamin), mg	0.43	1.81			
		Vit B2 (Riboflavin), mg	0.6	2.53			
		Vitamin B6, mg	0.6	2.53			
		Vitamin B12, mcg	2.20	9.28			
		Niacin, mg NE	5	21.1			
		Choline, mg	90	380			
		Biotin, mcg	10	42.2			
		Pantothenic Acid, mg	2.1	8.9			
		Inositol, mg	200	844			
		Sodium, mg	190	800			
		Sodium, mEq	8.3	34.9			

* 3.4 g of total dietary fiber from soy fiber.

† 14.4 g of total fiber from soy fiber.

‡ 80 mcg RAE of vitamin A activity supplied by 0.2 mg beta-carotene.

§ 320 mcg RAE of vitamin A activity supplied by 0.8 mg beta-carotene.

Glucerna® 1.0 Cal

Ingredients

Vanilla Carton

Water, Corn Maltodextrin, High Oleic Safflower Oil, Sodium Caseinate, Soy Fiber, Fructose, Soy Protein Isolate, Milk Protein Concentrate, Canola Oil, Less than 0.5% of: Soy Lecithin, Potassium Citrate, Calcium Phosphate, Natural & Artificial Flavor, Magnesium Chloride, Sodium Citrate, Inositol, Potassium Chloride, Potassium Phosphate, Ascorbic Acid, Magnesium Phosphate, Choline Chloride, L-Carnitine, Carrageenan, Taurine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Zinc Sulfate, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Copper Sulfate, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Phylloquinone, Sodium Selenate, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4154

www.AbbottNutrition.com

Glucerna® 1.2 Cal

Specialized Nutrition for
Enhanced Glycemic
Management*



Usage

GLUCERNA 1.2 CAL is a calorically dense formula with CARBSTEADY®, a specialized blend of low-glycemic and slowly digestible carbohydrates, clinically shown to help minimize blood glucose response compared to a standard 1.2 Cal formula in patients with type 2 diabetes.¹

- Specialized nutrition for enhanced glycemic management compared to a standard formula.
- For patients with type 1 or type 2 diabetes or elevated glucose response.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- 20% of calories from protein to help promote anabolism.
- Contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.²⁻⁴

- Provides an excellent source (570 mg ALA/8 fl oz) of plant-based omega-3 fatty acid alpha linolenic acid (35% of the 1.6 g DV for ALA) to support cardiovascular health.
- At 1.2 Cal/mL, patient needs can be met with less volume.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

1 L Ready to Hang 62677 70074-0626-78

— 50.7-fl oz (1.5-L) Ready to Hang Prefilled Container; 6/case

1.5 L Ready to Hang 62675 70074-0626-76

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Vanilla 64918 70074-0649-16

* Compared to high-glycemic carbohydrates.

1 Alish C, et al. *Diabetes Technol Ther.* 2010;12:419-425.

2 Eckel R, et al. *Circulation.* 2014;129:S76-S99.

3 Lichtenstein A, et al. *Circulation.* 2021;144:e472-e487.

4 American Diabetes Association. *Diabetes Care.* 2024;47(Suppl. 1):S77-S110.

Technical Data		Nutrition Information			
Vanilla		Vanilla	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.2	Protein, g	14.2	60	90
Protein, % Cal	20	Total Fat, g	14.2	60	90
Carbohydrate, % Cal	35	Saturated Fat, g	1	4	6.5
Fat, % Cal	45	Polysaturated Fat, g	3	12.5	19
Omega-6:Omega-3	4.39:1	Monounsaturated Fat, g	9.5	40	60
Total Cal/g Nitrogen	127:1	Total Carbohydrate, g	27	114	171
Nonprotein Cal/g Nitrogen	101:1	Dietary Fiber, g	3.8*	16.1†	24.1‡
Osmolality, mOsm/kg H ₂ O	720	scFOS, g	2.4	10	15
Renal Solute Load, mOsm/L	458	Total Sugars, g	13	55	82
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Added Sugars, g	13	55	82
Carb Choices per 8 fl oz	2	L-Carnitine, mg	42	177	266
Exchanges per 8 fl oz	2 Starch, 2 Medium-Fat Meat OR 2 Starch, 1 Medium-Fat Meat, 1 Fat	Taurine, mg	32	135	203
		Inositol, mg	200	844	1266
		Water, mL	191	805	1210
		Calories	285	1200	1800
		Vitamin A, mcg RAE	180§	760	1140¶
		Beta-Carotene, mcg	200	800	1300
		Vitamin D, mcg	3.8	16	24
		Vitamin E, mg	9.6	40.5	60.8
		Vitamin K, mcg	31	131	196
		Vitamin C, mg	62	260	390
		Folate, mcg DFE	125	525	790
		Folic Acid, mcg	75	315	475
		Vit B1 (Thiamin), mg	0.6	2.53	3.8
		Vit B2 (Riboflavin), mg	0.6	2.53	3.8
		Vitamin B6, mg	0.7	2.95	4.43
		Vitamin B12, mcg	2.2	9.28	13.92
		Niacin, mg NE	6	25.3	38
		Choline, mg	110	460	700
		Biotin, mcg	10.5	44.3	66.5
		Pantothenic Acid, mg	2	8.4	12.7
		Sodium, mg	270	1140	1710
Vanilla		Vanilla	8 fl oz	1 L	1.5 L
		Sodium, mEq	11.7	49.5	74.3
		Potassium, mg	380	1600	2410
		Potassium, mEq	9.7	41.1	61.7
		Chloride, mg	220	930	1390
		Chloride, mEq	6.2	26.2	39.3
		Calcium, mg	190	800	1200
		Calcium, mEq	9.5	40.1	60.1
		Phosphorus, mg	190	800	1200
		Phosphorus, mmol	6.1	25.9	38.8
		Magnesium, mg	80	340	505
		Magnesium, mEq	6.6	27.8	41.7
		Iodine, mcg	29	122	184
		Manganese, mg	0.6	2.53	3.8
		Copper, mg	0.31	1.31	1.96
		Zinc, mg	2.1	8.9	13.3
		Iron, mg	3.5	14.8	22.2
		Selenium, mcg	13	55	82
		Chromium, mcg	10	42	63
		Molybdenum, mcg	21	89	133

* 1.4 g of total dietary fiber from soy, oat, and corn fibers; 2.4 g of scFOS.

† 6.1 g of total dietary fiber from soy, oat, and corn fibers; 10 g of scFOS.

‡ 9.1 g of total dietary fiber from soy, oat, and corn fibers; 15 g of scFOS.

§ 80 mcg RAE of vitamin A activity supplied by 0.2 mg beta-carotene.

|| 320 mcg RAE of vitamin A activity supplied by 0.8 mg beta-carotene.

¶ 520 mcg RAE of vitamin A activity supplied by 1.3 mg beta-carotene.

Glucerna® 1.2 Cal

Ingredients

Vanilla Carton

Water, Sodium Caseinate, High Oleic Safflower Oil, Corn Maltodextrin, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Short-chain Fructooligosaccharides, Sucromalt, Glycerin, Milk Protein Concentrate, Less than 0.5% of: Soluble Corn Fiber, Oat Fiber, Potassium Citrate, Soy Lecithin, Soy Fiber, Magnesium Phosphate, Natural & Artificial Flavor, Calcium Carbonate, Inositol, Calcium Citrate, Sodium Citrate, Potassium Chloride, Ascorbic Acid, Choline Chloride, Salt, Potassium Phosphate, Carrageenan, Calcium Phosphate, L-Carnitine, Taurine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Beta-Carotene, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Phylloquinone, Sodium Selenate, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4154

www.AbbottNutrition.com

Glucerna® 1.5 Cal

Specialized Nutrition
For Enhanced Glycemic
Management*



Usage

GLUCERNA 1.5 CAL is a calorically dense formula with CARBSTEADY®, a specialized blend of low-glycemic and slowly digestible carbohydrates, designed to help minimize blood glucose response compared to a standard 1.5 Cal formula in patients with type 2 diabetes.¹

- Specialized nutrition for enhanced glycemic management compared to a standard formula.
- For patients with type 1 or type 2 diabetes or glucose response.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- 22% of calories from protein to help promote anabolism.
- Contains a fat blend which is within the American Diabetes Association and American Heart Association recommendations favoring monounsaturated fats and polyunsaturated fat and limiting saturated fat to help manage lipid profiles.^{1,2}

- Provides an excellent source (712 mg of ALA/8 fl oz) of plant-based omega-3 fatty acid alpha linolenic acid (44% of the 1.6 g DV for ALA) to support cardiovascular health.
- At 1.5 Cal/mL, patient needs can be met with less volume.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

1L Ready to Hang 62679 70074-0626-80

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Vanilla 64920 70074-0649-19

¹ American Diabetes Association. *Diabetes Care*. 2024;47(Suppl. 1):S77-S110.

² Lichtenstein A, et al. *Circulation*. 2021;144:e472-e487.

Technical Data		Nutrition Information					
Vanilla		Vanilla	8 fl oz	1 L	Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.5	Protein, g	19.6	82.7	Sodium, mEq	14.3	60.5
Protein, % Cal	22	Total Fat, g	17.8	75.1	Potassium, mg	480	2220
Carbohydrate, % Cal	33	Saturated Fat, g	1.5	6	Potassium, mEq	12.3	56.9
Fat, % Cal	45	Polynunsaturated Fat, g	4	16.5	Chloride, mg	270	1140
Omega-6:Omega-3	4.20:1	Monounsaturated Fat, g	12.5	52.8	Chloride, mEq	7.6	32.2
Total Cal/g Nitrogen	113:1	Total Carbohydrate, g	31.5	133	Calcium, mg	190	800
Nonprotein Cal/g Nitrogen	98:1	Dietary Fiber, g	3.8*	16†	Calcium, mEq	9.5	40.1
Osmolality, mOsm/kg H2O	875	scFOS, g	2.4	10	Phosphorus, mg	190	800
Renal Solute Load, mOsm/L	616	Total Sugars, g	15	63	Phosphorus, mmol	6.1	25.9
Recommended Tube Size for Gravity/Pump Feeding (Fr)	12/10	Added Sugars, g	15	63	Magnesium, mg	100	420
Carb Choices per 8 fl oz	2	L-Carnitine, mg	51	215	Magnesium, mEq	8.2	34.7
Exchanges per 8 fl oz	2 Starch, 3 Medium-Fat Meats	Taurine, mg	40	169	Iodine, mcg	36	152
		Inositol, mg	205	865	Manganese, mg	0.76	3.21
		Water, mL	180	759	Copper, mg	0.38	1.6
		Calories	356	1500	Zinc, mg	3	12.7
		Vitamin A, mcg RAE	280‡	1180§	Iron, mg	4.3	18.1
		Beta-Carotene, mcg	400	1700	Selenium, mcg	15	63
		Vitamin D, mcg	5	21.1	Chromium, mcg	13	55
		Vitamin E, mg	15	63	Molybdenum, mcg	23	97
		Vitamin K, mcg	40	169			
		Vitamin C, mg	82	346			
		Folate, mcg DFE	125	525			
		Folic Acid, mcg	75	315			
		Vit B1 (Thiamin), mg	0.6	2.53			
		Vit B2 (Riboflavin), mg	0.6	2.53			
		Vitamin B6, mg	0.7	2.9			
		Vitamin B12, mcg	2.2	9.3			
		Niacin, mg NE	6	25.3			
		Choline, mg	130	550			
		Biotin, mcg	10.5	44.3			
		Pantothenic Acid, mg	2	8.4			
		Sodium, mg	330	1390			

* 1.4 g of total dietary fiber from soy, oat, and corn fibers; 2.4 g of scFOS.

† 6 g of total dietary fiber from soy, oat, and corn fibers; 10 g of scFOS.

‡ 160 mcg RAE of vitamin A activity supplied by 0.4 mg of beta-carotene.

§ 670 mcg RAE of vitamin A activity supplied by 1.7 mg of beta-carotene.

Glucerna® 1.5 Cal

Ingredients

Vanilla Carton

Water, Sodium Caseinate, Corn Maltodextrin, High Oleic Safflower Oil, Canola Oil, Isomaltulose, Fructose, Soy Protein Isolate, Sucramalt, Short-chain Fructooligosaccharides, Glycerin, Less than 0.5% of: Soluble Corn Fiber, Potassium Citrate, Calcium Caseinate, Oat Fiber, Soy Fiber, Magnesium Chloride, Natural & Artificial Flavor, Calcium Phosphate, Soy Lecithin, Sodium Citrate, Inositol, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Chromium Chloride, L-Carnitine, Taurine, dl-Alpha-Tocopheryl Acetate, Salt, Ferrous Sulfate, Gellan Gum, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Sodium Molybdate, Phylloquinone, Potassium Iodide, Sodium Selenate, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4154

www.AbbottNutrition.com

Glucerna® Protein Smart Shake

AVAILABLE AT RETAIL ONLY



Usage

GLUCERNA PROTEIN SMART SHAKE has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.

- Use under medical supervision as part of a diabetes management plan.

Features

- Has 30g of high-quality protein to support muscles for strength and mobility.
- Glucerna is the #1 doctor-recommended nutrition brand for people with diabetes.¹
- Replace a poor meal or snack choice.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.
- If used for weight reduction, use only as directed at glucerna.com/30g. Do not use in diets supplying fewer than 400 Calories per day without medical supervision.

Availability

List No.

NDC Format Code

— 11.0-fl oz (330.0-mL) Recloseable Carton; 12/case

Vanilla 68172 70074-0681-72

Chocolate 68175 70074-0681-76

¹ Data on file. Abbott Nutrition, November 2023.

GLUCERNA® PROTEIN SMART SHAKE

Technical Data			Nutrition Information		
Vanilla			Vanilla	330 mL	%DV*
Caloric Density, Cal/mL	0.45		Protein, g	30	60
Protein, % Cal	80		Total Fat, g	1.5	2
Carbohydrate, % Cal	11		Saturated Fat, g	0.5	3
Fat, % Cal	9		Trans Fat, g	0	
Renal Solute Load, mOsm/L	594		Polyunsaturated Fat, g	0	
(604 Choc.)			Monounsaturated Fat, g	0.5	
Carb Choice:	<1		Cholesterol, mg	20	7
			Total Carbohydrate, g	7	3
			Dietary Fiber, g	4	14
			Total Sugars, g	3	
			Added Sugars, g	2	5
			Calories	150	
			Vitamin A, mcg RAE	270	30
			Vitamin D, mcg	14	70
			Vitamin E, mg	3.8	25
			Vitamin K, mcg	30	25
			Vitamin C, mg	45	50
			Folate, mcg DFE	100	25
			Folic Acid, mcg	60	
			Vit B1 (Thiamin), mg	0.3	25
			Vit B2 (Riboflavin), mg	0.33	25
			Vitamin B6, mg	0.43	25
			Vitamin B12, mcg	0.6	25
			Niacin, mg NE	8 (8.4 Choc.)	50
			Choline, mg	80	15
			Biotin, mcg	8	25
			Pantothenic Acid, mg	1.3	25
			Sodium, mg	150 (260 Choc.)	7 (11 Choc.)
			Sodium, mEq	6.5 (11.3 Choc.)	
			Potassium, mg	470 (420 Choc.)	10 (8 Choc.)
			Potassium, mEq	12.1 (10.8 Choc.)	
			Chloride, mg	230	10

Glucerna® Protein Smart Shake

Ingredients

Vanilla

Water, Milk Protein Concentrate, Calcium Caseinate, Soluble Corn Fiber, Less than 1% of: Vitamins & Minerals (Magnesium Phosphate, Potassium Chloride, Sodium Ascorbate, Sodium Phosphate, Potassium Hydroxide, Choline Chloride, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Phylloquinone, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin D3, Biotin, Vitamin B12), Natural & Artificial Flavor, Inulin, Fructose, High Oleic Sunflower Oil, Cellulose Gel, Potassium Phosphate, Cellulose Gum, Acesulfame Potassium, Carrageenan, Salt, Sucralose

Contains milk ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Glucerna Hunger Smart® Meal Size Shake

AVAILABLE AT RETAIL ONLY



Usage

GLUCERNA HUNGER SMART MEAL SIZE SHAKE is specifically designed as a 16-fl-oz meal replacement.

- Use under medical supervision as part of a diabetes management plan.

Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- Glucerna is the #1 doctor-recommended nutrition brand for people with diabetes.¹
- Kosher, halal, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 16.0-fl oz (473.0-mL) Recloseable Carton; 12/case		
Classic Vanilla	67067	70074-0670-68
Classic Chocolate	67070	70074-0670-71

Technical Data		Nutrition Information		
Classic Vanilla		Classic Vanilla	16 fl oz	%DV*
Caloric Density, Cal/mL	0.5	Protein, g	23	46
Protein, % Cal	37	Total Fat, g	11	14
Carbohydrate, % Cal	23	Saturated Fat, g	1 (2 Choc.)	6 (10 Choc.)
Fat, % Cal	40	Polyunsaturated Fat, g	3.5 (3 Choc.)	
Total Cal/g Nitrogen	69:1	Monounsaturated Fat, g	6	
Nonprotein Cal/g Nitrogen	44:1	Trans Fat, g	0	
Renal Solute Load, mOsm/L	359	Cholesterol, mg	15	5
	(382 Choc.)	Total Carbohydrate, g	18 (21 Choc.)	7 (8 Choc.)
Carb Choice:	1	Dietary Fiber, g	6 (7 Choc.)	21 (25 Choc.)
		scFOS, g	1.7	
		Total Sugars, g	9 (8 Choc.)	
		Added Sugars, g	8	16
		Calories	250	
		Vitamin A, mcg RAE	450	50
		Vitamin D, mcg	10	50
		Vitamin E, mg	7.5	50
		Vitamin K, mcg	36	30
		Vitamin C, mg	90	100
		Folate, mcg DFE	140	35
		Folic Acid, mcg	84	
		Vit B1 (Thiamin), mg	0.6	50
		Vit B2 (Riboflavin), mg	0.65	50
		Vitamin B6, mg	0.85	50
		Vitamin B12, mcg	1.2	50
		Niacin, mg NE	7.2	45
		Choline, mg	192.5	35
		Biotin, mcg	15	50
		Pantothenic Acid, mg	2.5	50
		Sodium, mg	440 (420 Choc.)	19 (18 Choc.)
		Sodium, mEq	19.1 (18.3 Choc.)	
		Potassium, mg	380 (850 Choc.)	8 (20 Choc.)
		Potassium, mEq	9.7 (21.8 Choc.)	
Classic Vanilla		Classic Vanilla	16 fl oz	%DV*
		Chloride, mg	345	15
		Chloride, mEq	9.7	
		Calcium, mg	460	35
		Calcium, mEq	23	
		Phosphorus, mg	375	30
		Phosphorus, mmol	12.1	
		Magnesium, mg	168	40
		Magnesium, mEq	13.8	
		Iodine, mcg	52.5	35
		Manganese, mg	0.8	35
		Copper, mg	0.36 (0.5 Choc.)	40 (60 Choc.)
		Zinc, mg	5.5 (3.9 Choc.)	50 (35 Choc.)
		Iron, mg	6.3	35
		Selenium, mcg	24.8 (13.8 Choc.)	45 (25 Choc.)
		Chromium, mcg	28.0 (35.0 Choc.)	80 (100 Choc.)
		Molybdenum, mcg	27 (20.3 Choc.)	60 (45 Choc.)

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Glucerna Hunger Smart® Powder

AVAILABLE AT RETAIL ONLY



Usage

GLUCERNA HUNGER SMART POWDER is a convenient, ready-to-mix snack replacement for people with diabetes.

Features

- Glucerna is the #1 doctor-recommended nutrition brand for people with diabetes.¹
- No artificial flavors.
- 22 g protein.
- 1 g total sugars.
- 0 g added sugars.
- Less than 1 Carb Choice.
- 20 (Vanilla) to 22 (Chocolate) vitamins and minerals.
- 2 g total fat.
- Delicious snack replacement.*
- Suitable for lactose intolerance, gluten-free, kosher, halal.

Precautions

- If used for weight reduction, use only as directed at glucerna.com/mp. Do not use in diets supplying fewer than 400 Calories per day without medical supervision.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 22.3-oz (635.0-g) Can; 2/case		
Classic Vanilla	67768	70074-0675-82
Classic Chocolate	67769	70074-0677-70

* Replace one poor snack choice.

¹ Data on file. Abbott Nutrition. November 2023.

GLUCERNA HUNGER SMART® POWDER

Technical Data		Nutrition Information		
Classic Chocolate		Classic Chocolate	33 g (31 g Van)	%DV*
Protein, % Cal	70 (75 Van.)	Protein, g	22	44
Carbohydrate, % Cal	16 (10 Van.)	Total Fat, g	2	3
Fat, % Cal	14 (15 Van.)	Saturated Fat, g	1	5
Carb Choices per 8 fl oz	<1	Trans Fat, g	0	
		Cholesterol, mg	45 (50 Van.)	15 (17 Van.)
		Total Carbohydrate, g	5 (3 Van.)	2 (1 Van.)
		Dietary Fiber, g	<1 (0 Van.)	<3 (0 Van.)
		Total Sugars, g	1	
		Added Sugars, g	0	0
		Calories	130 (120 Van.)	
		Vitamin A, mcg RAE	170 (200 Van.)	20
		Vitamin D, mcg	7.7 (7.5 Van.)	40
		Vitamin E, mg	2.9 (2.5 Van.)	20 (15 Van.)
		Vitamin K, mcg	18 (25 Van.)	15 (20 Van.)
		Folate, mcg DFE	60	15
		Folic Acid, mcg	38	
		Vit B1 (Thiamin), mg	0.46 (0.5 Van.)	40
		Vit B2 (Riboflavin), mg	0.4	30
		Vitamin B6, mg	0.39 (0.48 Van.)	25 (30 Van.)
		Vitamin B12, mcg	2.03 (2.1 Van.)	80 (90 Van.)
		Niacin, mg NE	2.5	15
		Biotin, mcg	7 (8 Van.)	25
		Pantothenic Acid, mg	1.5	30
		Sodium, mg	115 (160 Van.)	5 (7 Van.)
		Sodium, mEq	5 (6.96 Van.)	
		Potassium, mg	280 (140 Van.)	6 (2 Van.)
		Potassium, mEq	7.18 (3.69 Van.)	
		Calcium, mg	310 (260 Van.)	25 (20 Van.)
		Calcium, mEq	13.48 (11.30 Van.)	
		Phosphorus, mg	190 (180 Van.)	15
		Phosphorus, mmol	6.05	
		Magnesium, mg	25 (20 Van.)	6 (4 Van.)

Glucerna Hunger Smart® Powder Ingredients

Classic Chocolate

Whey Protein Concentrate, Milk Protein Isolate, Cocoa Powder (Processed with Alkali), Natural Flavor, Less than 2% of: Sea Salt, Sunflower Lecithin, Xanthan Gum, Sucralose, Acesulfame Potassium, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Nicotinamide, Zinc Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Manganese Sulfate, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Potassium Iodide, Phylloquinone, Vitamin D3, Sodium Selenate, Sodium Molybdate, Biotin, Vitamin B12

Contains milk ingredients. Manufactured in a facility that processes egg, fish, peanuts, shellfish, soy, tree nuts and wheat ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

Glucerna Hunger Smart® Shake

AVAILABLE AT RETAIL ONLY



Usage

GLUCERNA HUNGER SMART SHAKE is a delicious meal or snack replacement to help manage blood sugar response* and has protein to help manage hunger.

- Use under medical supervision as part of a diabetes management plan.

Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.
- Glucerna is the #1 doctor-recommended nutrition brand for people with diabetes.¹
- Contains 15 g of protein to help manage hunger and 4 to 6 g of fiber.[†]
- 1 carbohydrate choice per 10 fl oz.
- Clinically shown[‡] to help minimize blood sugar spikes compared to instant oatmeal.²
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 10.0-fl oz (296.0-mL) Bottle; 12/case		
Classic Vanilla	67195	70074-0628-84
Classic Chocolate	67198	70074-0628-87
— 10.0-fl oz (296.0-mL) Bottle; 4 x 6 ct		
Classic Vanilla.....	68607	70074-0628-84
Classic Chocolate.....	68604	70074-0628-87
Classic Strawberry.....	68608	70074-0665-35
Peaches & Crème.....	68606	70074-0677-63

* Designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.

† Dietary fiber: chocolate 6 g/10 fl oz, other flavors 4 g/10 fl oz.

‡ A study showed that Glucerna Hunger Smart, when consumed alone, resulted in a minimized blood sugar response compared to that from instant oatmeal over 4 hours in people with diabetes.

1 Data on file. Abbott Nutrition, November 2023.

2 Thomas S, et al. Postprandial glycemic response to three diabetes specific formulas compared to instant oatmeal in adults with Type 2 Diabetes. *JPEN J Parenter Enteral Nutr.* 2023;47(suppl 2): S71-S246. Selected abstracts from the ASPEN Nutrition Science & Practice Conference 2023.

GLUCERNA HUNGER SMART® SHAKE

Technical Data		Nutrition Information		
Classic Chocolate		Classic Chocolate	10 fl oz	%DV*
Caloric Density, Cal/mL	0.608	Protein, g	15	30
Protein, % Cal	33.3	Total Fat, g	8	10
Carbohydrate, % Cal	26.7	Saturated Fat, g	1.5	7
Fat, % Cal	40.0	Polysaturated Fat, g	2.5	
Carb Choices per 10 fl oz	1	Monounsaturated Fat, g	4	
Exchanges per 10 fl oz	1 Starch Plus 1.5 Medium-Fat Meat	Trans Fat, g	0	
		Cholesterol, mg	10	3
		Total Carbohydrate, g	16 (14 [†])	6 (5 [†])
		Dietary Fiber, g	6 (4 [†])	21 (14 [†])
		Total Sugars, g	6	
		Added Sugars, g	6	11
		Calories	180	
		Vitamin A, mcg RAE	225	25
		Vitamin D, mcg	12.0	60
		Vitamin E, mg	8.2	50
		Vitamin K, mcg	36	30
		Vitamin C, mg	90	100
		Folate, mcg DFE	120	30
		Folic Acid, mcg	72	
		Vit B1 (Thiamin), mg	0.42	35
		Vit B2 (Riboflavin), mg	0.39	30
		Vitamin B6, mg	0.60	35
		Vitamin B12, mcg	0.60	25
		Niacin, mg NE	4.0	25
		Choline, mg	138	25
		Biotin, mcg	7.5	25
		Pantothenic Acid, mg	1.5	30
		Sodium, mg	300	13
		Potassium, mg	610	15
		Chloride, mg	230	10
		Calcium, mg	260	20
		Phosphorus, mg	313	25
		Classic Chocolate	10 fl oz	%DV*
		Magnesium, mg	105	25
		Iodine, mcg	37.5	25
		Manganese, mg	0.8 (0.5 [†])	35 (20 [†])
		Copper, mg	0.50 (0.23 [†])	60 (25 [†])
		Zinc, mg	3.3	30
		Iron, mg	4.5	25
		Selenium, mcg	13.8	25
		Chromium, mcg	35 (18 [†])	100 (50 [†])
		Molybdenum, mcg	18.0	40

Glucerna Hunger Smart® Shake Ingredients

Classic Chocolate

Water, Milk Protein Concentrate, Cocoa Powder (Processed with Alkali), Fructose, Less than 2% of: Canola Oil, Soluble Corn Fiber, Soy Protein Isolate, Calcium Caseinate, Corn Oil, Glycerin, Sodium Citrate, Cellulose Gel, Soy Fiber, Magnesium Phosphate, Potassium Citrate, Potassium Chloride, Choline Chloride, Calcium Phosphate, Soy Lecithin, Monoglycerides, Liquid Sucralose Concentrate, Cellulose Gum, Salt, Magnesium Chloride, Natural & Artificial Flavor, Carrageenan, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Gellan Gum, Ferrous Sulfate, Zinc Sulfate, Niacinamide, Vitamin B12, Corn Starch, Calcium Pantothenate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Manganese Sulfate, Riboflavin, Citric Acid, Copper Sulfate, Vitamin A Palmitate, Ascorbic Acid, Folic Acid, Potassium Iodide, Phylloquinone, Sodium Selenate, Chromium Chloride, Sodium Molybdate, Biotin, Vitamin D3

Contains milk and soy ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† Peaches & Crème, Strawberry, Vanilla.

HCPSC Code B4154

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Glucerna® Original Shake

Complete, Balanced Nutrition
For People with Diabetes

AVAILABLE AT RETAIL ONLY



Usage

GLUCERNA ORIGINAL SHAKE is designed as a meal or snack replacement to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.

- For oral use.
- For supplemental nutrition.
- Use under medical supervision as part of a diabetes management plan.

Features

- Has CARBSTEADY®, a unique blend of low-glycemic carbohydrates designed to help minimize blood sugar spikes compared to high-glycemic carbohydrates.
- Glucerna is the #1 doctor-recommended nutrition brand for people with diabetes.¹
- 10 g of protein.
- 25 vitamins and minerals.
- 1 carbohydrate choice per 8 fl oz.
- Replace one poor meal or snack choice.

- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for tube feeding.
- Not for sole-source nutrition.
- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 16/case		
Homemade Vanilla.....	64398.....	70074-0643-98
Rich Chocolate.....	62933.....	70074-0629-33
Creamy Strawberry.....	63458.....	70074-0634-58
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Homemade Vanilla.....	57801.....	70074-0578-02
Rich Chocolate.....	57804.....	70074-0578-05
Creamy Strawberry.....	57807.....	70074-0578-08
Classic Butter Pecan.....	57810.....	70074-0578-11

GLUCERNA® ORIGINAL SHAKE

Technical Data		Nutrition Information		
Homemade Vanilla		Homemade Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	0.8	Protein, g	10	20
Protein, % Cal	22	Total Fat, g	9	12
Carbohydrate, % Cal	45	Saturated Fat, g	1	5
Fat, % Cal	33	Polyunsaturated Fat, g	4	
Carb Choices per 8 fl oz	1	Monounsaturated Fat, g	4	
Exchanges per 8 fl oz	1 Starch, 1-1/2 Medium-Fat Meat	Trans Fat, g	0	
		Cholesterol, mg	<5	<2
		Total Carbohydrate, g	16	6
		Dietary Fiber, g	4	14
		Total Sugars, g	4	
		Added Sugars, g	4	8
		Calories	180	
		Vitamin A, mcg RAE	225	25
		Vitamin D, mcg	12	60
		Vitamin E, mg	6	40
		Vitamin K, mcg	30	25
		Vitamin C, mg	90	100
		Folate, mcg DFE	100	25
		Folic Acid, mcg	60	
		Vit B1 (Thiamin), mg	0.30	25
		Vit B2 (Riboflavin), mg	0.33	25
		Vitamin B6, mg	0.43	25
		Vitamin B12, mcg	0.60	25
		Niacin, mg NE	4.8	30
		Choline, mg	138	25
		Biotin, mcg	7.5	25
		Pantothenic Acid, mg	1.3	25
		Sodium, mg	210	9
		Potassium, mg	380†	8†
		Chloride, mg	230	10
		Calcium, mg	260	20
		Phosphorus, mg	250	20
Homemade Vanilla		Homemade Vanilla	8 fl oz	%DV*
		Phosphorus, mmol	8.1	
		Magnesium, mg	105	25
		Iodine, mcg	37.5	25
		Manganese, mg	0.5	20
		Copper, mg	0.18§	20
		Zinc, mg	2.8	25
		Iron, mg	3.6	20
		Selenium, mcg	13.8	25
		Chromium, mcg	18	50
		Molybdenum, mcg	15.8	35

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† (470 Choc., Choc. Car.).

‡ (10 Choc., Choc. Car.).

§ (0.27 Choc., Choc. Car.).

|| (30 Choc., Choc. Car.).

Glucerna® Original Shake

Ingredients

Homemade Vanilla

Water, Milk Protein Concentrate, Canola Oil, Less than 2% of: Glycerin, Fructose, Corn Maltodextrin, Soy Protein Isolate, Short-chain Fructooligosaccharides, Corn Oil, Soluble Corn Fiber, Potassium Citrate, Magnesium Phosphate, Natural & Artificial Flavor, Cellulose Gel, Salt, Choline Chloride, Ascorbic Acid, Calcium Carbonate, Soy Lecithin, Monoglycerides, Cellulose Gum, Carrageenan, Calcium Phosphate, Sodium Citrate, Potassium Chloride, Acesulfame Potassium, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Gellan Gum, Sucralose, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4154

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Glucerna® Therapeutic Nutrition Shake

Therapeutic Nutrition for
People With Diabetes



Usage

GLUCERNA THERAPEUTIC NUTRITION SHAKE has CARBSTEADY®, including low-glycemic carbohydrates designed to help minimize blood glucose response.*

- A great choice for patients who are trying to manage their blood glucose.*
- For oral use only.
- Use under medical supervision as part of a diabetes management plan.

Features

- Glucerna Therapeutic Nutrition Shake contains a fat blend which is within the American Heart Association and American Diabetes Association recommendations favoring monounsaturated and polyunsaturated fats and limiting saturated fat to help manage lipid profiles.¹⁻³
- 24 essential vitamins and minerals in 8 fl oz.
- 1 g scFOS/8 fl oz. scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.

- Antioxidant vitamins C and E to help protect against cell damage.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for sole-source nutrition.
- Not for IV use.
- Not for tube feeding.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Homemade Vanilla.....	64922	70074-0649-21
Rich Chocolate	64929	70074-0649-28
Creamy Strawberry	64925	70074-0649-24

* Designed to help minimize the blood sugar spike from consuming Glucerna compared to high-glycemic carbohydrates.

1 Eckel R, et al. *Circulation*. 2014;129:S76-S99.

2 Lichtenstein A, et al. 2021. *Circulation*. 2021;144:e472-e487.

3 American Diabetes Association. *Diabetes Care*. 2024;47(Suppl. 1):S77-S110.

GLUCERNA® THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information		
Homemade Vanilla		Homemade Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	0.93	Protein, g	10	20
Protein, % Cal	18	Total Fat, g	9	12
Carbohydrate, % Cal	47	Saturated Fat, g	0.5	4
Fat, % Cal	35	Polyunsaturated Fat, g	3	
Omega-6:Omega-3	4.4:1	Monounsaturated Fat, g	4	
Total Cal:g Nitrogen	140:1	Trans Fat, g	0	
Nonprotein Cal:g Nitrogen	114:1	Cholesterol, mg	<5	<2
Renal Solute Load, mOsm/L	352	Total Carbohydrate, g	26	9
Carb Choices per 8 fl oz	2	Dietary Fiber, g	4	14
Exchanges per 8 fl oz	1 Starch, 1/2 Fat, 1 Reduced- Fat Milk	scFOS, g	1	
		Total Sugars, g	7	
		Added Sugars, g	7	13
		Calories	220	
		Vitamin A, mcg RAE	270	30
		Beta-Carotene, mcg	0.25	
		Vitamin D, mcg	10	50
		Vitamin E, mg	7.5	50
		Vitamin K, mcg	24	20
		Vitamin C, mg	90	100
		Folate, mcg DFE	100	25
		Folic Acid, mcg	60	
		Vit B1 (Thiamin), mg	0.3	25
		Vit B2 (Riboflavin), mg	0.33	25
		Vitamin B6, mg	0.43	25
		Vitamin B12, mcg	0.6	25
		Niacin, mg NE	4.1	25
		Choline, mg	137.5	25
		Biotin, mcg	7.5	25
		Pantothenic Acid, mg	1.3	25
		Sodium, mg	210	9
		Sodium, mEq	9.1	
		Potassium, mg	380	8
		Homemade Vanilla	8 fl oz	%DV*
		Potassium, mEq	9.7	
		Chloride, mg	276	10
		Chloride, mEq	7.8	
		Calcium, mg	260	20
		Calcium, mEq	13	
		Phosphorus, mg	250	20
		Phosphorus, mmol	8.1	
		Magnesium, mg	105	25
		Magnesium, mEq	8.6	
		Iodine, mcg	37.5	25
		Manganese, mg	0.6	25
		Copper, mg	0.23	25
		Zinc, mg	2.8	25
		Iron, mg	4.5	25
		Selenium, mcg	11 (16.5 Choc.) 20 (30 Choc.)	
		Chromium, mcg	18	50
		Molybdenum, mcg	18	40

Glucerna® Therapeutic Nutrition Shake

Ingredients

Homemade Vanilla

Water, Corn Maltodextrin, Milk Protein Concentrate, Fructose, Canola Oil, Less than 2% of: Glycerin, Soy Protein Isolate, Corn Oil, Soluble Corn Fiber, Soy Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Potassium Citrate, Magnesium Phosphate, Salt, Choline Chloride, Ascorbic Acid, Cellulose Gel, Calcium Phosphate, Soy Lecithin, Monoglycerides, Potassium Chloride, Potassium Hydroxide, Calcium Carbonate, Carrageenan, Cellulose Gum, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Acesulfame Potassium, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Sucralose, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

HCPCS Code B4154

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Jevity® 1.0 Cal

Complete, Balanced
Nutrition® with Fiber



Usage

JEVITY 1.0 CAL is fiber-fortified therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding.

- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.

Features

- 14.4 g total dietary fiber/L. Fiber helps maintain normal bowel function and may be useful in the dietary management of diarrhea and constipation.
- Meets or exceeds 100% of the RDIs for 25 essential vitamins and minerals in 1590 Cal (1500 mL).
- Provides protein to help support lean body mass.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

Unflavored 62685 70074-0626-86

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Unflavored 64759 70074-0647-58

Technical Data		Nutrition Information			
Unflavored		Unflavored	8 fl oz	1 L	Unflavored
Caloric Density, Cal/mL	1.0	Protein, g	10.5	44.3	8 fl oz
Protein, % Cal	16.7	Total Fat, g	8.2	34.7	10.8
Carbohydrate, % Cal	54.3	Total Carbohydrate, g	36.7	154.7	198
Fat, % Cal	29	Dietary Fiber, g	3.4*	14.4†	Phosphorus, mmol
Omega-6:Omega-3	6.36:1	Total Sugars, g	1.7	7	4.3
MCT:LCT	19:81	Added Sugars, g	1.7	7	Magnesium, mg
Total Cal/g Nitrogen	150:1	L-Carnitine, mg	27	115	69
Nonprotein Cal/g Nitrogen	125:1	Taurine, mg	27	115	Magnesium, mEq
Osmolality, mOsm/kg H ₂ O	300	Water, mL	198	835	5.7
Renal Solute Load, mOsm/L	370	Calories	250	1060	Iodine, mcg
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Vitamin A, mcg RAE	142	600	28
		Vitamin D, mcg	3.2	13.3	Manganese, mg
		Vitamin E, mg	7.3	30.7	0.69
		Vitamin K, mcg	25	106	Copper, mg
		Vitamin C, mg	55	232	0.36
		Folate, mcg DFE	63	267	Zinc, mg
		Folic Acid, mcg	38	160	2.2
		Vit B1 (Thiamin), mg	0.26	1.1	2.8
		Vit B2 (Riboflavin), mg	0.43	1.8	Selenium, mcg
		Vitamin B6, mg	0.33	1.4	11
		Vitamin B12, mcg	1.9	8	Chromium, mcg
		Niacin, mg NE	3.3	14	19
		Choline, mg	108	455	Molybdenum, mcg
		Biotin, mcg	4.7	20	
		Pantothenic Acid, mg	0.95	4	
		Sodium, mg	220	930	
		Sodium, mEq	9.6	40.4	
		Potassium, mg	372	1570	
		Potassium, mEq	9.5	40.3	
		Chloride, mg	310	1310	
		Chloride, mEq	8.7	37	
		Calcium, mg	216	910	

* 3.4 g of total dietary fiber from soy fiber.

† 14.4 g of total dietary fiber from soy fiber.

Jevity® 1.0 Cal
Ingredients
Unflavored

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium Caseinate, Soy Fiber, Soy Protein Isolate, Canola Oil, Corn Oil, Medium Chain Triglycerides, Calcium Caseinate, Less than 0.5% of: Calcium Phosphate, Magnesium Chloride, Potassium Citrate, Soy Lecithin, Sodium Citrate, Ascorbic Acid, Potassium Chloride, Choline Chloride, Magnesium Phosphate, Potassium Hydroxide, Carrageenan, Taurine, L-Carnitine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4150

www.AbbottNutrition.com

Jevity® 1.2 Cal

Complete, Balanced
Nutrition® with Fiber



Usage

JEVITY 1.2 CAL is fiber-fortified therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding.

- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.

Features

- Concentrated calories (1.2 Cal/mL) to help tube-fed patients gain and maintain healthy weight.
- 4 g dietary fiber/8 fl oz (2.1 g of a unique fiber blend and 1.9 g of scFOS) which helps meet daily fiber intake. Fiber helps moderate bowel function.¹⁻³
- Includes 1.9 of scFOS/8 fl oz (8 g/L and 12 g/1.5 L). scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.¹⁻³
- Meets or exceeds 100% of the RDIs for 25 essential vitamins and minerals in 1500 Cal (1250 mL).
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— **33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case**

Unflavored 62683 70074-0626-84

— **50.7-fl oz (1.5-L) Ready to Hang Prefilled Container; 6/case**

Unflavored 62667 70074-0626-68

— **8.0-fl oz (237.0-mL) Recloseable Carton; 24/case**

Unflavored 64625 70074-0646-24

1 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

2 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

3 Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

Technical Data		Nutrition Information			
Unflavored		Unflavored	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.2	Protein, g	13.2	55.5	83.3
Protein, % Cal	18.5	Total Fat, g	9.3	39.3	59
Carbohydrate, % Cal	53.3	Total Carbohydrate, g	40.2	169.4	254
Fat, % Cal	28.2	Dietary Fiber, g	4*	17†	25.5‡
Omega-6:Omega-3	5.5:1	scFOS, g	1.9	8	12
MCT:LCT	19:81	Total Sugars, g	3	13	20
Total Cal/g Nitrogen	135:1	Added Sugars, g	3	13	20
Nonprotein Cal/g Nitrogen	110:1	L-Carnitine, mg	36	150	225
Osmolality, mOsm/kg H ₂ O	450	Taurine, mg	36	150	225
Renal Solute Load, mOsm/L	467	Water, mL	191	807	1211
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	285	1200	1800
		Vitamin A, mcg RAE	171§	720	1080¶
		Vitamin D, mcg	3.8	16	24
		Vitamin E, mg	9.2	38	57
		Vitamin K, mcg	29	123	185
		Vitamin C, mg	59	250	375
		Folate, mcg DFE	76	320	480
		Folic Acid, mcg	46	192	288
		Vit B1 (Thiamin), mg	0.41	1.7	2.6
		Vit B2 (Riboflavin), mg	0.59	2.5	3.7
		Vitamin B6, mg	0.33	1.4	2.1
		Vitamin B12, mcg	2.3	9.6	14.4
		Niacin, mg NE	4	17	26
		Choline, mg	142	600	900
		Biotin, mcg	5.7	24	36
		Pantothenic Acid, mg	0.95	4	6.0
		Sodium, mg	253	1067	1600
		Sodium, mEq	11	46.4	69.6
		Potassium, mg	566	2390	3585
		Potassium, mEq	14.5	61.3	91.9
		Chloride, mg	356	1500	2250
		Chloride, mEq	10	42.4	63.5

* 2.1 g of total dietary fiber from a unique fiber blend and 1.9 g of short-chain fructooligosaccharides.

† 9 g of total dietary fiber from a unique fiber blend and 8 g of short-chain fructooligosaccharides.

‡ 13.5 g of total dietary fiber from a unique fiber blend and 12 g of short-chain fructooligosaccharides.

§ 122 mcg RAE of vitamin A activity supplied by 307 mcg of beta-carotene.

|| 515 mcg RAE of vitamin A activity supplied by 1295 mcg of beta-carotene.

¶ 773 mcg RAE of vitamin A activity supplied by 1943 mcg of beta-carotene.

Jevity® 1.2 Cal
Ingredients
Unflavored

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium Caseinate, Soy Protein Isolate, Canola Oil, Corn Oil, Short-chain Fructooligosaccharides, Medium Chain Triglycerides, Calcium Caseinate, Soy Fiber, Less than 0.5% of: Oat Fiber, Potassium Citrate, Calcium Phosphate, Magnesium Phosphate, Gum Arabic, Potassium Chloride, Soy Lecithin, Cellulose Gum, Choline Chloride, Ascorbic Acid, Salt, Potassium Hydroxide, L-Carnitine, Taurine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Sodium Citrate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4150

www.AbbottNutrition.com

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Jevity® 1.5 Cal

Complete, Balanced
Nutrition® with Fiber



Usage

JEVITY 1.5 CAL is calorically dense, fiber-fortified therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding.

- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.

Features

- Concentrated calories (1.5 Cal/mL) to help tube-fed patients gain and maintain healthy weight.
- 5 g dietary fiber/8 fl oz (2.6 g of a unique fiber blend and 2.4 g of scFOS) which helps meet daily fiber needs. Fiber helps moderate bowel function.¹⁻³
- Includes 2.4 g scFOS/8 fl oz (10 g/L and 15 g/1.5 L). scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.¹⁻³
- Meets or exceeds 100% of the RDIs for 25 essential vitamins and minerals in 1500 Cal (1000 mL).
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Unflavored.....	62681	70074-0626-82
— 50.7-fl oz (1.5-L) Ready to Hang Prefilled Container; 6/case		
Unflavored.....	62689	70074-0626-90
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Unflavored.....	64628	70074-0646-26

1 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

2 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

3 Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

Technical Data		Nutrition Information				Nutrition Information			
Unflavored		Unflavored	8 fl oz	1 L	1.5 L	Unflavored	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.5	Protein, g	15.1	63.8	95.7	Calcium, mg	308	1300	1950
Protein, % Cal	17.0	Total Fat, g	11.8	49.8	74.7	Calcium, mEq	15.4	65	97.5
Carbohydrate, % Cal	54.4	Total Carbohydrate, g	51.1	215.7	323.6	Phosphorus, mg	296	1250	1875
Fat, % Cal	28.6	Dietary Fiber, g	5*	21†	31.5†	Phosphorus, mmol	9.5	40.3	60.5
Omega-6:Omega-3	5.9:1	scFOS, g	2.4	10	15	Magnesium, mg	100	420	630
MCT:LCT	19:81	Total Sugars, g	3.6	15	22.5	Magnesium, mEq	8.2	34.6	51.9
Total Cal/g Nitrogen	150:1	Added Sugars, g	3.6	15	22.5	Iodine, mcg	36	150	225
Nonprotein Cal/g Nitrogen	124:1	L-Carnitine, mg	36	150	225	Manganese, mg	1	4.3	6.5
Osmolality, mOsm/kg H ₂ O	525	Taurine, mg	36	150	225	Copper, mg	0.52	2.2	3.3
Renal Solute Load, mOsm/L	515	Water, mL	180	760	1140	Zinc, mg	3.1	13	20
Recommended Tube Size for Gravity/Pump Feeding (Fr)	12/10	Calories	355	1500	2250	Iron, mg	4.3	18	27
		Vitamin A, mcg RAE	213	900	1350	Selenium, mcg	18	74	111
		Vitamin D, mcg	4.7	20	30	Chromium, mcg	18	74	111
		Vitamin E, mg	13	55	82	Molybdenum, mcg	30	128	192
		Vitamin K, mcg	40	170	255				
		Vitamin C, mg	71	300	450				
		Folate, mcg DFE	95	400	600				
		Folic Acid, mcg	57	240	360				
		Vit B1 (Thiamin), mg	0.45	1.9	2.8				
		Vit B2 (Riboflavin), mg	0.76	3.2	4.8				
		Vitamin B6, mg	0.54	2.3	3.4				
		Vitamin B12, mcg	2.8	12	18				
		Niacin, mg NE	4.7	20	30				
		Choline, mg	142	600	900				
		Biotin, mcg	7.1	30	45				
		Pantothenic Acid, mg	1.9	7.9	12				
		Sodium, mg	316	1330	1995				
		Sodium, mEq	13.7	57.8	86.7				
		Potassium, mg	517	2180	3270				
		Potassium, mEq	13.3	55.9	83.8				
		Chloride, mg	322	1360	2040				
		Chloride, mEq	9.1	38.4	57.6				

* 2.6 g total dietary fiber from a unique fiber blend and 2.4 g of short-chain fructooligosaccharides.

† 11 g total dietary fiber from a unique fiber blend and 10 g of short-chain fructooligosaccharides.

‡ 16.5 g total dietary fiber from a unique fiber blend and 15 g of short-chain fructooligosaccharides.

Jevity® 1.5 Cal
Ingredients
Unflavored

Water, Corn Maltodextrin, Corn Syrup Solids, Sodium Caseinate, Canola Oil, Corn Oil, Short-chain Fructooligosaccharides, Soy Protein Isolate, Medium Chain Triglycerides, Calcium Caseinate, Oat Fiber, Less than 0.5% of: Soy Fiber, Potassium Citrate, Calcium Phosphate, Gum Arabic, Magnesium Phosphate, Soy Lecithin, Sodium Citrate, Magnesium Chloride, Cellulose Gum, Ascorbic Acid, Choline Chloride, Potassium Chloride, Potassium Hydroxide, Taurine, L-Carnitine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Riboflavin, Thiamine Hydrochloride, Vitamin A Palmitate, Pyridoxine Hydrochloride, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4152

www.AbbottNutrition.com

Juven®

Therapeutic
Nutrition Powder
for Wound Healing



Usage

JUVEN has been clinically shown to support wound healing by enhancing collagen formation in as little as 2 weeks,^{1,2,*} and to help build and maintain lean body mass (LBM) in 4 weeks.^{3,†}

- Recommend two packets per day.
- Administer orally or as a modular via feeding tube; use in addition to a complete, balanced diet.
- Use under medical supervision.

Features

- L-Arginine – supports blood flow and is a building block for proteins, which can contribute to wound healing.^{4,5}
- L-Glutamine – involved in fibroblastic formation of collagen and supports the immune system.^{6,7}
- CaHMB (calcium β -hydroxy- β -methylbutyrate) – a metabolite of leucine that helps produce new tissue by slowing down muscle breakdown and stabilizing muscle cell membranes.⁸
- Collagen protein – shown to help stimulate internal collagen production.⁹
- Micronutrients (vitamins C, E & B12 and zinc) - important nutrients for the wound-healing process.
- Best when mixed at room temperature.

- Lactose-free.
- Kosher, gluten-free.

Precautions

- Not for sole-source nutrition.
- Not for IV use.

Availability (See page 180 for retail list numbers.)

	List No.	NDC Format Code
— 0.82-oz (23.0-g)		
Unflavored (Packet; 180/case)	66686	59781-0666-86
Unflavored (Packet; 30/case)	66695	59781-0666-95
— 0.97-oz (27.5-g)		
Orange (Packet; 180/case)	66674	59781-0666-74
Orange (Packet; 30/case)	66693	59781-0666-93
— 1.02-oz (28.8-g)		
Fruit Punch (Packet; 180/case)	66680	59781-0666-80
Fruit Punch (Packet; 30/case)	66694	59781-0666-94

* In both healthy elderly and patients with diabetic foot ulcers, taking 2 servings per day, as measured by hydroxyproline levels.

† In patients with cancer cachexia.

1 Williams JZ, et al. *Ann Surg.* 2002;236:369-375.

2 Jones MS, et al. *Surg Infect.* 2014;15(6):708-712.

3 May PE, et al. *Am J Surg.* 2002;183:471-479.

4 Stechmiller JK, et al. *Nutr Clin Pract.* 2005;20:52-61.

5 Preli RB, et al. *Atherosclerosis.* 2002;162:1-15.

6 Bellon G, et al. *Biochim Biophys Acta.* 1995;1268:311-323.

7 Andrews FJ, et al. *Br J Nutr.* 2002;87(suppl 1):S3-S8.

8 Clark RH, et al. *JPEN J Parenter Enteral Nutr.* 2000;24:133-139.

9 Sibilla S, et al. *The Open Nutraceuticals J.* 2015;8:29-42.

Technical Data		Nutrition Information	
Orange and Fruit Punch			
At standard dilution: Orange 27.5 g mixed with 8 fl oz of water. 1 packet Fruit Punch: 28.8 g.			
Cal/serving	90/95		
Amino acids, % Cal	61/58		
Protein, % Cal	11/10		
Carbohydrate, % Cal	28/32		
Fat, % Cal	0/0		
Osmolality, mOsm/kg H ₂ O	513/521		
Unflavored			
At standard dilution: 1 packet 23 g mixed with 8 fl oz of water.			
Cal/serving	80		
Amino acids, % Cal*	72		
Protein, % Cal	13		
Carbohydrate, % Cal	15		
Fat, % Cal	0		
Osmolality, mOsm/kg H ₂ O	464		
		ORANGE*	8 OZ
		Calories	90
		L-Arginine, g	7
		L-Glutamine, g	7
		Protein (Collagen), g	2.5
		Total Carbohydrate, g	8.4
		Total Sugars, g	2
		Vitamin C, mg	300
		Vitamin E, mg	15
		Vitamin B12, mcg	1.2
		Calcium, mg	200
		Zinc, mg	9.5
		Calcium Beta-hydroxy-Beta-methylbutyrate, g	1.5
		FRUIT PUNCH*	8 OZ
		Calories	95
		L-Arginine, g	7
		L-Glutamine, g	7
		Protein (Collagen), g	2.5
		Total Carbohydrate, g	9.8
		Total Sugars, g	3
		Vitamin C, mg	300
		Vitamin E, mg	15
		Vitamin B12, mcg	1.2
		Calcium, mg	200
		Zinc, mg	9.5
		Calcium Beta-hydroxy-Beta-methylbutyrate, g	1.5

* Nutritional content will vary when mixed with food, juice or other beverage.

juven®

Ingredients

(Orange): L-Glutamine, L-Arginine, Citric Acid, Hydrolyzed Beef Collagen, Sugar, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Natural & Artificial Flavor, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate, Aspartame, Zinc Sulfate, Acesulfame Potassium, Yellow 6, Vitamin B12

Phenylketonurics: Contains phenylalanine.

(Fruit Punch): L-Glutamine, L-Arginine, Citric Acid, Sugar, Hydrolyzed Beef Collagen, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Natural & Artificial Flavor, Ascorbic Acid, Colored with Beet Juice and Beta-Carotene, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Acesulfame Potassium, Sucralose, Vitamin B12

(Unflavored): L-Glutamine, L-Arginine, Hydrolyzed Beef Collagen, Citric Acid, Calcium Beta-Hydroxy-Beta-Methylbutyrate, Ascorbic Acid, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Vitamin B12

Nepro[®] with CARBSTEADY[®]

Therapeutic Nutrition for
People on Dialysis



Usage

NEPRO WITH CARBSTEADY is therapeutic nutrition specifically designed to help meet the nutritional needs of people on dialysis (stage 5 CKD).

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Has CARBSTEADY[®], a carbohydrate blend designed to help minimize blood sugar response.*
- Designed for people on dialysis with low phosphorus and potassium.
- Excellent source of high-quality protein (19 g /8 fl oz) to help meet nutritional needs and replace protein lost during dialysis.
- In a study of Nepro as supplemental nutrition, patients on dialysis had increased serum albumin, increased serum prealbumin, and improved nutritional status (as signified by subjective global assessment).¹
- High in calories—1.8 Cal/mL.
- A good source of fiber, including prebiotics.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability (See page 180 for retail list numbers.)

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

Unflavored 62669 70074-0626-70

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Homemade Vanilla 64803 70074-0647-99

Mixed Berry 64796 70074-0647-95

Butter Pecan 64798 70074-0647-97

* Designed to help minimize the blood sugar spike from consuming Nepro compared to high-glycemic carbohydrates.

¹ Caglar K, et al. *Kidney Int.* 2002;62(3):1054-1059.

Caloric Density, Cal/mL
Protein, % Cal
Carbohydrate, % Cal
Fat, % Cal
Omega-6:Omega-3
Total Cal:g Nitrogen
Nonprotein Cal:g Nitrogen
Osmolality, mOsm/kg H₂O
Renal Solute Load, mOsm/L
Recommended Tube Size for
Gravity/Pump Feeding (Fr)

	Nutrition Information					
	Homemade Vanilla	8 fl oz	1 L	Homemade Vanilla	8 fl oz	1 L
1.8	Protein, g	19	81	Sodium, mEq	10.9	45.6
18	Total Fat, g	23	96	Potassium, mg	225	949
33	Saturated Fat, g	2	8.5	Potassium, mEq	5.8	24.3
49	Polunsaturated Fat, g	4	17	Chloride, mg	200	844
5.2:1	Monounsaturated Fat, g	16	68	Chloride, mEq	5.6	23.8
141:1	Trans Fat, g	0	0	Calcium, mg	250	1050
115:1	Cholesterol, mg	7	27	Calcium, mEq	12.5	53
745	Total Carbohydrate, g	38	160	Phosphorus, mg	170	717
551	Dietary Fiber, g	6	25	Phosphorus, mmol	5.5	23.1
10/10	scFOS, g	2	10	Magnesium, mg	40	169
	Total Sugars, g	8.4	35.4	Magnesium, mEq	3.3	13.9
	Added Sugars, g	8.3	35.0	Iodine, mcg	38	160
	L-Carnitine, mg	63	265	Manganese, mg	0.60	2.53
	Taurine, mg	38	160	Copper, mg	0.43	1.81
	Water, mL	172	727	Zinc, mg	3.0	12.7
	Calories	420	1770	Iron, mg	3.3	14
	Vitamin A, mcg RAE	180	759	Selenium, mcg	14	58
	Vitamin D, mcg	3.8	16	Chromium, mcg	7.5	32
	Vitamin E, mg	6.8	28.5	Molybdenum, mcg	11	46
	Vitamin K, mcg	19	80			
	Vitamin C, mg	23	95			
	Folate, mcg DFE	300	1265			
	Folic Acid, mcg	180	759			
	Vit B1 (Thiamin), mg	0.60	2.53			
	Vit B2 (Riboflavin), mg	0.50	2.11			
	Vitamin B6, mg	2.21	9.32			
	Vitamin B12, mcg	1.20	5.06			
	Niacin, mg NE	8.0	34			
	Choline, mg	140	591			
	Biotin, mcg	15	63			
	Pantothenic Acid, mg	2.25	9.5			
	Sodium, mg	250	1050			

Ingredients

Homemade Vanilla

Water, Corn Syrup Solids, Caseinates (Calcium, Magnesium, Sodium), High Oleic Safflower Oil, Canola Oil, Sugar, Milk Protein Isolate, Less than 2% of: Soluble Corn Fiber, Glycerin, Short-chain Fructooligosaccharides, Soy Lecithin, Natural & Artificial Flavor, Calcium Citrate, Sodium Citrate, Potassium Citrate, Choline Chloride, Salt, Cellulose Gel, Ascorbic Acid, L-Carnitine, Taurine, Potassium Chloride, Cellulose Gum, Nicotinamide, Ferrous Sulfate, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Pyridoxine Hydrochloride, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

Osmolite® 1.2 Cal

Complete, Balanced
Nutrition® without Fiber



Usage

OSMOLITE 1.2 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients who may benefit from increased calories.

- For tube feeding.
- For supplemental or sole-source nutrition.
- May be used for oral feeding of patients with altered taste perception.
- Use under medical supervision.

Features

- Concentrated calories (1.2 Cal/mL).
- 1500 Calories (1250 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Unflavored.....	62697	70074-0626-98
— 50.7-fl oz (1.5-L) Ready to Hang Prefilled Container; 6/case		
Unflavored.....	62693	70074-0626-94
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Unflavored.....	64635	70074-0646-34

Technical Data		Nutrition Information							
Unflavored		Unflavored	8 fl oz	1 L	1.5 L	Unflavored	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.2	Protein, g	13.2	55.5	83.3	Calcium, mg	284	1200	1800
Protein, % Cal	18.5	Total Fat, g	9.3	39.3	59	Calcium, mEq	14.2	60	90
Carbohydrate, % Cal	52.5	Total Carbohydrate, g	37.5	157.5	236.1	Phosphorus, mg	284	1200	1800
Fat, % Cal	29	Dietary Fiber, g	0	0	0	Phosphorus, mmol	9.2	38.7	58.1
Omega-6:Omega-3	5.0:1	Total Sugars, g	2	8.4	12.7	Magnesium, mg	88	370	555
MCT:LCT	20:80	Added Sugars, g	2	8.4	12.7	Magnesium, mEq	7.2	30.4	45.7
Total Cal/g Nitrogen	135:1	L-Carnitine, mg	36	150	225	Iodine, mcg	36	150	225
Nonprotein Cal/g Nitrogen	110:1	Taurine, mg	36	150	225	Manganese, mg	0.81	3.4	5.1
Osmolality, mOsm/kg H ₂ O	360	Water, mL	195	820	1230	Copper, mg	0.41	1.7	2.6
Renal Solute Load, mOsm/L	465	Calories	285	1200	1800	Zinc, mg	2.5	11	16
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Vitamin A, mcg RAE	171*	720†	1080‡	Iron, mg	3.4	14.4	22
		Beta-Carotene, mcg	307	1295	1943	Selenium, mcg	14	58	87
		Vitamin D, mcg	3.8	16	24	Chromium, mcg	14	58	87
		Vitamin E, mg	10	42	63	Molybdenum, mcg	23	99	148
		Vitamin K, mcg	29	123	185				
		Vitamin C, mg	59	250	375				
		Folate, mcg DFE	76	320	480				
		Folic Acid, mcg	46	192	288				
		Vit B1 (Thiamin), mg	0.41	1.7	2.6				
		Vit B2 (Riboflavin), mg	0.59	2.5	3.7				
		Vitamin B6, mg	0.33	1.4	2.1				
		Vitamin B12, mcg	2.3	9.6	14.4				
		Niacin, mg NE	4	17	26				
		Choline, mg	142	600	900				
		Biotin, mcg	5.7	24	36				
		Pantothenic Acid, mg	0.95	4	6.0				
		Sodium, mg	253	1067	1600				
		Sodium, mEq	11	46.4	69.6				
		Potassium, mg	539	2274	3410				
		Potassium, mEq	13.8	58.3	87.4				
		Chloride, mg	356	1500	2250				
		Chloride, mEq	10	42.3	63.5				

* 122 mcg RAE of vitamin A activity supplied by 307 mcg of beta-carotene.

‡ 773 mcg RAE of vitamin A activity supplied by 1943 mcg of beta-carotene.

† 515 mcg RAE of vitamin A activity supplied by 1295 mcg of beta-carotene.

Osmlite® 1.2 Cal

Ingredients

Unflavored

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Calcium Caseinate, Canola Oil, Medium Chain Triglycerides, Less than 0.5% of: Potassium Citrate, Calcium Phosphate, Magnesium Phosphate, Soy Lecithin, Potassium Chloride, Sodium Citrate, Magnesium Chloride, Choline Chloride, Cellulose Gel, Ascorbic Acid, Potassium Phosphate, Potassium Hydroxide, Taurine, L-Carnitine, Cellulose Gum, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4150

www.AbbottNutrition.com

Osmolite® 1.5 Cal

Complete, Balanced
Nutrition® without Fiber



Usage

OSMOLITE 1.5 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding patients who may benefit from increased calories, or for those with limited volume tolerance.

- For tube feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Concentrated calories (1.5 Cal/mL) to help patients gain and maintain healthy weight.
- 1500 Calories (1000 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

Unflavored 62699 70074-0627-00

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Unflavored 64837 70074-0648-35

Technical Data		Nutrition Information		
Unflavored		Unflavored	8 fl oz	1 L
Caloric Density, Cal/mL	1.5	Protein, g	14.9	62.7
Protein, % Cal	16.7	Total Fat, g	11.6	49.1
Carbohydrate, % Cal	54.3	Total Carbohydrate, g	48.2	203.6
Fat, % Cal	29	Dietary Fiber, g	0	0
Omega-6:Omega-3	4.9:1	Total Sugars, g	2.5	10.5
MCT:LCT	20:80	Added Sugars, g	2.5	10.5
Total Cal/g Nitrogen	152:1	L-Carnitine, mg	36	150
Nonprotein Cal/g Nitrogen	126:1	Taurine, mg	36	150
Osmolality, mOsm/kg H ₂ O	525	Water, mL	181	762
Renal Solute Load, mOsm/L	520	Calories	355	1500
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Vitamin A, mcg RAE	213*	900†
		Beta-Carotene, mcg	292	1233
		Vitamin D, mcg	4.7	20
		Vitamin E, mg	14	60
		Vitamin K, mcg	40	170
		Vitamin C, mg	47	200
		Folate, mcg DFE	95	400
		Folic Acid, mcg	57	240
		Vit B1 (Thiamin), mg	0.45	1.9
		Vit B2 (Riboflavin), mg	0.76	3.2
		Vitamin B6, mg	0.54	2.3
		Vitamin B12, mcg	2.8	12
		Niacin, mg NE	4.7	20
		Choline, mg	142	600
		Biotin, mcg	7.1	30
		Pantothenic Acid, mg	1.9	7.9
		Sodium, mg	316	1330
		Sodium, mEq	13.7	57.8
		Potassium, mg	517	2180
		Potassium, mEq	13.3	55.9
		Chloride, mg	403	1700
		Chloride, mEq	11.4	48
		Calcium, mg	308	1300

* 116 mcg RAE of vitamin A activity supplied by 292 mcg of beta-carotene.

† 490 mcg RAE of vitamin A activity supplied by 1233 mcg of beta-carotene.

Osmlite® 1.5 Cal

Ingredients

Unflavored
Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium Chain Triglycerides, Calcium Caseinate, Less than 0.5% of: Potassium Citrate, Calcium Phosphate, Magnesium Chloride, Soy Lecithin, Sodium Citrate, Magnesium Phosphate, Ascorbic Acid, Potassium Chloride, Choline Chloride, Potassium Hydroxide, Potassium Phosphate, Taurine, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4152

www.AbbottNutrition.com

Pedialyte® Classic

Electrolyte Solution for All Ages



Usage

PEDIALYTE CLASSIC is an advanced rehydration solution specially formulated with an optimal balance of glucose and electrolytes needed to help replenish vital fluids and minerals which, when lost, can lead to dehydration.* It can help prevent mild to moderate dehydration caused by vomiting, diarrhea, exercise, travel, and extreme heat.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Pedialyte is the #1 pediatrician- and pharmacist-recommended brand for hydration.
- Quickly replaces fluids and electrolytes.
- Designed to promote fluid absorption more effectively than common household beverages.
- Has glucose to promote sodium and water absorption.
- Unflavored liquid available for infants.
- Ready-to-use recloseable plastic liter bottles allow easy measuring and pouring.
- Low osmolality.
- Contains no fruit juice.

- Suitable for lactose intolerance.
- Gluten-free, halal (certain flavors), kosher.

Precautions

- No mixing or diluting is necessary or recommended.
- For children under 1 year of age, consult your doctor.

Availability

	List No.	NDC Format Code
— 2.0-fl oz (59.0-mL) Bottle; 48/case		
Unflavored.....	59892	70074-0111-33
— 33.8-fl oz (1 L) Bottle; 4/case		
Unflavored.....	64380	
Strawberry.....	66281	
Mixed Fruit.....	66284	
Coconut Burst.....	67461	
— 33.8-fl oz (1 L) Bottle; 8/case		
Unflavored.....	00336	70074-0803-36
Strawberry.....	53983	70074-0539-84
Grape.....	00240	70074-0802-40
Mixed Fruit.....	00365	70074-0803-65

* Mild to moderate dehydration.

Ingredients

Water, Dextrose, Less than 0.5% of:
Citric Acid, Potassium Citrate, Salt,
Natural & Artificial Flavors, Sodium
Citrate, Sucralose, Acesulfame
Potassium, Zinc Gluconate, Red 40,
Blue 1

Pedialyte AdvancedCare®

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE ADVANCEDCARE is an advanced rehydration solution specially formulated with PreActiv® Prebiotics to help promote digestive health. With an optimal balance of glucose and electrolytes, it helps replenish vital fluids and minerals which, when lost, can lead to dehydration. It can help prevent dehydration* caused by vomiting, diarrhea, exercise, travel, and extreme heat.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Pedialyte is the #1 pediatrician- and pharmacist-recommended brand for hydration.
- Has PreActiv® Prebiotics to help promote digestive health.
- Quickly replaces fluids and electrolytes.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages like some sports drinks, juice, and soda.
- Has glucose to promote sodium and water absorption.
- Available in a variety of flavors.
- Low osmolality.

- Contains no fruit juice.
- Kosher, halal, gluten-free.

Precautions

- No mixing or diluting is necessary or recommended.
- For children under 1 year of age, consult your doctor.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Strawberry Lemonade	64301	70074-0643-02
Tropical Fruit	64307	70074-0643-08
— 33.8-fl oz (1.0-L) Bottle; 8/case		
Cherry Punch	63057	70074-0630-58
Blue Raspberry	63059	70074-0630-60

* Mild to moderate dehydration.

Ingredients

Strawberry Lemonade

Water, Dextrose,
Galactooligosaccharides, Less than
0.5% of: Citric Acid, Potassium Citrate,
Salt, Natural & Artificial Flavor,
Sodium Citrate, Sucralose, Acesulfame
Potassium, Zinc Gluconate, Red 40,
Blue 1, Sodium Selenate

Contains milk ingredients.

Pedialyte AdvancedCare[®] Plus

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE ADVANCEDCARE PLUS is formulated with 33% more electrolytes* to help replenish higher electrolyte losses. It also has PreActiv[®] Prebiotics to help promote digestive health.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Pedialyte is the #1 pediatrician- and pharmacist-recommended brand for hydration.
- Formulated for higher electrolyte losses.
- PreActiv[®] Prebiotics to help promote digestive health.
- Quickly replaces fluids and electrolytes.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages like some sports drinks, juice, and soda.
- Has glucose to promote sodium and water absorption.
- Available in 5 flavors.
- Low osmolality.

- Contains no fruit juice.
- Kosher, halal, gluten-free.

Precautions

- No mixing or diluting is necessary or recommended.
- For children under 1 year of age, consult your doctor.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Berry Frost.....	66641	70074-0666-42
Chilled Cherry Pomegranate.....	66645	70074-0666-46
Iced Grape.....	66855	70074-0668-56
Kiwi Berry Mist.....	66643	70074-0666-44
Orange Breeze.....	67434	70074-0674-35

* 60 mEq sodium electrolytes per liter vs 45 mEq in Pedialyte Classic.

Technical Data		Nutrition Information	
Berry Frost		Berry Frost	
		12 fl oz	1 L
Caloric Density, Cal/mL	0.1	Protein, g	0
Protein, % Cal	0	Total Fat, g	0
Carbohydrate, % Cal	100	Total Carbohydrate, g	28
Fat, % Cal	0	Dietary Fiber, g	<1
Osmolality, mOsm/kg H2O	265	Total Sugars, g	7
		Added Sugars, g	7
		Water, mL	353
		Calories	35
		Sodium, mg	490
		Sodium, mEq	21.3
		Potassium, mg	280
		Potassium, mEq	7.2
		Chloride, mg	630
		Chloride, mEq	17.8
		Zinc, mg	2.8

Contains milk ingredients.

Pedialyte AdvancedCare[®] Plus Powder

Electrolyte Powder

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE ADVANCEDCARE PLUS is formulated with 33% more electrolytes* to help replenish higher electrolyte losses. It also has PreActiv[®] Prebiotics to help promote digestive health.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- On-the-go convenience.
- Pedialyte is the #1 doctor-, pediatrician-, and pharmacist-recommended brand.
- Has PreActiv[®] Prebiotics to help promote digestive health.
- An optimal balance of glucose and electrolytes.
- Quickly replaces fluids and electrolytes.
- Available in 3 flavors.
- Contains no fruit juice.
- Kosher, gluten-free.

Precautions

- Not for use for children under 1 year of age.

Availability

	List No.	NDC Format Code
— 0.6-oz (17.0-g) Packet; 36/case		
Berry Frost	66969	70074-0669-70
Strawberry Freeze	66972	70074-0669-73
Orange Breeze	67426	70074-0674-27

[illegible]

Anhydrous Dextrose, Short-chain Fructooligosaccharides, Citric Acid, Salt, Potassium Citrate, Sodium Citrate, Natural & Artificial Flavors, Less than 2% of: Calcium Silicate, Acesulfame Potassium, Sucralose, Blue 1

Pedialyte® Electrolyte Water Drink

Electrolyte Water

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE® ELECTROLYTE WATER DRINK is designed for hydration purposes only, not mild to moderate dehydration. It has 3 key electrolytes and zinc for immune support.

Features

- Zero sugar.*
- Zinc for immune support.
- Has 3 key electrolytes for hydration, including sodium, potassium, and chloride.
- One liter provides: sodium, 30 mEq; potassium, 10 mEq; chloride, 20 mEq.
- No fruit juice.
- No artificial colors.
- Non-GMO.†
- Kosher, halal, gluten-free.

Precautions

- No mixing or diluting is necessary or recommended.
- Not for children under 5 years of age for mild to moderate dehydration due to vomiting and diarrhea.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Berry Frost	67966	70074-0679-67
Fruit Punch	67969	70074-0679-70

* Low in calories.

† Ingredients not genetically engineered.

[illegible]

Water, Less than 2% of: Natural Flavor, Citric Acid, Salt, Potassium Citrate, Sodium Citrate, Sucralose, Acesulfame Potassium, Zinc Gluconate

Pedialyte® Freezer Pops

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE FREEZER POPS replenish vital fluids lost due to diarrhea and vomiting to help prevent dehydration* in children and adults. Scientifically designed balance of electrolytes and glucose for fast rehydration.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Medical-grade hydration.
- Designed to promote fluid absorption more effectively than common household beverages, such as some sports drinks, juice, and soda.
- Has glucose to promote sodium and water absorption.
- Available in a variety pack (Grape, Blue Raspberry, Cherry, Orange).
- Low osmolality.
- Contains no fruit juice.
- Pedialyte is the #1 doctor-, pediatrician-, and pharmacist-recommended brand.
- Kosher, suitable for lactose intolerance.

Precautions

- Not for use for children under 1 year of age.

- No mixing or diluting is necessary or recommended.

Availability

List No.

NDC Format Code

— 2.1-fl oz (62.5-mL) Sleeve; 64/case

Variety 62605 70074-0002-46

Ingredients

Grape

Water, Dextrose; Less than 2% of: Citric Acid, Salt, Cellulose Gum, Potassium Citrate, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Red 40, Blue 1

Blue Raspberry

Water, Dextrose; Less than 2% of: Citric Acid, Salt, Cellulose Gum, Potassium Citrate, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Blue 1

Cherry

Water, Dextrose; Less than 2% of: Citric Acid, Salt, Cellulose Gum, Potassium Citrate, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Red 40

Orange

Water, Dextrose; Less than 2% of: Citric Acid, Salt, Cellulose Gum, Potassium Citrate, Potassium Sorbate (Preservative), Sodium Benzoate (Preservative), Natural & Artificial Flavor, Sucralose, Acesulfame Potassium, Yellow 6, Red 40

Pedialyte® Half Liter

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

The perfect size for rehydration on the go, PEDIALYTE HALF LITER quickly replaces fluids and electrolytes.

Features

- Pedialyte is the #1 doctor-recommended brand for hydration.
- Designed to replace fluids and electrolytes more effectively than household beverages like some sports drinks, juice, and soda.
- Has glucose to promote sodium and water absorption.
- Zinc for immune support.
- Contains no fruit juice.
- Available in 4 flavors.
- Gluten-free, kosher, halal.

Precautions

- No mixing or diluting is necessary or recommended.

Availability

	List No.	NDC Format Code
— 16.9-fl oz (500.0-mL) Bottle; 12/case		
Strawberry.....	67598	70074-0682-70
Apple.....	67600	70074-0676-02
Coconut Burst.....	67603	70074-0682-68
Grape.....	67607	70074-0682-66

[illegible]

Ingredients

Water, Dextrose, Less than 0.5% of:
Sodium Citrate, Citric Acid, Salt,
Potassium Chloride, Artificial Flavor,
Sucralose, Acesulfame Potassium, Zinc
Gluconate, Yellow 6, Red 40, Blue 1

Pedialyte® with Immune Support

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

From the #1 doctor-recommended brand for rehydration, PEDIALYTE WITH IMMUNE SUPPORT provides hydration with zinc and other key immune nutrients.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- 3 key nutrients for immune support:
 - Zinc - helps build new immune cells.
 - Selenium - helps protect cells.
 - Magnesium - supports immune response.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages like some sports drinks, juice, and soda.
- 33% more electrolytes.*
- One liter provides: sodium, 60 mEq; potassium, 20 mEq; chloride, 55 mEq.
- Available in 5 flavors.

- Contains no fruit juice.
- Kosher, halal, gluten-free.

Precautions

- No mixing or diluting is necessary or recommended.
- For children under 1 year of age, consult your doctor.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Peach Mango.....	68211.....	70074-0682-12
Raspberry Lemonade.....	68209.....	70074-0682-10
Cherry Punch.....	68494.....	70074-0684-95
Iced Berry.....	68995.....	70074-0689-96
Grape.....	68997.....	70074-0689-98

* 60 mEq sodium electrolytes per liter vs 45 mEq in Pedialyte Classic.

Technical Data		Nutrition Information	
Raspberry Lemonade		Raspberry Lemonade	
		12 fl oz	1 L
Caloric Density, Cal/mL	0.1	Protein, g	0
Protein, % Cal	0	Total Fat, g	0
Carbohydrate, % Cal	100	Total Carbohydrate, g	27
Fat, % Cal	0	Dietary Fiber, g	2
Osmolality, mOsm/kg H2O	265	Total Sugars, g	19
		Added Sugars, g	19
		Calories	35
		Sodium, mg	490
		Sodium, mEq	21.3
		Potassium, mg	280
		Potassium, mEq	7.2
		Chloride, mg	690
		Chloride, mEq	19.5
		Magnesium, mg	40
		Zinc, mg	2.8
		Selenium, mcg	12

Raspberry Lemonade

Water, Dextrose,
Galactooligosaccharides, Less than 0.5%
of: Salt, Citric Acid, Potassium Citrate,
Natural and Artificial Flavor, Magnesium
Chloride, Sodium Citrate, Acesulfame
Potassium, Sucralose, Zinc Gluconate,
Red 40. Blue 1. Sodium Selenate

Contains milk ingredients.

Pedialyte[®] with Immune Support Powder

Electrolyte Powder

AVAILABLE AT RETAIL ONLY



Usage

From the #1 doctor-recommended brand for hydration, PEDIALYTE WITH IMMUNE SUPPORT provides hydration with zinc, vitamin C and other key nutrients.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- 4 key nutrients for immune support:
 - Zinc - helps build new immune cells.
 - Vitamin C - promotes cell health.
 - Vitamin B12 - helps activate immune cells.
 - Vitamin E - supports cell membranes.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages like some sports drinks, juice, and soda.
- 33% more electrolytes.*
- One liter of reconstituted Pedialyte with Immune Support Powder (about two 14.1-g packets) provides: sodium, 60 mEq; potassium, 20 mEq; chloride, 50 mEq.

- Available in 2 flavors.
- Contains no fruit juice.
- Kosher, gluten-free.

Precautions

- Not for use for children under 1 year of age.

Availability

	List No.	NDC Format Code
— 0.49-oz (14.1-g) Packet; 36/case		
Mixed Berry.....	67974.....	70074-0679-75
Fruit Punch.....	67971.....	70074-0679-72

* 60 mEq sodium electrolytes per liter vs 45 mEq in Pedialyte Classic.

Technical Data		Nutrition Information	
Mixed Berry		Mixed Berry	
Caloric Density, Cal/mL	0.085	Protein, g	0
Protein, % Cal	0	Total Fat, g	0
Carbohydrate, % Cal	100	Total Carbohydrate, g	12
Fat, % Cal	0	Dietary Fiber, g	1
Osmolality, mOsm/kg H2O	250	scFOS, g	1
		Total Sugars, g	8
		Added Sugars, g	8
		Calories	40
		Vitamin E, mg	7.5
		Vitamin C, mg	90
		Vitamin B12, mcg	2.4
		Sodium, mg	650
		Sodium, mEq	28.3
		Potassium, mg	370
		Potassium, mEq	9.5
		Chloride, mg	840
		Chloride, mEq	23.7
		Zinc, mg	3.4

Dextrose, Salt, Short-chain Fructooligosaccharides, Citric Acid, Potassium Citrate, Natural Flavor, Sodium Citrate, Less than 2% of: Calcium Silicate, Ascorbic Acid, Beet Powder Color, Sucralose, Acesulfame Potassium, d-Alpha-Tocopheryl Acetate, Zinc Sulfate. Blue 1, Vitamin B12

Pedialyte[®] Organic

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE ORGANIC quickly replenishes fluids and electrolytes to help prevent mild to moderate dehydration due to vomiting and diarrhea, extreme heat, intense exercise, and travel.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Quickly replaces fluids and electrolytes.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages, like some sports drinks, juice, and soda.
- No artificial colors, sweeteners, or flavors.
- USDA-certified organic.
- Great for kids and adults!
- Pedialyte is the #1 pharmacist- and pediatrician-recommended brand for hydration.

Precautions

- For children under 1 year of age, consult your doctor.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Grape.....	67303	70074-0673-04
Crisp Lemon Berry.....	67301	70074-0673-02

Grape
Water, Organic Grape Juice Concentrate,
Less than 2% of: Organic Dextrose,
Organic Citric Acid, Organic Flavor,
Potassium Citrate, Salt, Sodium Citrate,
Organic Stevia Leaf Extract, Zinc
Gluconate

Pedialyte® Classic Powder Packs

Electrolyte Powder

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE CLASSIC POWDER PACKS replenish vital fluids lost due to diarrhea to help prevent dehydration* in children and adults. A scientifically designed balance of electrolytes and glucose for fast rehydration. Mix with 8 fl oz of water.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Pedialyte is the #1 pediatrician- and pharmacist-recommended brand for hydration.
- On-the-go convenience.
- Quickly replaces fluids and electrolytes.
- Designed to promote fluid absorption more effectively than common household beverages.
- Has glucose to promote sodium and water absorption.
- Kid-approved taste to encourage compliance in children.
- Available in a variety pack (Fruit Punch, Grape, Apple, Strawberry).
- Low osmolality.
- Contains no fruit juice.
- Kosher, gluten-free.

Precautions

- Not for use for children under 1 year of age.

Availability

List No.

NDC Format Code

— 0.3-oz (8.5-g) Packet; 64/case

Variety 56090 70074-0560-91

Ingredients

Dextrose, Citric Acid, Malic Acid,
Potassium Citrate, Salt, Sodium Citrate,
Natural Flavor; Less than 2% of:
Calcium Silicate, Sucralose, Acesulfame
Potassium, Red 40, Blue 1

Dextrose, Citric Acid, Malic Acid,
Potassium Citrate, Salt, Sodium Citrate;
Less than 2% of: Artificial Flavor, Calcium
Silicate, Caramel Color, Sucralose,
Acesulfame Potassium

Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate; Less than 2% of: Natural & Artificial Flavor, Calcium Silicate, Sucralose, Acesulfame Potassium, Red 40, Blue 1

Dextrose, Citric Acid, Malic Acid, Potassium Citrate, Salt, Sodium Citrate; Less than 2% of: Natural & Artificial Flavor, Calcium Silicate, Sucralose, Acesulfame Potassium, Red 40

Pedialyte® Classic Powder Packs 17 g

Electrolyte Powder

AVAILABLE AT RETAIL ONLY



Usage

PEDIALYTE POWDER PACKS replenish vital fluids lost due to diarrhea to help prevent mild to moderate dehydration in children and adults. A scientifically designed balance of electrolytes and glucose for fast rehydration. Mix with 16 fl oz of water.

- Use under medical supervision for the dietary management of mild to moderate dehydration during diarrhea and vomiting.

Features

- Pedialyte is the #1 pediatrician- and pharmacist-recommended brand for hydration.
- Medical-grade hydration.
- Quickly replaces fluids and electrolytes.
- Designed to help prevent mild to moderate dehydration more effectively than household beverages, like some sports drinks, juice, and soda.
- Has glucose to promote sodium and water absorption.
- Kid-approved taste to encourage compliance in children 1 year of age and older.
- Available in a variety of flavors.
- Low osmolality.

- Contains no fruit juice.
- Kosher, gluten-free.

Precautions

- Not for use for children under 1 year of age.

Availability

	List No.	NDC Format Code
— 0.6-oz (17.0-g) Packet; 36/case		
Strawberry Lemonade	64172	70074-0641-74
Orange	64177	70074-0641-79
Grape	64598	70074-0645-97
Cherry	64595	70074-0645-94

[illegible]

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Pedialyte® Sport Liquid

Electrolyte Solution

AVAILABLE AT RETAIL ONLY



Usage

From the #1 doctor-recommended brand for rehydration, PEDIALYTE SPORT LIQUID is an advanced hydration option formulated for athletes with 5 key electrolytes for fast rehydration and muscle support. With a scientifically designed balance of glucose and electrolytes, Pedialyte Sport quickly replenishes fluids and is formulated to replace electrolytes you may lose during exercise.

Features

- Has 5 key electrolytes for fast rehydration and muscle support:
 - Sodium to avoid muscle cramps.
 - Chloride for fluid balance.
 - Potassium for muscle and nerve function.
 - Magnesium for muscle health.
 - Phosphate for muscle repair.
- Electrolyte solution formulated for increased electrolyte loss.
- Great taste.
- Available in Lemon Lime, Fruit Punch, and Berry Freeze.
- Contains no fruit juice.
- Kosher, halal, gluten-free.

Precautions

- Not for use for children under the age of 2 years.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Bottle; 4/case		
Lemon Lime	67838	70074-0678-39
Fruit Punch	67840	70074-0678-41
Berry Freeze	68421	70074-0684-22

Technical Data		Nutrition Information	
Lemon Lime		Lemon Lime	
		12 fl oz	1 L
Caloric Density, Cal/mL	0.085	Protein, g	0
Protein, % Cal	0	Total Fat, g	0
Carbohydrate, % Cal	100	Sodium, mg	490
Fat, % Cal	0	Total Carbohydrate, g	25
Osmolality, mOsm/kg H2O	270	Dietary Fiber, g	<1
		Total Sugars, g	14
		Added Sugars, g	14
		Calories	30
		Potassium, mg	470
		Chloride, mg	690
		Phosphorus, mg	140
		Magnesium, mg	40

Contains milk ingredients.

Pedialyte® Sport Powder

Electrolyte Powder

AVAILABLE AT RETAIL ONLY



Usage

From the #1 doctor-recommended brand for rehydration, PEDIALYTE SPORT POWDER is an advanced hydration option formulated for athletes with 5 key electrolytes for fast rehydration and muscle support. With a scientifically designed balance of glucose and electrolytes, Pedialyte Sport quickly replenishes fluids and is formulated to replace electrolytes you may lose during exercise.

Features

- Supplies 5 key electrolytes for fast rehydration and muscle support:
 - Sodium to avoid muscle cramps.
 - Chloride for fluid balance.
 - Potassium for muscle and nerve function.
 - Magnesium for muscle health.
 - Phosphate for muscle repair.
- Electrolyte solution formulated for increased electrolyte losses.
- Great taste.
- Available in Lemon Lime and Fruit Punch.
- Contains no fruit juice.
- Kosher, gluten-free.

Precautions

- Not for use for children under the age of 2 years.

Availability

List No.

NDC Format Code

— 0.49-oz (14.1-g) Packet; 36/case

Lemon Lime 67845 70074-0678-46

Fruit Punch 67848 70074-0678-49

[illegible]

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PediaSure® 1.5 Cal

Complete, Balanced Nutrition®



Usage

PediaSure 1.5 CAL is a higher* caloric density product designed to meet the higher energy requirements of pediatric patients who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions. It provides a source of complete, balanced nutrition for children 1 to 13 years of age.

- For oral or tube feeding.
- May be used as a sole source of nutrition or as a supplement.
- Use under medical supervision.

Features

- Provides 100% or more of the Dietary Reference Intakes (DRIs) for protein and 25 essential vitamins and minerals
 - in 1000 mL for children 1 to 8 years of age.
 - in 1500 mL for children 9 to 13 years of age.
- Excellent source of high-quality protein designed to meet the acceptable macronutrient distribution range of protein for children 1 to 13 years of age.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{1,2}
- Vitamin D, calcium and phosphorus for strong bones.
- Good source of antioxidants (vitamins C & E and selenium) to support the immune system.

- No artificial growth hormones.[†]
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Can; 24/case		
Vanilla	67378	70074-0673-86

* Caloric value is 1.5 Cal/mL compared to PediaSure® Enteral Formula 1.0 Cal at 1.0 Cal/mL.

† Milk ingredients are derived from milk of non-rbST-treated cows which is not different from milk of rbST-treated cows.

1 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

2 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

Nutrition Information				Nutrition Information			
Vanilla	8 fl oz	1 L	1.5 L	Vanilla	8 fl oz	1 L	1.5 L
Protein, g	14	59	89	Sodium, mg	90	380	570
Total Fat, g	16	67	101	Sodium, mEq	3.9	16.5	24.7
Saturated Fat, g	3.5	15	22	Potassium, mg	470	1983	2975
Polyunsaturated Fat, g	5	21	32	Potassium, mEq	12.1	51	76
Monounsaturated Fat, g	7	30	44	Chloride, mg	230	970	1456
Trans Fat, g	0	0	0	Chloride, mEq	6.5	27	41
Cholesterol, mg	10	42	63	Calcium, mg	330	1392	2089
Total Carbohydrate, g	38	160	240	Calcium, mEq	16.5	70	104
Dietary Fiber, g	<1	1	2	Phosphorus, mg	250	1055	1582
scFOS, g	0	0	0	Magnesium, mg	40	169	253
Total Sugars, g	3	11	17	Magnesium, mEq	3.3	14	21
Added Sugars, g	3	10	15	Iodine, mcg	23	95	142
L-Carnitine, mg	4.0	17	25	Manganese, mg	0.46	1.9	2.9
Taurine, mg	18	76	114	Copper, mg	0.14	0.57	0.85
Water, mL	185	780	1170	Zinc, mg	1.7	7	10.4
Calories	350	1500	2250	Iron, mg	2.7	11	17
Vitamin A, mcg RAE	140	590	884	Selenium, mcg	8.0	34	51
Vitamin D, mcg	6.0	25	38	Chromium, mcg	9.0	38	57
Vitamin E, mg	3.0	13	19	Molybdenum, mcg	9.0	38	57
Vitamin K, mcg	18	76	114	Free Water, %	78.2	78.1	78
Vitamin C, mg	23	95	142				
Folate, mcg DFE	60	253	380				
Folic Acid, mcg	36	152	227				
Vit B1 (Thiamin), mg	0.30	1.3	1.9				
Vit B2 (Riboflavin), mg	0.33	1.4	2.1				
Vitamin B6, mg	0.34	1.4	2.2				
Vitamin B12, mcg	0.48	2.0	3.0				
Niacin, mg NE	3.2	13	20				
Choline, mg	80	338	506				
Biotin, mcg	8.0	34	51				
Pantothenic Acid, mg	1.3	5.3	7.9				
Inositol, mg	20	84	127				

Ingredients

Vanilla

Water, Corn Maltodextrin, Blend of Vegetable Oils (High Oleic Safflower, Soy, Medium Chain Triglycerides), Milk Protein Concentrate, Soy Protein Isolate, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Potassium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Natural & Artificial Flavors, Cellulose Gel, Soy Lecithin, Tuna Oil[†], Monoglycerides, Cellulose Gum, Potassium Hydroxide, Carrageenan, Inositol, Taurine, Sucralose, Salt, L-Carnitine, Lutein

* Source of DHA.

Contains milk and soy ingredients.

HCPCS Code B4160

PediaSure® 1.5 Cal with Fiber

Complete, Balanced Nutrition®



Usage

PediaSure 1.5 CAL WITH FIBER is a higher* caloric density product designed to meet the higher energy requirements of pediatric patients who are at risk for malnutrition, require a higher caloric density, or have fluid restrictions. It provides a source of complete, balanced nutrition for children 1 to 13 years of age.

- For oral or tube feeding.
- May be used as a sole source of nutrition or as a supplement.
- Use under medical supervision.

Features

- Provides 100% or more of the Dietary Reference Intakes (DRIs) for protein and 25 essential vitamins and minerals
 - in 1000 mL for children 1 to 8 years of age.
 - in 1500 mL for children 9 to 13 years of age.
- Excellent source of high-quality protein designed to meet the acceptable macronutrient distribution range of protein for children 1 to 13 years of age.
- Vitamin D, calcium and phosphorus for strong bones.
- Prebiotics designed to support digestive tract health¹⁻³ and antioxidants (vitamins C & E and selenium) to support the immune system.

- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{4,5}
- No artificial growth hormones.[†]
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Can; 24/case		
Vanilla	67374	70074-0673-75

* Caloric value is 1.5 Cal/mL compared to PediaSure® Enteral Formula 1.0 Cal at 1.0 Cal/mL.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Bornet FR, et al. *Nutr Rev*. 2002;60(11):326-334.

2 Tokunaga T, et al. *Bifidus*. 1993;6(2):143-150.

3 Hidaka H, et al. *Bifidobacteria Microflora*. 1986;5:37-50.

4 Lauritzen L, et al. *Prog Lipid Res*. 2001;40:1-94.

5 Krinsky NI, et al. *Annu Rev Nutr*. 2003;23:171-201.

PEDIASURE® 1.5 CAL WITH FIBER

Technical Data		Nutrition Information			
Vanilla		Vanilla	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.5	Protein, g	14	59	89
Protein, % Cal	16	Total Fat, g	16	68	101
Carbohydrate, % Cal	43	Saturated Fat, g	3.5	14	21
Fat, % Cal	41	Polysaturated Fat, g	5	20	30
Omega-6:Omega-3* MCT:LCT	10:1* 10:90	Monounsaturated Fat, g	7	30	45
Total Cal/g Nitrogen	158:1	Trans Fat, g	0	0	1
Nonprotein Cal/g Nitrogen	133:1	Cholesterol, mg	10	40	60
Osmolality, mOsm/kg H ₂ O	425	Total Carbohydrate, g	39	166	249
Renal Solute Load, mOsm/L	413 (PRSL)	Dietary Fiber, g	3	13	19
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	scFOS, g	1.7	7	10.8
		Total Sugars, g	3	11	17
		Added Sugars, g	3	10	15
		L-Carnitine, mg	4.0	17	25
		Taurine, mg	18	76	114
		Water, mL	185	780	1170
		Calories	350	1500	2250
		Vitamin A, mcg RAE	140	590	884
		Vitamin D, mcg	6.0	25	38
		Vitamin E, mg	3.0	13	19
		Vitamin K, mcg	18	76	114
		Vitamin C, mg	23	97	146
		Folate, mcg DFE	60	253	380
		Folic Acid, mcg	36	152	227
		Vit B1 (Thiamin), mg	0.3	1.3	2
		Vit B2 (Riboflavin), mg	0.33	1.4	2
		Vitamin B6, mg	0.34	1.4	2
		Vitamin B12, mcg	0.48	2.0	3.0
		Niacin, mg NE	3.2	14	20
		Choline, mg	80	338	507
		Biotin, mcg	8.0	34	51
		Pantothenic Acid, mg	1.3	5.5	8
		Inositol, mg	20	84	127
		Vanilla	8 fl oz	1 L	1.5 L
		Sodium, mg	90	380	570
		Sodium, mEq	3.9	16.5	25
		Potassium, mg	470	1980	2970
		Potassium, mEq	12.1	51	76
		Chloride, mg	230	970	1455
		Chloride, mEq	6.5	27	41
		Calcium, mg	330	1390	2085
		Calcium, mEq	16.5	70	104
		Phosphorus, mg	250	1050	1575
		Magnesium, mg	40	169	254
		Magnesium, mEq	3.3	14	21
		Iodine, mcg	23	97	146
		Manganese, mg	0.46	1.9	3
		Copper, mg	0.14	0.59	1
		Zinc, mg	1.7	7.2	11
		Iron, mg	2.7	11	17
		Selenium, mcg	8.0	34	51
		Chromium, mcg	9.0	38	57
		Molybdenum, mcg	9.0	38	57
		Free Water, %	78.2	78	78

PediaSure® 1.5 Cal with Fiber Ingredients

Vanilla

Water, Corn Maltodextrin, Blend of Vegetable Oils (High Oleic Safflower, Soy, Medium Chain Triglycerides), Milk Protein Concentrate, Soy Protein Isolate, Short-chain Fructooligosaccharides, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Carbonate, Potassium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Oat Fiber, Natural & Artificial Flavors, Soy Fiber, Cellulose Gel, Soy Lecithin, Tuna Oil†, Monoglycerides, Cellulose Gum, Potassium Hydroxide, Carrageenan, Inositol, Taurine, Sucralose, Salt, L-Carnitine, Lutein.

† Source of DHA.

Contains milk and soy ingredients.

* Product contains DHA (32 mg DHA/8 fl oz).

HCPSC Code B4160

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PediaSure® Enteral Formula 1.0 Cal

Complete, Balanced Nutrition®



Usage

PEDIASURE ENTERAL FORMULA 1.0 CAL is a source of complete, balanced nutrition especially designed for the tube feeding of children 1 to 13 years of age.

- May be used as the sole source of nutrition or as a supplement.
- Use under medical supervision.

Features

- 1.0 Cal/mL, 240 Cal/8 fl oz, from a balanced distribution of protein, fat, and carbohydrate.
- Provides 100% or more of the Dietary Reference Intakes (DRIs) for protein and 25 essential vitamins and minerals in 1000 mL for children 1 to 8 years of age, and in 1500 mL for children 9 to 13 years of age.
- Good source of antioxidants (vitamins C & E and selenium) to support the immune system.
- DHA omega-3* to help support brain and eye development.^{1,2}
- No artificial growth hormones.[†]
- Kosher, halal, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Can; 24/case

Vanilla 67401 70074-0674-02

* 32 mg DHA per 8-fl-oz serving.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

2 Kinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

PEDIASURE® ENTERAL FORMULA 1.0 CAL

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	7	30
Protein, % Cal	12	Total Fat, g	9	38
Carbohydrate, % Cal	54	Saturated Fat, g	2.5	11
Fat, % Cal	34	Trans Fat, g	0	0
Omega-6:Omega-3	8:1	Polysaturated Fat, g	2.5	11
MCT:LCT	15:85	Monounsaturated Fat, g	3.5	15
Total Cal/g Nitrogen	217:1	Cholesterol, mg	5	21
Nonprotein Cal/g Nitrogen	192:1	Total Carbohydrate, g	33	139
Osmolality, mOsm/kg H ₂ O	340	Dietary Fiber, g	<1	<1
Renal Solute Load, mOsm/L	263 PRSL	scFOS, g	0	0
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Total Sugars, g	7	30
		Added Sugars, g	7	30
		L-Carnitine, mg	4	17
		Taurine, mg	18	76
		Calories	240	1000
		Water, mL	200	844
		Vitamin A, mcg RAE	140	590
		Vitamin D, mcg	6	25
		Vitamin E, mg	3	13
		Vitamin K, mcg	18	76
		Vitamin C, mg	23	97
		Folate, mcg DFE	60	253
		Folic Acid, mcg	36	152
		Vit B1 (Thiamin), mg	0.3	1.3
		Vit B2 (Riboflavin), mg	0.33	1.4
		Vitamin B6, mg	0.34	1.4
		Vitamin B12, mcg	0.48	2
		Niacin, mg NE	3.2	14
		Choline, mg	80	338
		Biotin, mcg	8	34
		Pantothenic Acid, mg	1.3	5.5
		Inositol, mg	20	84

PediaSure® Enteral Formula 1.0 Cal Ingredients

Vanilla
Water, Corn Maltodextrin, Blend Of Vegetable Oils (High Oleic Safflower, Soy, Medium Chain Triglycerides), Milk Protein Concentrate, Sugar, Soy Protein Isolate; Less Than 0.5% Of: Vitamins And Minerals (Potassium Phosphate, Potassium Citrate, Calcium Carbonate, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12.), Natural And Artificial Flavors, Cellulose Gel, Tuna Oil*, Soy Lecithin, Monoglycerides, Carrageenan, Salt, Cellulose Gum, Potassium Hydroxide, Inositol, Taurine, L-Carnitine and Lutein.

* Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

HCPSC Code B4160

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PediaSure® Enteral Formula 1.0 Cal with Fiber

Complete, Balanced Nutrition®



Usage

PEDIASURE ENTERAL FORMULA 1.0 CAL WITH FIBER is a source of complete, balanced nutrition especially designed for tube feeding children 1 to 13 years of age.

- May be used as the sole source of nutrition or as a supplement.
- Use under medical supervision.

Features

- 1.0 Cal/mL, 240 Cal/8 fl oz, from a balanced distribution of protein, fat, and carbohydrate.
- Provides 100% or more of the Dietary Reference Intakes (DRIs) for protein and 25 essential vitamins and minerals in 1000 mL for children 1 to 8 years of age, and in 1500 mL for children 9 to 13 years of age.
- Vitamin D, calcium, and phosphorus for strong bones.
- DHA omega-3* to help support brain and eye development.^{1,2}
- Prebiotics designed to support digestive tract health³⁻⁵ and antioxidants (vitamins C & E and selenium) to support the immune system.

- No artificial growth hormones.[†]
- Kosher, halal, gluten-free.
- Suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List No.

NDC Format Code

— 33.8 fl oz (1 L) Ready to Hang Prefilled Container; 8/case

Vanilla 6740570074-0674-06

— 8.0-fl oz (237.0-mL) Can; 24/case

Vanilla 6740370074-0674-04

* 32 mg DHA per 8-fl-oz serving.

† Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

2 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

3 Bornet FR, et al. *Nutr Rev.* 2002;60:326-334.

4 Tokunaga T, et al. *Bifidus.* 1993;6:143-150.

5 Hidaka H, et al. *Bifidobacteria Microflora.* 1986;5:37-50.

PEDIASURE® ENTERAL FORMULA 1.0 CAL WITH FIBER

Technical Data		Nutrition Information			
Vanilla		Vanilla	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.0	Protein, g	7	30	44
Protein, % Cal	12	Total Fat, g	9	38	57
Carbohydrate, % Cal	54	Saturated Fat, g	2.5	11	16
Fat, % Cal	34	Trans Fat, g	0	0	0
Omega-6:Omega-3	8.5:1	Polyunsaturated Fat, g	2.5	11	16
MCT:LCT	15:85	Monounsaturated Fat, g	3.5	15	22
Total Cal/g Nitrogen	217:1	Cholesterol, mg	5	21	32
Nonprotein Cal/g Nitrogen	192:1	Total Carbohydrate, g	34	143	215
Osmolality, mOsm/kg H ₂ O	400	Dietary Fiber, g	3	13	19
Potential Renal Solute Load, mOsm/L	263	scFOS, g	1.7	7	10.8
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Total Sugars, g	7	30	44
		Added Sugars, g	7	30	44
		L-Carnitine, mg	4	16.9	25
		Taurine, mg	18	76	114
		Water, g	200	843	1266
		Calories	240	1000	1500
		Vitamin A, mcg RAE	140	590	885
		Vitamin D, mcg	6	25	38
		Vitamin E, mg	3	13	19
		Vitamin K, mcg	18	76	114
		Vitamin C, mg	23	97	146
		Folate, mcg DFE	60	253	380
		Folic Acid, mcg	36	152	227
		Vit B1 (Thiamin), mg	0.30	1.3	1.9
		Vit B2 (Riboflavin), mg	0.33	1.4	2.1
		Vitamin B6, mg	0.34	1.4	2.2
		Vitamin B12, mcg	0.48	2	3
		Niacin, mg NE	3.2	14	20
		Choline, mg	80	338	506
		Biotin, mcg	8	34	51
		Pantothenic Acid, mg	1.3	5.5	8.2
		Inositol, mg	20	84	127

PediaSure® Enteral Formula 1.0 Cal With Fiber

Ingredients

Vanilla

Water, Corn Maltodextrin, Blend Of Vegetable Oils (High Oleic Safflower, Soy, Medium Chain Triglycerides), Milk Protein Concentrate, Sugar, Soy Protein Isolate, Short-Chain Fructooligosaccharides; Less Than 0.5% Of: Vitamins And Minerals (Potassium Phosphate, Calcium Carbonate, Potassium Chloride, Potassium Citrate, Calcium Phosphate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Magnesium Phosphate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Oat Fiber, Soy Fiber, Natural And Artificial Flavors, Gum Arabic, Cellulose Gel, Tuna Oil*, Cellulose Gum, Soy Lecithin, Monoglycerides, Carrageenan, Salt, Potassium Hydroxide, Inositol, Taurine, L-Carnitine and Lutein.

* Source of DHA.

Contains milk and soy ingredients.

HCPCS Code B4160

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PediaSure® Grow & Gain Therapeutic Nutrition Shake

Complete, Balanced Nutrition®



Usage

PEDIASURE GROW & GAIN THERAPEUTIC NUTRITION is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age.

- May be used as the sole source of nutrition or as a supplement.
- For oral or tube feeding.
- Use under medical supervision.

Features

- Clinically proven* to help kids grow.¹⁻⁶
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Calcium, vitamin D, and phosphorus for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{7,8}

- PediaSure is the #1 pediatrician-recommended brand.
- No artificial growth hormones.[†]
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability (See page 180 for retail list numbers.)

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	67533	70074-0675-34
Chocolate	67535	70074-0675-36
Strawberry	67537	70074-0675-38
— 8.0-fl oz (237.0-mL) Can; 24/case		
Vanilla	67522	70074-0671-85
Chocolate	67523	70074-0675-24
Strawberry	67525	70074-0675-26
Banana	67527	70074-0675-28

* Studied in children at risk for malnutrition, 2 servings per day.

† Milk ingredients are derived from milk of non-rBST-treated cows, which is not different from milk of rBST-treated cows.

1 Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

2 Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

3 Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

4 Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

5 Ramstack M, et al. *JPEN J Parenter Enteral Nutr.* 1991;15:89-92.

6 Huynh DT, et al. *J Am Hum Nutr Diet.* 2015;28:623-635.

7 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

8 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

PEDIASURE® GROW & GAIN THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information					
Vanilla		Vanilla	8 fl oz	1 L	Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	7	30	Sodium, mEq	3.9	16.5
Protein, % Cal	12	Total Fat, g	9	38	Potassium, mg	470	1983
Carbohydrate, % Cal	54	Saturated Fat, g	1.5	10	Potassium, mEq	12.1	51
Fat, % Cal	34	Polyunsaturated Fat, g	3.5	11	Chloride, mg	230	970
Omega-6:Omega-3*	7:1	Monounsaturated Fat, g	3.5	15	Chloride, mEq	6.5	27
Total Cal/g Nitrogen	217:1	Trans Fat, g	0	0	Calcium, mg	330	1392
Nonprotein Cal/g Nitrogen	192:1	Cholesterol, mg	5 (10 Choc. bottle)	20	Calcium, mEq	16.5	70
Osmolality, mOsm/kg H2O	460	Total Carbohydrate, g	33	139	Phosphorus, mg	250	1055
Renal Solute Load, mOsm/L	286	Dietary Fiber, g	<1 (1 Choc. bottle)	1	Magnesium, mg	40	169
		Total Sugars, g	9	38	Magnesium, mEq	3.3	14
		Added Sugars, g	9 (bottles; 8 cans)	38	Iodine, mcg	23	97
		L-Carnitine, mg	4.0	17	Manganese, mg	0.46	1.9
		Taurine, mg	18	76	Copper, mg	0.14	0.59
		Water, mL	200	844	Zinc, mg	1.7	7.2
		Calories	240	1000	Iron, mg	2.7	11
		Vitamin A, mcg RAE	140	590	Selenium, mcg	8	34
		Vitamin D, mcg	6.0	25	Chromium, mcg	9 (12 Choc.)	38
		Vitamin E, mg	3.0	13	Molybdenum, mcg	9	38
		Vitamin K, mcg	18	76			
		Vitamin C, mg	23	97			
		Folate, mcg DFE	60	253			
		Folic Acid, mcg	36	152			
		Vit B1 (Thiamin), mg	0.30	1.3			
		Vit B2 (Riboflavin), mg	0.33	1.4			
		Vitamin B6, mg	0.34	1.4			
		Vitamin B12, mcg	0.48	2			
		Niacin, mg NE	3.2	14			
		Choline, mg	80	338			
		Biotin, mcg	8	34			
		Pantothenic Acid, mg	1.3	5.5			
		Inositol, mg	20	84			
		Sodium, mg	90	380			

* Product contains DHA (32 mg DHA/8 fl oz).

PediaSure® Grow & Gain Therapeutic Nutrition Shake

Ingredients

Vanilla

Water, Corn Maltodextrin, Blend of Vegetable Oils (Soy, High Oleic Safflower), Sugar, Milk Protein Concentrate, Soy Protein Isolate, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Calcium Phosphate, Potassium Chloride, Magnesium Phosphate, Potassium Phosphate, Calcium Carbonate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menaquinone-7), Natural & Artificial Flavor, Cellulose Gel, Tuna Oil[†], Cellulose Gum, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Inositol, Salt, Taurine, Stevia Leaf Extract, L-Carnitine, Lutein

[†] Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

HCPSC Code B4160

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PediaSure® Grow & Gain with Fiber Therapeutic Nutrition Shake

Complete, Balanced Nutrition®



Usage

PEDIASURE GROW & GAIN WITH FIBER THERAPEUTIC NUTRITION is a source of complete, balanced nutrition especially designed for children 1 to 13 years of age.

- May be used as the sole source of nutrition or as a supplement.
- For oral or tube feeding.
- Use under medical supervision.

Features

- Clinically proven* to help kids grow.¹⁻⁶
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Fiber† to help maintain regularity—3 g of dietary fiber/8 fl oz, including 1.2 g from soy fiber and 1.8 g from scFOS.

- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{7,8}
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- PediaSure is the #1 pediatrician-recommended brand.
- No artificial growth hormones.‡
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability (See page 180 for retail list numbers.)

	List No.	NDC Format Code
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	67531	70074-0675-32
— 8.0-fl oz (237.0-mL) Can; 24/case		
Vanilla	67529	70074-0675-30

* Studied in children at risk for malnutrition, 2 servings per day.

† Contains 9 g of total fat per serving.

‡ Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

2 Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

3 Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

4 Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

5 Ramstack M, et al. *JPEN J Parenter Enteral Nutr.* 1991;15:89-92.

6 Huynh DT, et al. *J Am Hum Nutr Diet.* 2015;28:623-635.

7 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

8 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

PEDIASURE® GROW & GAIN WITH FIBER THERAPEUTIC NUTRITION SHAKE

Technical Data		Nutrition Information			
Vanilla		Vanilla	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.0	Protein, g	7	30	44
Protein, % Cal	12	Total Fat, g	9	38	57
Carbohydrate, % Cal	54	Saturated Fat, g	1	4	6
Fat, % Cal	34	Polyunsaturated Fat, g	2	8.4	12.7
Omega-6:Omega-3*	4.3:1*	Monounsaturated Fat, g	6	25.3	38
Total Cal/g Nitrogen	212:1	Trans Fat, g	0	0	0
Nonprotein Cal/g Nitrogen	186:1	Cholesterol, mg	5	20	30
Osmolality, mOsm/kg H ₂ O	480	Total Carbohydrate, g	33	139	209
Renal Solute Load, mOsm/L	286 (PRSL)	Dietary Fiber, g	3 [†]	13	19
		scFOS, g	1.8	7.6	11.4
		Total Sugars, g	18	76	114
		Added Sugars, g	18	75	112
		L-Carnitine, mg	4	17	25
		Taurine, mg	18	76	114
		Water, mL	200	845	1266
		Calories	240	1000	1500
		Vitamin A, mcg RAE	140	590	886
		Vitamin D, mcg	6.0	25	38
		Vitamin E, mg	3.0	13	19
		Vitamin K, mcg	18	76	114
		Vitamin C, mg	23	97	146
		Folate, mcg DFE	60	253	380
		Folic Acid, mcg	36	152	227
		Vit B1 (Thiamin), mg	0.30	1.3	1.9
		Vit B2 (Riboflavin), mg	0.33	1.4	2.1
		Vitamin B6, mg	0.34	1.4	2.1
		Vitamin B12, mcg	0.48	2.0	3.0
		Niacin, mg NE	3.2	14	20
		Choline, mg	80	338	506
		Biotin, mcg	8.0	34	50
		Pantothenic Acid, mg	1.3	5.5	8.2
		Inositol, mg	20	84	126

* Product contains DHA (32 mg DHA/8 fl oz).

† Includes 1.8 g from short-chain fructooligosaccharides.

PediaSure® Grow & Gain with Fiber Therapeutic Nutrition Shake

Ingredients

Vanilla

Water, Corn Maltodextrin, Sugar, Blend of Vegetable Oils (Soy, High Oleic Safflower), Milk Protein Concentrate, Short-chain Fructooligosaccharides, Soy Protein Isolate, Soy Fiber, Less than 0.5% of: Vitamins & Minerals (Potassium Phosphate, Calcium Carbonate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Calcium Phosphate, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12, Menquinone-7), Natural & Artificial Flavors, Tuna Oil[†], Salt, Monoglycerides, Soy Lecithin, Carrageenan, Potassium Hydroxide, Inositol, Taurine, Stevia Leaf Extract, L-Carnitine, Lutein

† Source of DHA.

Contains milk and soy ingredients.

HCPSC Code B4160

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PediaSure® Grow & Gain Shake Mix

AVAILABLE AT RETAIL ONLY



Usage

PEDIASURE GROW & GAIN SHAKE MIX is a source of nutrition for growth and has nutrients for immune support.

- Formulated for oral feeding; may also be tube fed.

Features

- Clinically proven* to help kids grow.¹⁻⁶
- Non-GMO.[†]
- No artificial growth hormones.[‡]
- PediaSure is the #1 pediatrician-recommended brand.
- 6 g protein and 23 vitamins and minerals.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Use according to package directions.
- Consult your health care professional for use with children under 2 years of age.
- **Not intended for sole-source nutrition;** may be used as a supplement.
- Not for children with galactosemia.

Availability

	List No.	NDC Format Code
— 14.1-oz (400.0-g) Can; 6/case		
Vanilla	66959	70074-0669-54
Chocolate	66960	70074-0669-56
Strawberry	66961	70074-0669-58

* Studied in children at risk for malnutrition, 2 servings daily.

† Ingredients not genetically engineered.

‡ Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Akram DS, et al. *J Pak Med Assoc.* 2000;50:377-380.

2 Alarcon PA, et al. *Clin Pediatr.* 2003;42:209-217.

3 Fisberg M, et al. *Int Pediatr.* 2002;17:216-222.

4 Morales E, et al. *J Am Diet Assoc.* 1991;91:1233-1238.

5 Ramstack M, et al. *JPEN J Parenter Enteral Nutr.* 1991;15:89-92.

6 Huynh DT, et al. *J Am Hum Nutr Diet.* 2015;28:623-635.

PEDIASURE® GROW & GAIN SHAKE MIX

Technical Data			Nutrition Information		
Vanilla			1/3 Cup (49 g powder)	%DV†	
Caloric Density, Cal/mL	1.0*		Protein, g	6	12
Protein, % Cal	11		Total Fat, g	9	12
Carbohydrate, % Cal	52		Saturated Fat, g	2	10
Fat, % Cal	37		Polysaturated Fat, g	2	
Omega-6:Omega-3	6:2:1		Monounsaturated Fat, g	4.5	
MCT:LCT	10:90		Trans Fat, g	0	
Nonprotein Cal/g	183:1		Cholesterol, mg	10	3
Nitrogen	(180:1 Choc.)		Total Carbohydrate, g	29	11
Total Cal/g Nitrogen	208:1		Dietary Fiber, g	<1 (1 Choc.)	3 (4 Choc.)
	(205:1 Choc.)		Total Sugars, g	9	
Osmolality, mOsm/kg H2O	417		Added Sugars, g	8	16
	(420 Choc.)		Calories	220	
Renal Solute Load, mOsm/L	291		Vitamin A, mcg RAE	110	10
	(295 Choc.)		Beta-Carotene, mcg	0	
			Vitamin D, mcg	3.6	20
			Vitamin E, mg	1.5	10
			Vitamin K, mcg	11	8
			Vitamin C, mg	18	20
			Folate, mcg DFE	75	20
			Folic Acid, mcg	45	
			Sodium, mg	130 (120 Choc.)	6 (5 Choc.)
			Potassium, mg	280 (330 Choc.)	6 (8 Choc.)
			Calcium, mg	180	15
			Iron, mg	2.5 (2.7 Choc.)	15
			Vit B1 (Thiamin), mg	0.54	45
			Vit B2 (Riboflavin), mg	0.38 (0.39 Choc.)	30
			Vitamin B6, mg	0.47	25
			Vitamin B12, mcg	0.54	20
			Niacin, mg NE	2.7	15
			Choline, mg	60	10
			Biotin, mcg	4	10
			Pantothenic Acid, mg	1.3	25

PediaSure® Grow & Gain Shake Mix Ingredients

Vanilla

Corn Syrup, Blend of Vegetable Oils (High Oleic Sunflower, Canola, Corn), Corn Maltodextrin, Sugar, Milk Protein Concentrate, Soy Protein Isolate, Short-chain Fructooligosaccharides, Less than 2% of: Vitamin & Minerals (Potassium Phosphate, Potassium Citrate, Sodium Citrate, Calcium Phosphate, Potassium Chloride, Magnesium Chloride, Calcium Carbonate, Magnesium Phosphate, Choline Chloride, Potassium Hydroxide, Ascorbyl Palmitate, Ascorbic Acid, Ferrous Sulfate, Mixed Tocopherols, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Thiamine Hydrochloride, Manganese Sulfate, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenite, Phylloquinone, Sodium Molybdate, Biotin, Vitamin D3, Menquinone-7, Vitamin B12), Medium Chain Triglycerides, Natural and Artificial Flavors, Salt, Soy Lecithin, Taurine, Inositol, Schizochytrium Sp. Oil, L-Carnitine Tartrate

Contains milk and soy ingredients.

* Prepared as directed.

† The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

PediaSure® Peptide 1.0 Cal

Peptide-Based Nutrition



Usage

PEDIASURE PEPTIDE 1.0 CAL is a nutritionally complete, peptide-based formula for the nutritional needs of children 1 to 13 years of age with malabsorption, maldigestion, and other GI conditions.

- For oral or tube feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Complete, Balanced Nutrition®.
- Nutrient blend designed to help support tolerance and absorption:
 - Prebiotics from scFOS.
 - 60% MCT & structured lipids.
 - Hydrolyzed, whey-dominant protein.
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1-8 years of age in 1000 Cal (1000 mL), and for children 9-13 years of age in 1500 Cal (1500 mL).
- Antioxidants (vitamins C & E and selenium) to support the immune system.

- Vitamin D (25 mcg/L, 1000 IU/L) and calcium for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{1,2}
- No artificial growth hormones.*
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

	List No.	NDC Format Code
— 1.1-QT (1.0-L) Ready to Hang Prefilled Container; 8/case		
Unflavored.....	67415.....	70074-0674-16
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla.....	67407.....	70074-0674-10
Strawberry.....	67411.....	70074-0674-12
Chocolate.....	67073.....	70074-0670-74
Unflavored.....	67413.....	70074-0674-14

* Milk ingredients are derived from milk of non-rBST-treated cows, which is not different from milk of rBST-treated cows.

1 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

2 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

PEDIASURE® PEPTIDE 1.0 CAL

Technical Data		Nutrition Information			
Unflavored		Unflavored	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	1.0	Protein, g	7	30	45
Protein, % Cal	12	Total Fat, g	9.6	41	61
Carbohydrate, % Cal	53	Saturated Fat, g	5	21	31
Fat, % Cal	35	Polyunsaturated Fat, g	0.5 (1.1 Choc.)	2	3
Omega-6:Omega-3	2.66:1	Monounsaturated Fat, g	1.5 (2.3 Choc.)	6	9
MCT:LCT	60:40	Trans Fat, g	0	0	0
Total Cal/g Nitrogen	216:1	Cholesterol, mg	10	40	60
Nonprotein Cal/g Nitrogen	190:1	Total Carbohydrate, g	31.7	134	201
Osmolality, mOsm/kg H ₂ O	290 (390	Dietary Fiber, g	0.7 (1.4 Choc.)	3	5
Van.,		scFOS, g	0.7	3	4
Str.)		Total Sugars, g	1*	5†	8‡
		Added Sugars, g	1*	5†	8‡
Renal Solute Load, mOsm/L	279	L-Carnitine, mg	4	17	25
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Taurine, mg	30	127	190
		Water, mL	201	845	1268
		Calories	237	1000	1500
		Vitamin A, mcg RAE	140	570	854
		Vitamin D, mcg	5.9	25	37.5
		Vitamin E, mg	2.5	10.4	15.5
		Vitamin K, mcg	16	68	101
		Vitamin C, mg	24	101	152
		Folate, mcg DFE	120	500	750
		Folic Acid, mcg	71	300	450
		Vit B1 (Thiamin), mg	0.60	2.5	3.8
		Vit B2 (Riboflavin), mg	0.5	2.1	3.2
		Vitamin B6, mg	0.6	2.5	3.8
		Vitamin B12, mcg	1.4	5.9	8.9
		Niacin, mg NE	5.2	21.9	32.8
		Choline, mg	80	340	510
		Biotin, mcg	20	84	127
		Pantothenic Acid, mg	2.4	10.1	15.2
		Inositol, mg	32	135	203

* (7 Van., Str.).

† (30 Van., Str.).

‡ (45 Van., Str.).

PediaSure® Peptide 1.0 Cal

Ingredients

Unflavored

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Medium-Chain Triglycerides, Hydrolyzed Sodium Caseinate, Less than 0.5% of the Following: Vitamins & Minerals (Calcium Phosphate, Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Ascorbic Acid, Choline Chloride, Sodium Citrate, Ferrous Sulfate, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Copper Sulfate, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Biotin, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Phylloquinone, Vitamin D3, Vitamin B12), Short-chain Fructooligosaccharides, Canola Oil, Cellulose Gel, Soy Lecithin, Tuna Oil‡, Cellulose Gum, Carrageenan, Inositol, Potassium Hydroxide, Taurine, L-Carnitine, Lutein

§ Source of docosahexaenoic acid (DHA).

Contains milk and soy ingredients.

HCPSC Code B4161

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PediaSure® Peptide 1.5 Cal

Peptide-Based Nutrition



Usage

PEDIASURE PEPTIDE 1.5 CAL is a nutritionally complete, peptide-based formula for the nutritional needs of children 1 to 13 years of age with malabsorption, maldigestion, and other GI conditions. It is designed to meet the nutritional and caloric needs of kids who require higher caloric density, have fluid restrictions, and are at risk for malnutrition.

- For oral or tube feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Complete, Balanced Nutrition®.
- Nutrition to support growth and development.
- Nutrient blend designed to help support tolerance and absorption:
 - Prebiotics from scFOS.
 - 60% MCT & structured lipids.
 - Hydrolyzed, whey-dominant protein.
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals for children 1 to 8 years of age in 1000 Cal (667 mL) and for children 9 to 13 years of age in 1500 Cal (1000 mL).

- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Vitamin D (25 mcg/L, 1000 IU/L) and calcium for strong bones.
- DHA (32 mg per 8 fl oz) and lutein to support the brain and eyes.^{1,2}
- No artificial growth hormones.*
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Vanilla	67419	70074-0674-20
— 8.0-fl oz (237.0-mL) Bottle; 24/case		
Vanilla	67417	70074-0674-18

* Milk ingredients are derived from milk of non-rbST-treated cows, which is not different from milk of rbST-treated cows.

1 Lauritzen L, et al. *Prog Lipid Res.* 2001;40:1-94.

2 Krinsky NI, et al. *Annu Rev Nutr.* 2003;23:171-201.

PediaSure® Reduced Calorie*

Complete, Balanced Nutrition® for
Children with Lower Calorie Needs



Usage

PEDIASURE REDUCED CALORIE has all the nutrients of PediaSure® Grow & Gain with 37% fewer calories and 40% less fat.*

- For oral use for children requiring a lower calorie supplement.
- For tube feeding for children requiring a lower calorie complete feeding.
- Use under medical supervision.

Features

- No artificial growth hormones.†
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals
 - in 633 Cal (1000 mL) for children 1 to 8 years of age.
 - in 949 Cal (1500 mL) for children 9 to 13 years of age.
- Antioxidants (vitamins C & E and selenium) to support the immune system.
- Prebiotic fiber‡ for digestive health.
- Kid-approved taste.
- PediaSure is the #1 pediatrician-recommended brand.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not intended for infants under 1 year of age unless specified by a physician.
- Not for IV use.
- Not for children with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Bottle; 24/case

Vanilla 67612 70074-0676-13

* PediaSure Reduced Calorie- 150 Cal and 5 g fat per 237 mL; PediaSure Grow & Gain - 240 Cal and 9 g fat per 237 mL.

† No significant difference has been shown between milk derived from rBST-treated and non-rBST-treated cows.

‡ Contains 5 g total fat per serving.

Technical Data		Nutrition Information							
Vanilla		Vanilla	8 fl oz	1 L	1.5 L	Vanilla	8 fl oz	1 L	1.5 L
Caloric Density, Cal/mL	0.63	Protein, g	7	30	44	Sodium, mg	90	380	570
Protein, % Cal	19	Total Fat, g	5	21	32	Sodium, mEq	3.9	16.5	24.7
Carbohydrate, % Cal	51	Saturated Fat, g	1	4	6	Potassium, mg	470	1980	2970
Fat, % Cal	30	Polysaturated Fat, g	3	13	20	Potassium, mEq	12.1	51	76
Omega-6:Omega-3	7.5:1	Monounsaturated Fat, g	1	4	6	Chloride, mg	230	970	1450
MCT:LCT	0:100	Trans Fat, g	0	0	0	Chloride, mEq	6.5	27	41
Total Cal:g Nitrogen	216:1	Cholesterol, mg	<5	20	30	Calcium, mg	330	1390	2080
Nonprotein Cal:g Nitrogen	190:1	Total Carbohydrate, g	21	89	133	Calcium, mEq	16.5	69.5	104
Osmolality, mOsm/kg H2O	390	Dietary Fiber, g	3	13	19	Phosphorus, mg	250	1050	1580
Renal Solute Load, mOsm/L	279	scFOS, g	2.4	10	15	Magnesium, mg	40	169	253
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Total Sugars, g	17	72	108	Magnesium, mEq	3.3	14	21
		Added Sugars, g	17	72	108	Iodine, mcg	23	97	145
		L-Carnitine, mg	4.0	17	25	Manganese, mg	0.46	1.9	2.9
		Taurine, mg	18	76	114	Copper, mg	0.14	0.59	0.89
		Water, mL	211	895	1342	Zinc, mg	1.7	7.2	10.8
		Calories	150	633	949	Iron, mg	2.7	11	17
		Vitamin A, mcg RAE	140	590	886	Selenium, mcg	8	34	51
		Vitamin D, mcg	6.0	25	38	Chromium, mcg	9	38	57
		Vitamin E, mg	3.0	13	19	Molybdenum, mcg	9	38	57
		Vitamin K, mcg	18	76	114	Free Water	89.2	89	89.2
		Vitamin C, mg	23	97	146				
		Folate, mcg DFE	60	253	380				
		Folic Acid, mcg	36	152	227				
		Vit B1 (Thiamin), mg	0.30	1.3	1.9				
		Vit B2 (Riboflavin), mg	0.33	1.4	2.1				
		Vitamin B6, mg	0.34	1.4	2.1				
		Vitamin B12, mcg	0.48	2	3				
		Niacin, mg NE	3.2	14	20				
		Choline, mg	80	338	506				
		Biotin, mcg	8.0	34	50				
		Pantothenic Acid, mg	1.3	5.5	8.2				
		Inositol, mg	20	84	126				

Water, Sugar, Milk Protein Concentrate, Soy Oil, Short-chain Fructooligosaccharides, Soy Protein Isolate, Less than 0.5% of: Vitamins & Minerals (Potassium Citrate, Calcium Phosphate, Magnesium Phosphate, Potassium Chloride, Potassium Phosphate, Calcium Carbonate, Ascorbic Acid, Choline Chloride, Ferrous Sulfate, dl- α -Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Cellulose Gel, Whey Protein Concentrate, Natural & Artificial Flavor, Salt, Cellulose Gum, Carrageenan, Monoglycerides, Soy Lecithin, Potassium Hydroxide, Inositol, Taurine, L-Carnitine

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PediaSure SideKicks® Shake

AVAILABLE AT RETAIL ONLY



Usage

PEDIASURE SIDEKICKS has balanced nutrition to help fill gaps, has 10g of protein, and 25% fewer* calories.

Features

- With 10 g protein and 25% fewer* calories than PediaSure® Grow & Gain.
- Helps fill the top 4 nutrient gaps—vitamin D, calcium, fiber, and potassium.
- Available in 2 kid-approved flavors: Chocolate and Vanilla.
- PediaSure is the #1 pediatrician-recommended brand.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Consult your health care professional for use with children under 2 years of age.
- Not for children with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Bottle; 24/case

Vanilla 66912 70074-0669-13

Chocolate 66639 70074-0666-40

PEDIASURE SIDEKICKS® SHAKE

Technical Data			Nutrition Information		
Vanilla			Vanilla	8 fl oz	%DV*
Caloric Density, Cal/mL	0.76		Protein, g	10	20
Protein, % Cal	22		Total Fat, g	6	8
Carbohydrate, % Cal	48		Saturated Fat, g	1	5
Fat, % Cal	30		Polyunsaturated Fat, g	2.5	
Omega-6:Omega-3	5:1:1		Monounsaturated Fat, g	2.5	
Total Cal:g Nitrogen	114:1		Trans Fat, g	0	
Nonprotein Cal:g Nitrogen	89:1		Cholesterol, mg	10	3
Osmolality, mOsm/kg H ₂ O	415		Total Carbohydrate, g	23	8
Potential Renal Solute Load, mOsm/L	358		Dietary Fiber, g	3	11
			Total Sugars, g	12	
			Added Sugars, g	11	22
			Calories	180	
			Vitamin A, mcg RAE	140	15
			Vitamin D, mcg	6	30
			Vitamin E, mg	3	20
			Vitamin K, mcg	18	15
			Vitamin C, mg	23	25
			Folate, mcg DFE	60	15
			Folic Acid, mcg	36	
			Vit B1 (Thiamin), mg	0.3	25
			Vit B2 (Riboflavin), mg	0.33	25
			Vitamin B6, mg	0.34	20
			Vitamin B12, mcg	0.48	20
			Niacin, mg NE	3.2	20
			Choline, mg	80	15
			Biotin, mcg	8	25
			Pantothenic Acid, mg	1.3	25
			Potassium, mg	470	10
			Chloride, mg	230	10
			Calcium, mg	330	25
			Phosphorus, mg	250	20
			Magnesium, mg	40	10

PediaSure SideKicks® Shake Ingredients

Vanilla
 Water, Sugar, Milk Protein Concentrate, Corn Maltodextrin, Blend Of Vegetable Oils (Canola, Corn, Soy), Short-chain Fructooligosaccharides, Soy Protein Isolate; Less Than 0.5% Of: Vitamins And Minerals: Potassium Citrate, Potassium Chloride, Magnesium Phosphate, Calcium Phosphate, Calcium Carbonate, Potassium Phosphate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Ferrous Sulfate, Di-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A, Palmitate, Riboflavin, Copper Sulfate, Folic Acid, Chromium Chloride, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12), Nonfat Milk, Cellulose Gel, Natural and Artificial Flavors, Soy Lecithin, Cellulose Gum, Salt, Carrageenan, Inositol, Taurine, Stevia Leaf Extract, And L-carnitine

Contains milk and soy ingredients.

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

HCPSC Code B4158

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Pivot® 1.5 Cal

Peptide-Based, High Protein,
Therapeutic Nutrition
for Metabolic Stress



Usage

PIVOT 1.5 CAL is peptide-based complete, balanced therapeutic nutrition for short- or long-term tube feeding for metabolically stressed surgical, trauma, burn, or head and neck cancer patients who could benefit from an immune-modulating enteral formula.

- For tube feeding.
- For sole-source or supplemental nutrition.
- Use under medical supervision.

Features

- Provides very high protein (93.8 g/L, 25% of calories) to support protein synthesis, tissue repair and wound healing.^{1,2}
- Provides 1.5 Cal/mL—concentrated calories for fluid-restricted patients.
- Immune support:
 - L-Arginine (13 g/L, 3.5% of calories) to support proliferation and function of immune cells.²
 - L-Glutamine (inherent) (7.6 g/L) for GI-tract integrity and energy for immune cells.^{3,4}
 - Omega-3 fatty acids (EPA, 2.6 g/L; DHA, 1.1 g/L) to help modulate inflammation and support immune function.^{5,6}
- Tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotics (scFOS) to promote absorption and tolerance.

- Hydrolyzed, peptide-based protein system.
- MCT/fish oil structured lipid, a well-tolerated^{7,8} and absorbed⁸ next-generation fat to promote absorption of fatty acids.
- 1.8 g of scFOS/8 fl oz (7.5 g/L). scFOS are prebiotic soluble fibers that stimulate the growth of beneficial bacteria in the colon.⁹
- Elevated antioxidants vitamins C and E, selenium and beta carotene to help reduce tissue and cell damage due to oxidative stress.^{10,11}
- 1950 Calories (1300 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Unflavored	62719	70074-0627-20
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Unflavored	65007	70074-0650-06

1 Demling RH. *Eplasty*. 2009;9:65-94.

2 Weitzel LR, et al. *Curr Opin Anaesthesiol*. 2009;22(2):177-183.

3 Rao RK, et al. *J Epithel Biol Pharmacol*. 2012;5(Suppl 1-M7):47-54.

4 Cruzat V, et al. *Nutrients*. 2018;10(11):1564-1594.

5 Calder PC. *Prostaglandins Leukot Essent Fatty Acids*. 2008;79(3-5):101-108.

6 Calder PC. *Clin Nutr*. 2010;29(1):5-12.

7 Kenler AS, et al. *Ann Surg*. 1996;223(3):316-333.

8 McKenna MC, et al. *J Pediatr Gastroenterol Nutr*. 1985;4(1):45-51.

9 Robertfroid, M. et al. *British Journal of Nutrition* 2010;104:S1-S63.

10 Institute of Medicine (US) Panel on Dietary Antioxidants and Related Compounds. *Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids*. Washington (DC): National Academies Press (US);2000.

11 Sies H. *Redox Biol*. 2015;4:180-183.

Technical Data		Nutrition Information		
Unflavored		Unflavored	8 fl oz	1 L
Caloric Density, Cal/mL	1.5	Protein, g	22.2	93.8
Protein, % Cal	25	Total Fat, g	12	51
Carbohydrate, % Cal	45	Total Carbohydrate, g	40.9	172.4
Fat, % Cal	30	Dietary Fiber, g	1.8	7.5
Omega-6:Omega-3	17:1	scFOS, g	1.8	7.5
MCT:LCT	20:80	Total Sugars, g	4	17
Total Cal/g Nitrogen	90:1	Added Sugars, g	4	17
Nonprotein Cal/g Nitrogen	68:1	L-Carnitine, mg	36	150
Osmolality, mOsm/kg H ₂ O	660	Taurine, mg	36	150
Renal Solute Load, mOsm/L	695	Water, mL	178	750
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	355	1500
		Vitamin A, mcg RAE	427*	1800†
		Beta-Carotene, mg	0.7	3
		Vitamin D, mcg	6.6	27.8
		Vitamin E, mg	6.4	27
		Vitamin K, mcg	30	126
		Vitamin C, mg	72	304
		Folate, mcg DFE	145	610
		Folic Acid, mcg	87	366
		Vit B1 (Thiamin), mg	0.47	1.98
		Vit B2 (Riboflavin), mg	0.50	2.11
		Vitamin B6, mg	0.55	2.32
		Vitamin B12, mcg	1.2	5.1
		Niacin, mg NE	6.0	25.3
		Choline, mg	180	760
		Biotin, mcg	71	30
		Pantothenic Acid, mg	2.1	8.9
		Sodium, mg	350	1475
		Sodium, mEq	15.2	64.1
		Potassium, mg	470	1983
		Potassium, mEq	12.1	50.8
		Chloride, mg	380	1603
		Unflavored	8 fl oz	1 L
		Chloride, mEq	10.7	45.3
		Calcium, mg	240	1013
		Calcium, mEq	12	50.7
		Phosphorus, mg	230	969
		Phosphorus, mmol	7.42	31.3
		Magnesium, mg	100	421
		Magnesium, mEq	8.2	34.7
		Iodine, mcg	40	169
		Manganese, mg	1.2	5.1
		Copper, mg	0.52	2.19
		Zinc, mg	7.3	30.8
		Iron, mg	5.6	23.6
		Selenium, mcg	19	78
		Chromium, mcg	25	105
		Molybdenum, mcg	40	168
		L-Arginine, g	3	13
		L-Glutamine, g	1.8	7.6

Pivot® 1.5 Cal

Ingredients

Unflavored

Water, Corn Syrup Solids, Hydrolyzed Sodium Caseinate, Whey Protein Hydrolysate, Structured Lipid (Interesterified Marine Oil [Contains One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna] and Medium Chain Triglycerides), Soy Oil, Canola Oil, L-Arginine, Short-chain Fructooligosaccharides, Less than 0.5% of: Potassium Citrate, Citric Acid, Calcium Phosphate, Magnesium Chloride, Soy Lecithin, Magnesium Phosphate, Choline Chloride, Natural & Artificial Flavor, Ascorbic Acid, Cellulose Gel, Potassium Chloride, Carrageenan, Potassium Hydroxide, Taurine, L-Carnitine, Cellulose Gum, Zinc Sulfate, Ferrous Sulfate, d-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Beta-Carotene, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

* 283 mcg RAE of vitamin A activity supplied by 0.70 mg of beta-carotene.

† 1195 mcg RAE of vitamin A activity supplied by 3 mg of beta-carotene.

HCPSC Code B4153

Promote®

Complete, Balanced High-Protein Nutrition



Usage

PROMOTE is a complete, balanced, high-protein formula for patients who need a higher proportion of calories from protein.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- High in protein (25% of Cal, 15 g/8 fl oz). Protein is needed for lean body tissue maintenance and repair.
- 1500 Calories (1500 mL) provide at least 100% of the RDIs for 26 essential vitamins and minerals.
- 1.0 Cal/mL.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case

Vanilla 62701 70074-0627-02

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Vanilla 64834 70074-0648-33

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	15	63
Protein, % Cal	25	Total Fat, g	6	26
Carbohydrate, % Cal	52	Total Carbohydrate, g	31	130
Fat, % Cal	23	Dietary Fiber, g	0	0
Omega-6:Omega-3	9.8:1	Total Sugars, g	5	20
MCT:LCT	19:81	Added Sugars, g	5	20
Total Cal:g Nitrogen	100:1	L-Carnitine, mg	36	150
Nonprotein Cal:g Nitrogen	75:1	Taurine, mg	36	150
Osmolality, mOsm/kg H ₂ O	405	Water, mL	198	839
Renal Solute Load, mOsm/L	508	Calories	237	1000
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Vitamin A, mcg RAE	170*	720†
		Beta-Carotene, mg	0.2	0.9
		Vitamin D, mcg	4	17
		Vitamin E, mg	6	25
		Vitamin K, mcg	21.3	90
		Vitamin C, mg	36	150
		Folate, mcg DFE	63	267
		Folic Acid, mcg	38	160
		Vit B1 (Thiamin), mg	0.24	1.0
		Vit B2 (Riboflavin), mg	0.32	1.3
		Vitamin B6, mg	0.33	1.4
		Vitamin B12, mcg	0.38	1.6
		Niacin, mg NE	3	14
		Choline, mg	87	367
		Biotin, mcg	4.7	20
		Pantothenic Acid, mg	0.79	3
		Sodium, mg	221	933
		Sodium, mEq	9.6	40.6
		Potassium, mg	632	2667
		Potassium, mEq	16.2	68.4
		Chloride, mg	363	1533
		Chloride, mEq	10.3	43.3

* 80 mcg RAE of vitamin A activity supplied by 0.2 mg beta-carotene.

† 360 mcg RAE of vitamin A activity supplied by 0.9 mg beta-carotene.

Promote® 8 fl oz
Ingredients
Vanilla

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein Isolate, Soy Oil, Sugar, Less than 0.5% of: Medium Chain Triglycerides, Safflower Oil, Natural & Artificial Flavor, Calcium Citrate, Potassium Chloride, Magnesium Phosphate, Potassium Citrate, Calcium Phosphate, Cellulose Gum, Soy Lecithin, Choline Chloride, Ascorbic Acid, Carrageenan, Taurine, L-Carnitine, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Beta-Carotene, Chromium Chloride, Folic Acid, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4150

www.AbbottNutrition.com

Promote[®] with Fiber

Complete, Balanced High-Protein Nutrition with Fiber



Usage

PROMOTE WITH FIBER is a complete, balanced, high-protein, and fiber-fortified formula for patients who need a higher proportion of calories from protein.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- High in protein (25% of Cal, 15 g/8 fl oz). Protein is needed for lean body mass maintenance and repair.
- Fiber blend contains oat fiber and soy fiber to provide a product with a good source of dietary fiber (3.4 g/8 fl oz) to help moderate bowel function.
- 1500 Calories (1500 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- 1.0 Cal/mL.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Vanilla	62703	70074-0627-04
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64631	70074-0646-29

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	15	63
Protein, % Cal	25	Total Fat, g	7	28
Carbohydrate, % Cal	50	Total Carbohydrate, g	33	138
Fat, % Cal	25	Dietary Fiber, g	3.4*	14.4†
Omega-6:Omega-3	9.8:1	Total Sugars, g	5	21
MCT:LCT	19:81	Added Sugars, g	5	21
Total Cal:g Nitrogen	100:1	L-Carnitine, mg	36	150
Nonprotein Cal:g Nitrogen	75:1	Taurine, mg	36	150
Osmolality, mOsm/kg H ₂ O	410	Water, mL	197	831
Renal Solute Load, mOsm/L	494	Calories	237	1000
Recommended Tube Size for Gravity/Pump Feeding (Fr)	12/10	Vitamin A, mcg RAE	170‡	720§
		Beta-Carotene, mg	0.2	0.9
		Vitamin D, mcg	4	16.7
		Vitamin E, mg	6	25.3
		Vitamin K, mcg	21.3	90
		Vitamin C, mg	36	150
		Folate, mcg DFE	63	267
		Folic Acid, mcg	38	160
		Vit B1 (Thiamin), mg	0.2	1.0
		Vit B2 (Riboflavin), mg	0.3	1.3
		Vitamin B6, mg	0.33	1.4
		Vitamin B12, mcg	0.38	1.6
		Niacin, mg NE	3	14
		Choline, mg	87	367
		Biotin, mcg	5	20
		Pantothenic Acid, mg	0.79	3
		Sodium, mg	235	991
		Sodium, mEq	10.21	43.07
		Potassium, mg	521	2200
		Potassium, mEq	13.37	56.41
		Chloride, mg	310	1310
		Chloride, mEq	8.77	37.01
		Vanilla	8 fl oz	1 L
		Calcium, mg	205	867
		Calcium, mEq	10.27	43.33
		Phosphorus, mg	221	933
		Phosphorus, mmol	7.14	30.11
		Magnesium, mg	66	280
		Magnesium, mEq	5.46	23.05
		Iodine, mcg	28	119
		Manganese, mg	0.7	2.9
		Copper, mg	0.4	1.7
		Zinc, mg	2	9
		Iron, mg	3	12
		Selenium, mcg	11	48
		Chromium, mcg	11	48
		Molybdenum, mcg	19	82

* 3.4 g total dietary fiber from soy and oat fiber.

† 14.4 g of total dietary fiber from soy and oat fiber.

‡ 80 mcg RAE of vitamin A activity supplied by 0.2 mg beta-carotene.

§ 360 mcg RAE of vitamin A activity supplied by 0.9 mg beta-carotene.

Promote® with Fiber

Ingredients

Vanilla

Water, Corn Maltodextrin, Sodium Caseinate, Soy Protein Isolate, Sugar, Soy Oil, Oat Fiber, Calcium Caseinate, Less than 0.5% of: Medium Chain Triglycerides, Safflower Oil, Soy Fiber, Natural & Artificial Flavor, Potassium Citrate, Calcium Phosphate, Magnesium Phosphate, Potassium Chloride, Soy Lecithin, Sodium Citrate, Choline Chloride, Ascorbic Acid, Taurine, L-Carnitine, Gellan Gum, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Calcium Pantothenate, Copper Sulfate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Beta-Carotene, Chromium Chloride, Folic Acid, Potassium Iodide, Sodium Molybdate, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4150

PROTALITY™

Nutrition support for muscle health during weight loss

AVAILABLE AT RETAIL ONLY



Usage

PROTALITY is a high-protein, low-fat nutrition shake with 1 g of sugar for people who need nutrition support during weight loss.

Features

- Key muscle-supporting nutrients* to help preserve muscle mass and support muscle function.
- Excellent source of protein (30 g/11 fl oz).
- With nutrients for immune system support: Protein, vitamins A and D, zinc, antioxidants (vitamins C & E and selenium).
- Gluten-free, halal, kosher, suitable for lactose intolerance.
- NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Add to diet to increase protein during weight loss.

Precautions

- For oral use only.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 11.0-fl oz (330.0-mL) Recloseable Carton; 12/case

Vanilla 68978 70074-0689-78

Milk Chocolate 68979 70074-0689-79

Technical Data			Nutrition Information		
Milk Chocolate			Milk Chocolate	11 fl oz	%DV*
Caloric Density, Cal/mL	0.45		Protein, g	30	60
Protein, % Cal	80		Total Fat, g	1.5 (2 Van.)	2†
Carbohydrate, % Cal	11 (8 Van.)		Saturated Fat, g	0.5	3
Fat, % Cal	9 (12 Van.)		Polyunsaturated Fat, g	0	
Omega-6:Omega-3	26:1		Monounsaturated Fat, g	0.5 (1 Van.)	
	(52:1 Van.)		Trans Fat, g	0	
Total Cal:g Nitrogen	32:1		Cholesterol, mg	20	7
Nonprotein Cal:g Nitrogen	6:1		Total Carbohydrate, g	7 (6 Van.)	3‡
Osmolality, mOsm/kg H ₂ O	162 (180 Van.)		Dietary Fiber, g	4	14
Renal Solute Load, mOsm/L	600		Total Sugars, g	1	
	(608 Van.)		Added Sugars, g	0	0
			Calories	150	
			Vitamin A, mcg RAE	270	30
			Vitamin D, mcg	11	60
			Vitamin E, mg	3.8	25
			Vitamin K, mcg	24	20
			Vitamin C, mg	45	50
			Folate, mcg DFE	100	25
			Folic Acid, mcg	60	
			Vit B1 (Thiamin), mg	0.3	25
			Vit B2 (Riboflavin), mg	0.59	45
			Vitamin B6, mg	0.51	30
			Vitamin B12, mcg	0.6	25
			Niacin, mg NE	8	50
			Choline, mg	83	15
			Biotin, mcg	7.5	25
			Pantothenic Acid, mg	1.8	35
			Sodium, mg	250 (230 Van.)	11§
			Sodium, mEq	10.9 (10 Van.)	
			Potassium, mg	380 (390 Van.)	8
			Potassium, mEq	9.7 (10 Van.)	
			Chloride, mg	230 (341 Van.)	10

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 Calories a day is used for general nutrition advice.

† 3 Van.

‡ 2 Van.

§ 10 Van.

|| 15 Van.

¶ 25 Van.

PROTALITY™
Ingredients
Milk Chocolate

Water, Milk Protein Concentrate, Calcium Caseinate, Cocoa Powder (Processed with Alkali), Less than 0.5% of: Vitamins & Minerals (Magnesium Phosphate, Sodium Ascorbate, Potassium Phosphate, Sodium Phosphate, Choline Chloride, Potassium Hydroxide, Zinc Sulfate, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Phylloquinone, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Vitamin D3, Biotin, Vitamin B12), Soluble Corn Fiber, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, High Oleic Sunflower Oil, Salt, Cellulose Gel, Acesulfame Potassium, Cellulose Gum, Sucralose, Carrageenan

Contains milk ingredients.

PROTALITY™ Advance

Nutrition designed for GLP-1
users during weight loss

AVAILABLE AT RETAIL ONLY



Usage

PROTALITY ADVANCE is specially designed nutrition for those losing weight using GLP-1 medications, diet, or exercise. PROTALITY Advance has HMB to help slow muscle breakdown* and 30g protein to help preserve muscle mass.

Features

- Key muscle-supporting nutrients† to help preserve muscle mass and support muscle function.
- Excellent source of protein (30 g/10 fl oz).
- Excellent source of 8 essential B vitamins to help the body convert food to energy.
- 4 g comfort fiber blend including 1 g prebiotic fiber.
- With nutrients for immune system support: Protein, vitamins A and D, zinc, antioxidants (vitamins C & E and selenium).
- Gluten-free, halal, kosher, suitable for lactose intolerance.
- NOTICE: Use this product as a food supplement only. Do not use for weight reduction. Add to diet to increase protein during weight loss.

Precautions

- For oral use only.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 10-fl oz (296 mL) Bottle / 4 x 4 ct		
Viva Vanilla	69036	70074-0690-38
Silky Chocolate	69039	70074-0690-41

* 3 g HMB has been shown to support muscle health.

Two servings of PROTALITY Advance daily provide 3 g of HMB.

† Protein, choline, vitamins B₆ and D, calcium, magnesium, phosphorus.

Nutrition Information			Nutrition Information		
Silky Chocolate	10 fl oz	%DV*	Silky Chocolate	10 fl oz	%DV*
Protein, g	30	60	Calcium, mg	590	45
Total Fat, g	2	3	Calcium mEq	29.5	
Saturated Fat, g	1 (0.5 Van.)	5 (3 Van.)	Phosphorus, mg	500	40
Polyunsaturated Fat, g	0		Phosphorus, mmol	16.1	
Monounsaturated Fat, g	1		Magnesium, mg	105	25
Trans Fat, g	0		Iodine, mcg	37.5	25
Cholesterol, mg	20	7	Manganese, mg	0.69 (0.58 Van.)	30 (25 Van.)
Total Carbohydrate, g	8	3	Copper, mg	0.4 (0.2 Van.)	40 (25 Van.)
Dietary Fiber, g	4	14	Zinc, mg	5	45
Total Sugars, g	1		Iron, mg	2.7	15
Added Sugars, g	0	0	Selenium, mcg	25	45
Calories	160		Chromium, mcg	12.3 (8.8 Van.)	35 (25 Van.)
Vitamin A, mcg RAE	270	30	Molybdenum, mcg	20.3	45
Vitamin D, mcg	4	20			
Vitamin E, mg	3.8	25			
Vitamin K, mcg	16.2	15			
Vitamin C, mg	45	50			
Folate, mcg DFE	120	30			
Folic Acid, mcg	72				
Vit B1 (Thiamin), mg	0.3	25			
Vit B2 (Riboflavin), mg	0.59	45			
Vitamin B6, mg	0.51	30			
Vitamin B12, mcg	1.08	45			
Niacin, mg NE	8	50			
Choline, mg	83	15			
Biotin, mcg	7.5	25			
Pantothenic Acid, mg	1.8	35			
Sodium, mg	230	10			
Sodium mEq	10				
Potassium, mg	710	15			
Chloride, mg	138	6			
Chloride mEq	3.9				

Contains milk ingredients.

www.AbbottNutrition.com 137

Suplena® with CARBSTEADY®

Therapeutic Nutrition for
People with Chronic Kidney
Disease Not on Dialysis



Usage

SUPLENA WITH CARBSTEADY is therapeutic nutrition specifically designed for nondialyzed people with chronic kidney disease and on a protein-restricted diet.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Has CARBSTEADY®, a carbohydrate blend designed to help minimize blood sugar response.*
- High in calories — 1.8 Cal/mL.
- Low in protein — 10% of total calories.
- Low in phosphorus and potassium.
- A good source of fiber, including prebiotics.
- Therapeutic nutrition that can help maintain nutritional status while adhering to renal diets for nondialyzed people with chronic kidney disease, or nondialyzed without protein-energy wasting (malnutrition).
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Homemade Vanilla 64794 70074-0647-93

* Designed to help minimize the blood sugar spike from consuming Suplena compared to high-glycemic carbohydrates.

Technical Data		Nutrition Information	
Homemade Vanilla		Homemade Vanilla	Homemade Vanilla
		8 fl oz	8 fl oz
Caloric Density, Cal/mL	18	Protein, g	10.6
Protein, % Cal	10	Total Fat, g	23
Carbohydrate, % Cal	41	Saturated Fat, g	2
Fat, % Cal	49	Polyunsaturated Fat, g	4.1
Omega-6:Omega-3	6.2:1	Monounsaturated Fat, g	16
Total Cal:g Nitrogen	253:1	Trans Fat, g	0
Nonprotein Cal:g Nitrogen	227:1	Cholesterol, mg	5.8
Osmolality, mOsm/kg H ₂ O	780	Total Carbohydrate, g	46
Renal Solute Load, mOsm/L	342	Dietary Fiber, g	6.0
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	scFOS, g	2
		Total Sugars, g	14.8
		Added Sugars, g	14.7
		L-Carnitine, mg	63
		Taurine, mg	38
		Water, mL	172
		Calories	420
		Vitamin A, mcg RAE	225
		Vitamin D, mcg	5.0
		Vitamin E, mg	6.8
		Vitamin K, mcg	19
		Vitamin C, mg	23
		Folate, mcg DFE	300
		Folic Acid, mcg	180
		Vit B1 (Thiamin), mg	0.60
		Vit B2 (Riboflavin), mg	0.50
		Vitamin B6, mg	2.21
		Vitamin B12, mcg	1.20
		Niacin, mg NE	8
		Choline, mg	140
		Biotin, mcg	15.0
		Pantothenic Acid, mg	2.25
		Sodium, mg	190

Suplema® with CARBSTEADY®
Ingredients
Homemade Vanilla

Water, Corn Maltodextrin, High Oleic Safflower Oil, Milk Protein Concentrate, Isomaltulose, Sugar, Canola Oil, Less than 2% of: Soluble Corn Fiber, Sodium Caseinate, Short-chain Fructooligosaccharides, Glycerin, Soy Lecithin, Natural & Artificial Flavor, Potassium Citrate, Sodium Citrate, Magnesium Chloride, Choline Chloride, Magnesium Phosphate, Calcium Carbonate, Ascorbic Acid, L-Carnitine, Calcium Phosphate, Carrageenan, Salt, Potassium Chloride, Taurine, Niacinamide, Ferrous Sulfate, Zinc Sulfate, d-Alpha-Tocopheryl Acetate, Pyridoxine Hydrochloride, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Biotin, Phylloquinone, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPSC Code B4154

TwoCal® HN

Calorie and Protein
Dense Nutrition



Usage

TWOCAL HN is calorie- and protein-dense nutrition to support patients with volume intolerance and/or fluid restriction.

- Often provided in 2 fl oz amounts QID with Med Pass programs to assist with weight gain or maintenance.
- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- 2.0 Cal/mL to help patients gain and maintain healthy weight.
- Protein to help support lean body mass and wound healing.
- 1.2 g of scFOS/8 fl oz (5 g/L). scFOS are prebiotics that stimulate the growth of beneficial bacteria in the colon.¹⁻³
- 1900 Calories (948 mL) provide at least 100% of RDIs for 25 essential vitamins and minerals.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— **33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case**

Unflavored 68048 70074-0680-62

— **8.0-fl oz (237.0-mL) Recloseable Carton; 24/case**

Vanilla 64809 70074-0648-07

1 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

2 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

3 Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	2.0	Protein, g	19.9	83.5
Protein, % Cal	16.7	Total Fat, g	21.5	90.5
Carbohydrate, % Cal	43.2	Total Carbohydrate, g	51.8	218.6
Fat, % Cal	40.1	Dietary Fiber, g	1.2	5
Omega-6:Omega-3	4:1:1	scFOS, g	1.2	5
MCT:LCT	0	Total Sugars, g	11	45
Total Cal/g Nitrogen	153:1	Added Sugars, g	10	43
Nonprotein Cal/g Nitrogen	127:1	L-Carnitine, mg	50	200
Osmolality, mOsm/kg H ₂ O	710	Taurine, mg	50	200
Renal Solute Load, mOsm/L	597	Water, mL	166	700
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	475	2000
		Vitamin A, mcg RAE	375	1582
		Vitamin D, mcg	5.8	24
		Vitamin E, mg	8	34
		Vitamin K, mcg	40	169
		Vitamin C, mg	75	316
		Folate, mcg DFE	272	1147
		Folic Acid, mcg	163	688
		Vit B1 (Thiamin), mg	0.60	2.5
		Vit B2 (Riboflavin), mg	0.65	2.7
		Vitamin B6, mg	0.85	3.6
		Vitamin B12, mcg	2.4	10
		Niacin, mg NE	8	34
		Choline, mg	200	844
		Biotin, mcg	20	84
		Pantothenic Acid, mg	4	17
		Sodium, mg	200	844
		Sodium, mEq	8.7	36.7
		Potassium, mg	500	2110
		Potassium, mEq	12.8	54.1
		Chloride, mg	230	970
		Chloride, mEq	6.5	27.4

TwoCal® HN
Ingredients
Vanilla

Water, Corn Syrup Solids, Corn Maltodextrin, Canola Oil, Milk Protein Concentrate, Sodium Caseinate, Sugar, Corn Oil, Calcium Caseinate, Short-chain Fructooligosaccharides, Less than 0.5% of: Natural & Artificial Flavor, Potassium Citrate, Magnesium Sulfate, Soy Lecithin, Potassium Phosphate, Magnesium Chloride, Ascorbic Acid, Choline Hydroxide, Sodium Citrate, Potassium Hydroxide, Taurine, L-Carnitine, Ferrous Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Potassium Iodide, Chromium Chloride, Sodium Selenate, Sodium Molybdate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk and soy ingredients.

HCPCS Code B4152

Vital® 1.0 Cal

Peptide-Based, Therapeutic
Nutrition for Tolerance



Usage

VITAL 1.0 CAL is peptide-based therapeutic nutrition that provides complete, balanced nutrition for long- or short-term patients who require tube feeding and are experiencing malabsorption, maldigestion, or impaired GI function and/or GI intolerance.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Designed to promote tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotics (short-chain fructooligosaccharides) to support absorption and tolerance.
 - Hydrolyzed, peptide-based protein system
 - 1 g of short-chain fructooligosaccharides/8 fl oz (4.2 g/L). Short-chain fructooligosaccharides are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.¹⁻³
- Contains MCT/canola oil structured lipid. Structured lipids are well-tolerated^{4,5} and absorbed⁴ next-generation fats to promote absorption of fatty acids.

- 1500 Calories (1500 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Contains elevated levels of the antioxidants vitamins C & E and selenium to help reduce free radical damage.^{6,7}
- Gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Ready to Hang	62711	70074-0627-12
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64832	70074-0648-29

1 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

2 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

3 Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

4 Kenler AS, et al. *Ann Surg.* 1996;223(3):316-333.

5 McKenna MC, et al. *J Pediatr Gastroenterol Nutr.* 1985;4(1):45-51.

6 Institute of Medicine. *Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids.* Washington, DC: National Academies Press; 2000.

7 Sies H. *Redox Biol.* 2015;4:180-183.

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.0	Protein, g	9.5	40
Protein, % Cal	16	Total Fat, g	9	38.1
Carbohydrate, % Cal	51	Total Carbohydrate, g	30.7	130
Fat, % Cal	33	Dietary Fiber, g	1	4.2
Omega-6:Omega-3	2:1	scFOS, g	1	4.2
MCT:LCT	47.5:52.5	Total Sugars, g	6	25
Total Cal/g Nitrogen	156:1	Added Sugars, g	6	25
Nonprotein Cal/g Nitrogen	131:1	L-Carnitine, mg	25	105
Osmolality, mOsm/kg H ₂ O	411	Taurine, mg	25	105
Renal Solute Load, mOsm/L	335	Water, mL	198	834
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	237	1000
		Vitamin A, mcg RAE	330	1393
		Vitamin D, mcg	4.3	18
		Vitamin E, mg	4.3	18
		Vitamin K, mcg	20	84
		Vitamin C, mg	71	300
		Folate, mcg DFE	150	633
		Folic Acid, mcg	90	380
		Vit B1 (Thiamin), mg	0.54	2.3
		Vit B2 (Riboflavin), mg	0.59	2.5
		Vitamin B6, mg	0.88	3.7
		Vitamin B12, mcg	1.9	8
		Niacin, mg NE	4.2	18
		Choline, mg	120	506
		Biotin, mcg	9.0	38
		Pantothenic Acid, mg	2.0	8.4
		Sodium, mg	204	861
		Sodium, mEq	8.9	37.4
		Potassium, mg	350	1477
		Potassium, mEq	9	37.9
		Chloride, mg	250	1056
		Chloride, mEq	7.1	29.8

Vital® 1.0 Cal
Ingredients
Vanilla

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Less than 1% of: Canola Oil, Medium Chain Triglycerides, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Potassium Citrate, DATEM, Magnesium Phosphate, Cellulose Gel, Calcium Phosphate, Sodium Phosphate, Potassium Chloride, Calcium Carbonate, Choline Chloride, Ascorbic Acid, Carrageenan, Cellulose Gum, Magnesium Chloride, L-Carnitine, Taurine, Sucralose, Zinc Sulfate, Ferrous Sulfate, d-Alpha-Tocopheryl Acetate, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk ingredients.
HCPSC Code B4153

Vital® 1.5 Cal

Peptide-Based, Therapeutic
Nutrition for Tolerance



Usage

VITAL 1.5 CAL is peptide-based therapeutic nutrition that provides complete, balanced nutrition for long- or short-term patients who require tube feeding and are experiencing malabsorption, maldigestion, or impaired GI function and/or GI intolerance.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Designed to promote tolerance:
 - Advanced blend of hydrolyzed protein, structured lipid, and prebiotics (scFOS) to support absorption and tolerance.
 - Hydrolyzed, peptide-based protein system.
 - Contains MCT/canola oil structured lipid. Structured lipids are well-tolerated^{1,2} and absorbed¹ next-generation fats to promote absorption of fatty acids.
- 1.4 g of scFOS/8 fl oz (6 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.³⁻⁵
- 1.5 Cal/mL—concentrated calories for fluid-restricted patients.
- Contains elevated levels of the antioxidants vitamins C & E

and selenium to help reduce free radical damage.^{6,7}

- 1500 Calories (1000 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Ready to Hang	62713	70074-0627-14
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64825	70074-0648-24

1 Kenler AS, et al. *Ann Surg.* 1996;223(3):316-333.

2 McKenna MC, et al. *J Pediatr Gastroenterol Nutr.* 1985;4(1):45-51.

3 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

4 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

5 Bounhik Y, et al. *Nutr J.* 2007;6:42-48.

6 Institute of Medicine (US) Panel on Dietary Antioxidants and Related Compounds. Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids. Washington (DC): National Academies Press (US);2000.

7 Sies H. *Redox Biol.* 2015;4:180-183.

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.5	Protein, g	16	67.5
Protein, % Cal	18	Total Fat, g	13.5	57.1
Carbohydrate, % Cal	49	Total Carbohydrate, g	44.2	187
Fat, % Cal	33	Dietary Fiber, g	1.4	6
Omega-6:Omega-3	2:1	scFOS, g	1.4	6
MCT:LCT	47.5:52.5	Total Sugars, g	8.2	34.6
Total Cal/g Nitrogen	139:1	Added Sugars, g	8.2	34.6
Nonprotein Cal/g Nitrogen	114:1	L-Carnitine, mg	35	150
Osmolality, mOsm/kg H ₂ O	671	Taurine, mg	35	150
Renal Solute Load, mOsm/L	533	Water, mL	181	764
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	355	1500
		Vitamin A, mcg RAE	433	1827
		Vitamin D, mcg	5	21.1
		Vitamin E, mg	5.2	21.9
		Vitamin K, mcg	35	148
		Vitamin C, mg	40	169
		Folate, mcg DFE	154	650
		Folic Acid, mcg	92	390
		Vit B1 (Thiamin), mg	0.7	3
		Vit B2 (Riboflavin), mg	0.5	2.1
		Vitamin B6, mg	0.9	3.8
		Vitamin B12, mcg	2	8.4
		Niacin, mg NE	7.9	33.3
		Choline, mg	184	776
		Biotin, mcg	8.9	37.6
		Pantothenic Acid, mg	2.1	8.9
		Sodium, mg	270	1139
		Sodium, mEq	11.7	49.5
		Potassium, mg	520	2194
		Potassium, mEq	13.3	56.3
		Chloride, mg	355	1498
		Chloride, mEq	10	42.3

Vital® 1.5 Cal
Ingredients
Vanilla

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Less than 1% of: Canola Oil, Medium Chain Triglycerides, Short-chain Fructooligosaccharides, Magnesium Phosphate, Natural & Artificial Flavor, Potassium Citrate, DATEM, Calcium Phosphate, Cellulose Gel, Potassium Chloride, Calcium Carbonate, Choline Chloride, Sodium Phosphate, Ascorbic Acid, Potassium Hydroxide, Sucralose, Cellulose Gum, Carrageenan, Magnesium Chloride, L-Carnitine, Taurine, Zinc Sulfate, Ferrous Sulfate, d-Alpha-Tocopheryl Acetate, Niacinamide, Manganese Sulfate, Calcium Pantothenate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Vitamin A Palmitate, Riboflavin, Chromium Chloride, Folic Acid, Sodium Molybdate, Sodium Selenate, Potassium Iodide, Phylloquinone, Biotin, Vitamin D3, Vitamin B12

Contains milk ingredients.

HCPSC Code B4153

Vital® AF 1.2 Cal

Peptide-Based, Therapeutic Nutrition
for Inflammation and Tolerance



Usage

VITAL AF 1.2 CAL is peptide-based therapeutic nutrition that provides complete, balanced nutrition for long- or short-term patients who require tube feeding and are experiencing malabsorption, maldigestion, or impaired GI function and/or GI intolerance.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Designed to promote tolerance:
 - Hydrolyzed peptide-based protein system.
 - Medium chain triglyceride/fish oil structured lipid, a well-tolerated^{1,2} and absorbed¹ next-generation fat to promote absorption of fatty acids.
 - 1.2 g of scFOS/8 fl oz (5.1 g/L). scFOS are prebiotic fibers that stimulate the growth of beneficial bacteria in the colon.³⁻⁵
- Omega-3 fatty acids EPA (2.7 g/L) and DHA (1.1 g/L) from fish oil to help modulate inflammation and support immune function.^{6,7}
- 75 g/L protein to meet the increased protein needs of stressed patients (greater than or equal to 1.2 g/kg) and support healing.⁸
- 1500 Calories (1250 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.

- Contains at least 100% of the RDI for vitamin D per 1500 Calories to: a) Help maintain normal circulating levels of vitamin D, which has been shown to be decreased in critically ill patients^{9,10}/patients with malabsorption¹¹ b) Help meet the increased vitamin D needs of critically ill patients.⁹⁻¹¹
- Contains elevated levels of the antioxidants vitamins C & E and selenium to help reduce free radical damage.^{12,13}
- Gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Ready to Hang	62715	70074-0627-16
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Vanilla	64828	70074-0648-26

1 Kenler AS, et al. *Ann Surg.* 1996;223(3):316-333.

2 McKenna MC, et al. *J Pediatr Gastroenterol Nutr.* 1985;4(1):45-51.

3 Bornet FR, et al. *Nutr Rev.* 2002;60(11):326-334.

4 Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150.

5 Bouhnik Y, et al. *Nutr J.* 2007;6:42-48.

6 Calder PC. *Prostaglandins Leukot Essent Fatty Acids.* 2008;79(3-5):101-108.

7 Calder PC. *Clin Nutr.* 2010;29(1):5-12.

8 McClave S, et al. *JPEN J Parent Enteral Nutr.* 2016;40(2):159-211.

9 Lee P, et al. *Intensive Care Med.* 2009;35(12):2028-2032.

10 Lee P, et al. *N Engl J Med.* 2009;360(18):1912-1914.

11 Kuwabara A, et al. *Osteoporos Int.* 2009;20(6):935-942.

12 Institute of Medicine (US) Panel on Dietary Antioxidants and Related Compounds. *Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids.* Washington (DC): National Academies Press (US);2000.

13 Sies H. *Redox Biol.* 2015;4:180-183.

Technical Data		Nutrition Information		
Vanilla		Vanilla	8 fl oz	1 L
Caloric Density, Cal/mL	1.2	Protein, g	17.8	75
Protein, % Cal	25	Total Fat, g	12.8	53.9
Carbohydrate, % Cal	36	Total Carbohydrate, g	26.2	110.6
Fat, % Cal	39	Dietary Fiber, g	1.2	5.1
Omega-6:Omega-3	0.9:1	scFOS, g	1.2	5.1
MCT:LCT	45:55	Total Sugars, g	1.0	4.2
Total Cal:g Nitrogen	102:1	Added Sugars, g	1.0	4.2
Nonprotein Cal:g Nitrogen	76:1	L-Carnitine, mg	30	125
Osmolality, mOsm/kg H ₂ O	459	Taurine, mg	30	125
Renal Solute Load, mOsm/L	560	Water, mL	192	811
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Calories	284	1200
		Vitamin A, mcg RAE	365	1540
		Vitamin D, mcg	6.1	25.8
		Vitamin E, mg	4.8	20.3
		Vitamin K, mcg	33.4	141
		Vitamin C, mg	43	181
		Folate, mcg DFE	124	523
		Folic Acid, mcg	74	314
		Vit B1 (Thiamin), mg	0.6	2.5
		Vit B2 (Riboflavin), mg	0.4	1.7
		Vitamin B6, mg	0.55	2.3
		Vitamin B12, mcg	1.65	7
		Niacin, mg NE	8	33.8
		Choline, mg	105	443
		Biotin, mcg	7.2	30.4
		Pantothenic Acid, mg	1.7	7.2
		Sodium, mg	300	1266
		Sodium, mEq	13	55
		Potassium, mg	390	1645
		Potassium, mEq	10	42.2
		Chloride, mg	300	1265
		Chloride, mEq	8.5	35.7

Vital® AF 1.2 Cal
Ingredients
Vanilla

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Hydrolyzed Sodium Caseinate, Structured Lipid (Interesterified Marine Oil [Contains One or More of the Following: Anchovy, Menhaden, Salmon, Sardine, Tuna], Medium-Chain Triglycerides), Medium Chain Triglycerides, Less than 1% of: Canola Oil, Soy Oil, Short-chain Fructooligosaccharides, Natural & Artificial Flavor, Cellulose Gel, DITEM, Magnesium Phosphate, Calcium Carbonate, Sodium Phosphate, Potassium Chloride, Calcium Phosphate, Potassium Citrate, Ascorbic Acid, Choline Chloride, Potassium Hydroxide, Magnesium Chloride, Acesulfame Potassium, Carrageenan, Cellulose Gum, Sucralose, L-Carnitine, Taurine, Zinc Sulfate, Ferrous Sulfate, Niacinamide, d-Alpha-Tocopheryl Acetate, Calcium Pantothenate, Manganese Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Copper Sulfate, Riboflavin, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Sodium Selenate, Phylloquinone, Biotin, Vitamin B12, Vitamin D3

Contains milk ingredients.

HCPSC Code B4153

Vital® HP

Peptide-Based, High Protein, Therapeutic Nutrition for Tolerance



Usage

VITAL HP is specialized therapeutic nutrition for immune support, to promote GI tolerance, and to help manage inflammation and is suitable for patients who could benefit from a high-protein, low-fat diet.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- 87.3 g/L peptide-based protein (35%).
- 20% of total calories from fat.
- EPA (2.3 g/L) and DHA (0.9 g/L) from fish oil to help modulate inflammation and support immune function.^{1,2}
- Has the recommended lipid profile for the severely critically ill patient, including EPA and DHA from fish oil, to help modulate inflammation.¹⁻³
- 1500 Calories (1500 mL) provide at least 100% of the RDIs for 25 essential vitamins and minerals.
- Contains elevated levels of the antioxidants vitamins C & E and selenium to help reduce free radical damage.^{4,5}

- Contains at least 100% of the RDI for vitamin D per 1500 Calories to: a) Help maintain normal circulating levels of vitamin D, which has been shown to be decreased in critically ill patients^{6,7}/patients with malabsorption⁸ b) Help meet the increased vitamin D needs of critically ill patients.⁶⁻⁸
- Gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

	List No.	NDC Format Code
— 33.8-fl oz (1.0-L) Ready to Hang Prefilled Container; 8/case		
Unflavored.....	63081	70074-0630-82
— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case		
Unflavored.....	64820	70074-0648-17

1 Calder PC. *Prostaglandins Leukot Essent Fatty Acids*. 2008;79(3-5):101-108.

2 Calder PC. *Clin Nutr*. 2010;29(1):5-12.

3 McClave SA, et al. *JPEN J Parenter Enteral Nutr*. 2016;40(2):159-211.

4 Institute of Medicine (US) Panel on Dietary Antioxidants and Related Compounds. *Dietary Reference Intakes for Vitamin C, Vitamin E, Selenium, and Carotenoids*. Washington (DC): National Academies Press (US);2000.

5 Sies H. *Redox Biol*. 2015;4:180-183.

6 Lee P, et al. *N Engl J Med*. 2009;360(18):1912-1914.

7 Lee P, et al. *Intensive Care Med*. 2009;35(12):2028-2032.

8 Kuwabara A, et al. *Osteoporos Int*. 2009;20(6):935-942.

Nutrition Information					
Unflavored	8 fl oz	1 L	Unflavored	8 fl oz	1 L
Protein, g	20.7	87.3	Calcium, mEq	10.3	43.5
Total Fat, g	5.5	23.2	Phosphorus, mg	198	835
Total Carbohydrate, g	26.7	111	Phosphorus, mmol	6.4	26.95
Dietary Fiber, g	0	0	Magnesium, mg	67	281
Total Sugars, g	2	8.4	Magnesium, mEq	5.5	23.1
Added Sugars, g	2	8.4	Iodine, mcg	25	103
L-Carnitine, mg	25	105	Manganese, mg	0.8	3.4
Taurine, mg	25	105	Copper, mg	0.4	1.7
Water, mL	198	836	Zinc, mg	4.7	19.8
Calories	237	1000	Iron, mg	3	12.7
Vitamin A, mcg RAE	166	700	Selenium, mcg	15	63
Vitamin D, mcg	5	21.1	Chromium, mcg	20	84
Vitamin E, mg	4	16.9	Molybdenum, mcg	32	135
Vitamin K, mcg	39	165			
Vitamin C, mg	82	344			
Folate, mcg DFE	100	422			
Folic Acid, mcg	60	253			
Vit B1 (Thiamin), mg	0.5	2.1			
Vit B2 (Riboflavin), mg	0.3	1.3			
Vitamin B6, mg	0.5	2.1			
Vitamin B12, mcg	2	8.4			
Niacin, mg NE	6.8	28.7			
Choline, mg	118	498			
Biotin, mcg	8	33.7			
Pantothenic Acid, mg	1.4	5.9			
Sodium, mg	330	1400			
Sodium, mEq	14.3	60.9			
Potassium, mg	332	1400			
Potassium, mEq	8.5	35.9			
Chloride, mg	245	1033			
Chloride, mEq	6.9	29.2			
Calcium, mg	206	869			

Ingredients

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Hydrolyzed Sodium Caseinate, Medium Chain Triglycerides, Less than 1% of: Marine Oil (May Contain One or More of the Following: Anchovy, Cod, Menhaden, Pollock, Salmon, Sardine, Tuna), Sugar, Cellulose Gel, Magnesium Phosphate, Calcium Carbonate, Potassium Citrate, Sodium Phosphate, Corn Oil, Potassium Chloride, DATEM, Choline Chloride, Ascorbic Acid, Calcium Phosphate, Potassium Hydroxide, Carrageenan, Cellulose Gum, Magnesium Chloride, L-Carnitine, Taurine, Zinc Sulfate, Ferrous Sulfate, d-Alpha-Tocopheryl Acetate, Manganese Sulfate, Nicinamide, Calcium Pantothenate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Chromium Chloride, Folic Acid, Sodium Molybdate, Phylloquinone, Potassium Iodide, Sodium Selenate, Biotin, Vitamin D3, Vitamin B12

Contains milk ingredients.

Vital® Peptide

1.5 Cal

Peptide-Based Nutrition
for Ages 14+



Usage

VITAL PEPTIDE 1.5 CAL is a nutritionally complete, peptide-based formula for the nutrition needs of patients 14 years of age and older with malabsorption, maldigestion, and other GI conditions.

- For tube or oral feeding.
- For supplemental or sole-source nutrition.
- Use under medical supervision.

Features

- Complete, Balanced Nutrition®.
- Nutrient blend designed to help support tolerance and absorption.
 - Hydrolyzed whey-dominant protein.
 - scFOS, a prebiotic fiber.
 - 55% MCT & structured lipids.
- Meets or exceeds 100% of the DRIs for protein and 25 essential vitamins and minerals
 - in 1500 Cal (1000 mL) for patients 14 to 18 years of age.
- 1000 IU/L vitamin D.

- Excellent source of antioxidants (vitamins C & E and selenium) to support the immune system.
- Kosher, halal, gluten-free, suitable for lactose intolerance.

Precautions

- Not for IV use.
- Not for people with galactosemia.

Availability

List No.

NDC Format Code

— 8.0-fl oz (237.0-mL) Recloseable Carton; 24/case

Vanilla 66236 70074-0662-37

Technical Data		Nutrition Information	
Vanilla		Vanilla	8 fl oz
Caloric Density, Cal/mL	1.5	Protein, g	16
Protein, % Cal	18	Total Fat, g	13.5
Carbohydrate, % Cal	49	Total Carbohydrate, g	44.3
Fat, % Cal	33	Dietary Fiber, g	1.4
Omega-6:Omega-3	2:1:1	scFOS, g	1.4
MCT:LCT	55:45	L-Carnitine, mg	5.3
Total Cal/g Nitrogen	139:1	Taurine, mg	23
Nonprotein Cal/g Nitrogen	114:1	Water, mL	181
Osmolality, mOsm/kg H ₂ O	610	Calories	355
Renal Solute Load, mOsm/L	586	Vitamin A, IU	775
Recommended Tube Size for Gravity/Pump Feeding (Fr)	10/10	Vitamin D, IU	240
		Vitamin E, IU	8.1
		Vitamin K, mcg	25
		Vitamin C, mg	36
		Folic Acid, mcg	95
		Vit B1 (Thiamin), mg	0.5
		Vit B2 (Riboflavin), mg	0.5
		Vitamin B6, mg	0.5
		Vitamin B12, mcg	0.7
		Niacin, mg NE	3.8
		Choline, mg	131
		Biotin, mcg	85
		Pantothenic Acid, mg	2.4
		Sodium, mg	360
		Sodium, mEq	15.7
		Potassium, mg	480
		Potassium, mEq	12.3
		Chloride, mg	360
		Chloride, mEq	10.2
		Calcium, mg	310
		Calcium, mEq	15.5
		Phosphorus, mg	300

Vital® Peptide 1.5 Cal
Ingredients
Vanilla

Water, Corn Maltodextrin, Whey Protein Hydrolysate, Structured Lipid (Interesterified Canola Oil & Medium Chain Triglycerides), Sugar, Hydrolyzed Sodium Caseinate, Medium Chain Triglycerides, Canola Oil, Short-chain Fructooligosaccharides, Natural & Artificial Flavors, Magnesium Phosphate, DATEM, Calcium Phosphate, Potassium Citrate, Potassium Chloride, Cellulose Gel, Calcium Carbonate, Choline Chloride, Ascorbic Acid, Sodium Phosphate, Sucralose, Carrageenan, Cellulose Gum, Sodium Citrate, Taurine, Ferrus Sulfate, dl-Alpha-Tocopheryl Acetate, Zinc Sulfate, L-Carnitine, Niacinamide, Calcium Pantothenate, Manganese Sulfate, Copper Sulfate, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Riboflavin, Vitamin A Palmitate, Folic Acid, Biotin, Sodium Selenate, Sodium Molybdate, Potassium Iodide, Phylloquinone, Chromium Chloride, Vitamin D3, Vitamin B12

Contains milk ingredients.
HCPCS Code B4161
www.AbbottNutrition.com

Short-chain Fructooligosaccharides (scFOS)

Short-chain fructooligosaccharides (scFOS) are carbohydrates that are not digested by amylases or brush border disaccharidases in the upper digestive tract, but are fermented by normal gut flora such as bifidobacteria in the colon to short-chain fatty acids (SCFAs), such as butyrate. Because the fermentation of scFOS by the colonic microbiota produces beneficial physiological effects, the FDA allows scFOS to be classified as dietary fiber. Although the definition of dietary fibers as either soluble or insoluble is an outdated designation, scFOS have historically been referred to as soluble fibers. scFOS are designated as prebiotics because they stimulate the growth of healthy intestinal bacteria, (eg, bifidobacteria).¹ SCFAs perform a number of beneficial functions in the GI tract, some of which include:

- Promoting the uptake of electrolytes and water in the colon,² which is important in the management of diarrhea³
- Helping to maintain GI-tract integrity, with butyrate being the preferred energy source of the colonocytes^{1,4}
- Promoting the growth of beneficial bacteria⁵

Medical nutritional products containing scFOS contribute to GI-tract health and can help meet the recommended daily intake for dietary fiber. Experts recommend daily fiber intake of 20 to 35 grams for adults. Due to their short chain length, scFOS are quickly fermented by gut flora.³

Abbott Nutrition offers many medical nutritionals containing scFOS. Please refer to individual product pages to learn more about which products contain scFOS.

scFOS Benefits

- Prebiotics that stimulate the growth of beneficial bacteria (eg, bifidobacteria) in the colon^{1,6,7}
- Fermented by bacteria in the colon to SCFAs, which help create an acidic environment that promotes the growth of beneficial bacteria and stimulate water and electrolyte uptake in the colon² which is important in the management of diarrhea^{4,5}
- Enhance calcium absorption, potentially in amounts as low as 3 g/day of scFOS, though larger amounts are sometimes required⁸⁻¹⁰
- Help maintain a healthy immune system¹¹

References: 1. Gibson GR, et al. *J Nutr.* 1995;125(6):1401-1412. 2. Bowling TE, et al. *Lancet.* 1993;342(8882):1266-1268. 3. Field M, et al. *J Clin Invest.* 2003;111(7):931-943. 4. Stewart ML, et al. *Nutr Res.* 2008;28:329-334. 5. Gibson GR. *Br J Nutr.* 1998;80(4):S209-S212. 6. Tokunaga T, et al. *Bifidus.* 1993;6(2):143-150. 7. Bouhnik Y, et al. *Nutr J.* 2007;6:42-48. 8. Uenishi K, et al. *Jpn J Nutr Diet.* 2002;60(2):11-18. 9. Fukushima Y, et al. *J Nutr Food.* 2002;5:49-60. 10. Ohta A, et al. *J Nutr Food.* 1999;2:37-43. 11. Bornet F, et al. *Nutr Rev.* 2002;60:326-334.

What Is HMB and What Does it Do?

HMB (β -hydroxy- β -methylbutyrate) is an active metabolite of leucine that may protect muscle cells and preserve muscle tissue.* Leucine is an essential amino acid found in various protein-rich foods. HMB has been studied for over 25 years, has been the subject of over 50 publications, and is included in Juven, Ensure Enlive, and PROTALITY™ Advance.

HMB supplementation has been shown to^{1,2,*}

- Help reduce muscle protein breakdown
- Help promote muscle protein synthesis

What Is the Recommended Dose of HMB?

3 g of HMB has been shown to support muscle health. HMB can be found in small amounts in some foods, such as grapefruit, alfalfa, and catfish, and is naturally produced in low levels in the body from protein. While the body can produce HMB from leucine, only about 5% of dietary leucine is converted into HMB.

An individual would have to eat one of the following to get 3 g of HMB:

- | | |
|----------------------|----------------------|
| • 110 large eggs | • 32 tilapia fillets |
| • 14 chicken breasts | • 6 beef steaks |
| • 70 cups of 1% milk | • 46 cups of lentils |

*3 g of HMB has been shown to support muscle health. Juven, Ensure Enlive, and PROTALITY Advance contain 1.5 g HMB per serving.

References: 1. Wilkinson DJ, et al. *J Physiol.* 2013;591(11):2911-2923. 2. Wilkinson DJ, et al. *Clin Nutr.* 2018;37(6 Pt A):2068-2075.

Daily Values and Reference Daily Intakes

Food labels report the Daily Value (DV), usually represented as both a value and a percentage of the DV (%DV), based on a 2000-kcal dietary intake for ages 4 and above. The DVs themselves are based on two reference nutrient sets for food labeling purposes: 1) Daily Reference Values (DRVs) and 2) Reference Daily Intakes (RDIs). DRVs cover total fat, saturated fat, cholesterol, total carbohydrate, dietary fiber, sodium, protein, and added sugars; RDIs cover the vitamins and minerals for everyone above the age of 4. Typically, the DV is the DRV or RDI per 2000 kcal (occasionally other caloric values are used or shown on food labels). DRVs and RDIs were revised by the FDA in 2016. The overall purpose of the DV is to aid the individual to assess the nutritional content of a particular food and compare foods.

RAE = Retinol Activity Equivalents; 1 mcg RAE = 1 mcg retinol, 2 mcg supplemental beta-carotene, 12 mcg dietary beta-carotene, or 24 mcg dietary alpha-carotene or beta-cryptoxanthin

IU = International Units

NE = Niacin Equivalents; 1 mg NE = 1 mg niacin = 60 mg tryptophan

DFE = Dietary Folate Equivalents; 1 DFE = 1 mcg naturally occurring folate = 0.6 mcg folic acid

Vitamin E = label claim is listed in mg alpha-tocopherol

1 mg alpha-tocopherol = 1 mg of natural alpha-tocopherol

1 mg alpha-tocopherol = 2 mg of synthetic alpha-tocopherol

Nutrient Base: Refers to the amount of product needed (calorie/volume) to meet or exceed 100% of the RDIs

Daily Water Needs for Adults*

Daily water needs should be tailored to the patient and their medical condition. Example equations:

1. 1 mL water/kcal/day
2. Holliday-Segar formula¹

To calculate the total additional water needed per day for hydration and flushing^{2,3}

1. Calculate daily water needs
2. Calculate water in prescribed amount of formula/day
3. Total water needed for flushing each day = daily fluid needs - water provided from prescribed formula/day
4. The remaining total water needed should be divided throughout the day and provided as flushes between feedings and medication administration

Estimating Energy Needs

Resting energy expenditure (REE) is most accurately measured by indirect calorimetry, which requires equipment to measure inhaled and exhaled oxygen and carbon dioxide. In the clinical setting, however, indirect calorimetry may not be feasible; therefore, predictive equations are available to estimate the REE of adults (not suitable for infants and children). Two widely used equations are 1) the original Harris-Benedict equation and 2) the Mifflin-St. Jeor equation. To address catabolism and other considerations in the clinical setting, the REE is multiplied by activity factors and/or injury factors to estimate the total energy expenditure of the patient. No equation is perfect and clinical judgment is required to estimate the final required energy and nutrient intakes.

HARRIS-BENEDICT EQUATION⁴

Men: $REE = 66.473 + (13.752 \times W) + (5.003 \times H) - (6.755 \times A)$

Women: $REE = 65.096 + (9.563 \times W) + (1.850 \times H) - (4.676 \times A)$

MIFFLIN-ST. JEOR EQUATION⁵

Men: $REE = (10 \times W) + (6.25 \times H) - (5 \times A) + 5$

Women: $REE = (10 \times W) + (6.25 \times H) - (5 \times A) - 161$

W = weight in kg; H = height in cm; A = age in years

* Please refer to Product Nutrition Information pages for water content values.

References: 1. Holliday MA, Segar WE. *Pediatrics*. 1957;19(5):823-832. 2. Lipp J, et al. *Nutr Clin Pract*. 1999;14(5):232-237. 3. Johnson TW, et al. *Nutr Clin Pract*. 2019;34(2):186-195. 4. Harris JA, et al. *A Biometric Study of Basal Metabolism in Man*. Washington, DC: Carnegie Institute of Washington; 1919. Publication No. 279. 5. Mifflin MD, et al. *Am J Clin Nutr*. 1990;51(2):241-247.

Total Energy Expenditure (TEE) = REE x Activity Factor (AF) x Injury Factor (IF)

The following multiplying factors represent a good starting point but can be modified based on the individual patient.¹

Activity Factors		Injury Factors	
Activity	Multiplying factor	Condition	Multiplying factor
Lying still (sedated/asleep)	0.9-1.1	Medical: Inflammatory bowel disease/liver disease/pancreatic disease or similar	1.1-1.2
Lying still (conscious)	1.0-1.1	Surgical: Transplant/fistula or similar (minor surgery)	1.1-1.4
Bed rest (moving oneself in bed)	1.15-1.2	Cancer	1.2-1.4
Sitting in chair for long periods	1.1-1.3	Trauma/skeletal or head injury/minor burn or similar	1.3-1.4
Mobile (occasionally walking around ward)	1.15-1.4	Sepsis/major infection or similar	1.3-1.4
Standing for long periods	1.4-1.6	Major burns	1.4-1.6
Mobile (frequently walking around ward)	1.4-1.5	Critically ill with major surgery/trauma and mechanical ventilation (first week)	1.2-1.4
Receiving physical therapy	1.5-1.6	Critically ill with major surgery/trauma and mechanical ventilation (following 2-3 weeks)	>1.6-1.8
Very mobile	1.6-1.8		

HOW ARE STRUCTURED LIPIDS MADE?

STEP 1

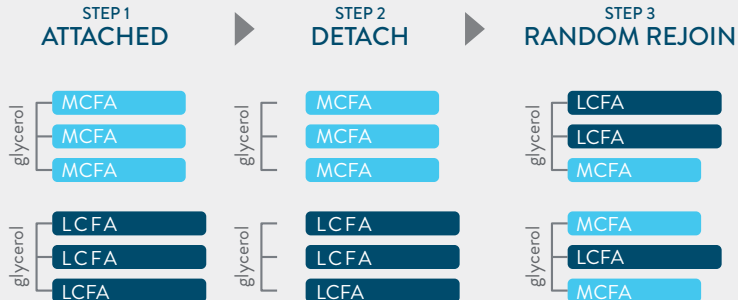
Medium- and long-chain fatty acids (MCFA and LCFA) are each attached to a glycerol backbone.

STEP 2

Enzymes and chemical processes (de-esterification) detach the fatty acids from their glycerol backbone.

STEP 3

These fatty acids are then randomly rejoined (re-esterification) to create lipids containing MCFA and LCFA on the same glycerol backbone.



- **Next-generation fats**
- **Well-absorbed¹ and tolerated^{1,2}**
- **Compared with a simple physical mixture of MCT and LCT oils, preclinical studies show structured lipids:**
 - Are better absorbed^{3,4}
 - Enhance absorption of fat-soluble vitamins and antioxidants⁵
 - Help reduce muscle catabolism and improve nitrogen balance during metabolic stress⁶⁻⁹
 - Are rapidly hydrolyzed and provide increased delivery of fatty acids to systemic circulation⁴

References: 1. Kenler AS, et al. *Ann Surg.* 1996;223(3):316-333. 2. McKenna MC, et al. *J Pediatr Gastroenterol Nutr.* 1985;4(1):45-51. 3. Tso P, et al. *Am J Physiol.* 1995;268(4, pt 1): G568-G577. 4. Tso P, et al. *Am J Physiol.* 1999;277(2, pt 1):G333-G340. 5. Tso P, et al. *J Nutr.* 2001;131(8):2157-2163. 6. DeMichele SJ, et al. *Metabolism.* 1988;37(8):787-795. 7. DeMichele SJ, et al. *Am J Clin Nutr.* 1989;50(6):1295-1302. 8. Swenson ES, et al. *Metabolism.* 1991;40(5):484-490. 9. Teo TC, et al. *Ann Surg.* 1989;210(1):100-107.

Lactose Intolerance

Lactose maldigestion is the inability to digest and absorb lactose, the main carbohydrate/sugar in milk. Lactose maldigestion can result in symptoms of lactose intolerance, such as abdominal distension, gas, abdominal cramping, and diarrhea. Lactose intolerance is NOT an allergic (immune) reaction and individuals with lactose intolerance can usually tolerate a small amount of lactose in their diets.

Milk Protein Allergy

Food allergens are proteins that can provide an immune response (rash, itching, runny nose, nausea, vomiting, diarrhea) in some individuals. The proteins in milk are casein and whey. Individuals with a milk-protein allergy should avoid all milk-protein-containing ingredients.

Storage Times/Temperatures for Adult Nutritional Products

TEMPERATURE GUIDELINES

Our general recommended storage temperatures are between 32 and 95 degrees F. The most desirable temperature range for storage is between 55 degrees F and 75 degrees F. Prolonged exposure to temperatures below 32 degrees F or to direct heat above 95 degrees F could affect the physical consistency of the product. While the product within the sealed package is of sound nutritional quality, a change in the consistency of the product could temporarily affect the appearance, flavor, and other sensory attributes. We therefore do not recommend use of product exposed to adverse temperatures.

STORAGE TIMES

This information provides direction to help maintain the quality of Abbott Nutrition medical nutritional products. Users should clean the tops of containers thoroughly before opening them, and product should be covered once it is opened.

- Once product is opened, use or refrigerate within 4 hours. Discard refrigerated product after 48 hours.
- It is best to serve only what will be consumed in an hour. To serve only a portion of a container, pour desired amount into a separate container. Cover, refrigerate, and use remaining product within 48 hours.
- Drinking from the container or through a straw exposes product to significant amounts of oral bacteria. When product is to be consumed directly from the container or through a straw, refrigerate or discard remaining product within 1 hour. Consume the refrigerated product within 24 hours.
- For RTH products, follow instructions for use on the RTH shipper.
- For powder products, follow instructions for use and storage on the product label.

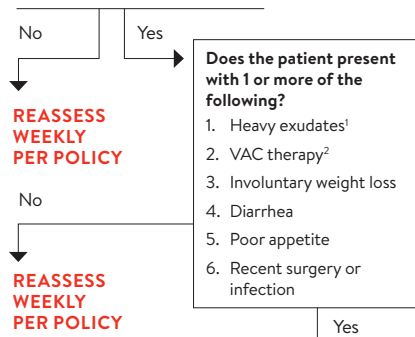
Protocol Development Guidelines for Wound Care

FIRST VISIT

- Conduct nutrition screening per policy and procedure.
- Provide direct education using Abbott handouts and document appropriately.

SECOND VISIT

- Obtain labs from PCP or draw labs if not available via PCP.
- Is the patient at nutritional risk?



INITIAL INTERVENTION¹⁻³

- Hydration: 30 mL /kg BW/day
Calories: 30-35 kcal /kg BW/day
Protein: 1.25-1.5 g /kg BW/day
Oral supplements that can support calorie/protein needs:
- Ensure COMPLETE
 - Ensure Plus
 - Ensure Plus High Protein TN
 - Glucerna Protein Smart (if patient has diabetes)
 - Glucerna Hunger Smart 10 fl oz (if patient has diabetes)
 - Nepro

Add therapeutic multivitamin if not receiving recommended doses from diet and supplements.

Follow up every 7-10 days.

ADVANCED INTERVENTION^{4,5}

In addition:

- Consider increasing protein to 1.5-2.0 g /kg BW/day.
- Provide arginine, glutamine, zinc, HMB and antioxidants.

Juven provides arginine, glutamine, HMB, hydrolyzed collagen, zinc, vitamins C, E & B₁₂ to support additional nutrient needs.

References: 1. Russell L. The importance of patients' nutritional status in wound healing. *British J of Nursing*. 2001;10(6):S42-S44. 2. Haesler, E, et al. The 2014 International Pressure Ulcer Guideline: methods and development. *J of Adv Nursing*. 73(6):1515-1530. 3. European Pressure Ulcer Advisory Panel, National Pressure Injury Advisory Panel, and Pan Pacific Pressure Injury Alliance. Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guideline. The International Guideline. 3rd ed. Haesler E, ed. 2019. 4. Demling RH, et al. Protein-energy malnutrition and wounds: Nutritional intervention. *Treatment of Chronic Wounds* Number 10. Hauppauge, NY: Curative Health Services, 2000. 5. Gomes F, et al. ESPEN guidelines on nutritional support for polymorbid internal medicine patients. *Clin Nutr*. 2018;37(1):336-353.

IDDSI FRAMEWORK

Food and Drink Testing of Abbott Nutrition Products

IDDSI BACKGROUND

- The International Dysphagia Diet Standardisation Initiative (IDDSI) provides standardized terminology and definitions for patients with dysphagia to describe texture-modified foods and thickened liquids.
- IDDSI testing is voluntary and not government mandated.
- The IDDSI Framework:
 - Consists of a continuum of 8 levels (0-7)
 - Provides a common terminology to describe food textures and drink thickness
 - Describes tests intended to confirm flow or textural characteristics of a product at time of testing

The IDDSI Framework

Providing a common terminology for describing food textures and drink thicknesses to improve safety for individuals with swallowing difficulties.



© The International Dysphagia Diet Standardisation Initiative 2019 @ <https://iddsi.org/framework/>

Licensed under the Creative Commons Attribution ShareAlike 4.0 License <https://creativecommons.org/licenses/by-sa/4.0/legalcode>.
Derivative works extending beyond language translation are NOT PERMITTED.

These are NOT official IDDSI resources, educational materials or education programs and they are NOT meant to replace materials and resources on www.iddsi.org

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products (continued)

ABBOTT BACKGROUND

- **Process:** While Abbott products are not specifically designed for patients with dysphagia, Abbott applied the new IDDSI framework to test and classify oral nutritional supplements (ONS) and tube-feeding products.
- Products in different containers (eg, recloseable carton, bottle, ready to hang) may be in the same product family but be processed differently. Differences in processing can affect product thickness. Therefore, IDDSI levels are specified for SKU/List Numbers.
- When mixing Abbott products with thickeners, testing should be repeated in the facility.

TESTING METHODS

- Abbott Analytical Scientists reviewed the testing protocol that was completed in Abbott's Analytical Labs.
- Products were tested at refrigerated and room temperatures ($5^{\circ}\text{C} \pm 2^{\circ}\text{C}$ or $24^{\circ}\text{C} \pm 3^{\circ}\text{C}$) at beginning and end of shelf life.

• **Drink Testing:**

- Drink testing was completed using a 10-mL slip tip hypodermic syringe with measured length of 61.5 mm from the zero line to the 10-mL line as specified by IDDSI (Sept 2019 US Manufacturer code is BDTM 303134).
- ONS formulas tested were mostly Vanilla or Chocolate flavors. Other flavors (eg, Strawberry, Butter Pecan, Chocolate Caramel) use the same base formula as Vanilla or Chocolate and viscosity data shows no significant difference among them.
- For all ONS formulas, 10 mL of product was emptied from the syringe for a period of 10 seconds. The amount of liquid remaining was recorded and converted to the corresponding IDDSI level.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products* (continued)

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Ensure Plus High Protein TN Shake (Vanilla)	68234	0
Ensure Plus High Protein TN Shake (Milk Chocolate)	68230	1
Ensure Plus High Protein TN Shake (Strawberry)	68232	0
Ensure Plus Nutrition Shake (Vanilla)	57263 57755 58303 62932 64905 67112	1
Ensure Plus Nutrition Shake (Milk Chocolate)	57266 57756 58299 64911 66544	1
Ensure Plus TN Shake (Strawberry)	57269 58301	0

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Ensure Plus Nutrition Shake (Butter Pecan)	57272	1
Ensure Plus Nutrition Shake (Dark Chocolate)	53809	1
Ensure High Protein TN Shake (Vanilla)	64117 64136 64273 64898	0
Ensure High Protein TN Shake (Milk Chocolate)	64115 64134 67275 64275 64895	0
Ensure High Protein (Strawberry)	66546	0
Ensure High Protein (Creamy Caramel)	67330	0
Ensure Enlive Advanced TN Shake (Vanilla)	64286 64293 64760	0

Use under medical supervision.

* Abbott initiated testing in Fall 2019.

† There may be variations in testing results due to methodology, user variability, temperature and/or age of products. Suitability of formulations for patients with dysphagia is the health care professionals' responsibility.

Please contact Abbott Nutrition Consumer Relations at 1-800-551-5838 with questions, or visit www.iddsi.org.

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products* (continued)

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Ensure Enlive Advanced TN Shake (Milk Chocolate)	64283 64296 64721	1
Ensure Clear TN Drink (Mixed Berry)	64900	0
Ensure Clear TN Drink (Apple)	64903	0
Ensure Clear Nutrition Drink (Blueberry Pomegranate)	56500	0
Ensure Clear Nutrition Drink (Mixed Fruit)	62479	0
Ensure Pre-Surgery Shake	66437 65044	0
Ensure Surgery Shake	65047	0
Ensure Max Protein Shake (French Vanilla)	67165	0
Ensure Max Protein Shake (Milk Chocolate)	66899 67005	0
Ensure Max Protein Shake (Strawberry)	68169	0

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Ensure Max Protein Shake (Café Mocha)	68166	0
Ensure Complete (Vanilla)	68053 68226	0
Ensure Complete (Chocolate)	68056 68228	1
Ensure Complete (Strawberry)	68059	0
Ensure Plant-Based Protein (Vanilla)	67450	0
Ensure Plant-Based Protein (Chocolate)	67453	0
Ensure Original Shake (Vanilla)	57243 53432 57753 58297 64931 67108	0

Use under medical supervision.

* Abbott initiated testing in Fall 2019.

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Please contact Abbott Nutrition Consumer Relations at 1-800-551-5838 with questions, or visit www.iddsi.org.

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products* (continued)

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Ensure Original (Milk Chocolate)	57231 57754 58293 64937 67110	0
Ensure Original (Strawberry)	53667 57234 58295 63389	0
Ensure Original (Coffee Latte)	57237	0
Ensure Original (Dark Chocolate)	53806	0
Ensure Original Shake (Banana Nut)	66910	0
Glucerna Original Shake (Homemade Vanilla)	57801 59891 64398 64922	0

Glucerna Original Shake (Rich Chocolate)	57804 59890 62933 64929 67092	0
Glucerna Original Shake (Creamy Strawberry)	57807 63458 64925 67306	0
Glucerna Original Shake (Classic Butter Pecan)	57810	0
Glucerna Original Shake (Chocolate Caramel)	66794	0
Glucerna Hunger Smart Shake (Classic Vanilla)	62882 67142 67195	0
Glucerna Hunger Smart Shake (Classic Chocolate)	62885 67143 67198	0

Use under medical supervision.

* Abbott initiated testing in Fall 2019.

† There may be variations in testing results due to methodology, user variability, temperature and/or age of products. Suitability of formulations for patients with dysphagia is the health care professionals' responsibility.

Please contact Abbott Nutrition Consumer Relations at 1-800-551-5838 with questions, or visit www.iddsi.org.

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products* (continued)

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Glucerna Hunger Smart Shake (Classic Strawberry)	66534 67155	0
Glucerna Hunger Smart Meal Size Shake (Classic Vanilla)	67067	0
Glucerna Hunger Smart Meal Size Shake (Classic Chocolate)	67070	0
Glucerna Protein Smart (Vanilla)	68172 67450	0
Glucerna Protein Smart (Chocolate)	68175 67453	0
Glucerna Snack Shake (Vanilla)	59856	0
Glucerna Snack Shake (Chocolate)	59859	0
Glucerna 1.0 Cal	64913	0
Glucerna 1.2 Cal (tetra, Vanilla)	64918	0
Glucerna 1.5 Cal (tetra, Vanilla)	64920	1
Suplena with CARBSTEADY Shake	62088	0

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Nepro Bottle (Vanilla)	62585 63176	2
Nepro with CARBSTEADY (tetra, Homemade Vanilla)	64803	1
Nepro with CARBSTEADY (tetra, Mixed Berry)	64796	1
Nepro with CARBSTEADY (tetra, Butter Pecan)	64798	1
Jevity 1.0 Cal	64759	1
Jevity 1.2 Cal	64625	0
Jevity 1.5 Cal	64628	1

Use under medical supervision.

* Abbott initiated testing in Fall 2019.

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Please contact Abbott Nutrition Consumer Relations at 1-800-551-5838 with questions, or visit www.iddsi.org.

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

IDDSI FRAMEWORK: Food and Drink Testing of Abbott Nutrition Products* (continued)

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
Osmolite 1.2 Cal	64635	0
Osmolite 1.5 Cal	64837	1
Promote	64834	0
Promote with Fiber (Vanilla)	64631	1
TwoCal HN (Unflavored)	68048	1
Vital AF 1.2 Cal	64828	0
Vital HP	64820	0
Vital 1.0 Cal	64832	0
Vital 1.5 Cal	64825	0
Pivot 1.5 Cal	65007	1

PRODUCT	SKU / LIST NO.	IDDSI LEVEL [†]
PediaSure Enteral Formula 1.0 Cal	67401	0
PediaSure Enteral Formula 1.0 Cal with Fiber	67403	0
PediaSure 1.5 Cal Shake	67378	0
PediaSure 1.5 Cal with Fiber Shake	67374	0
PediaSure Peptide 1.0 Cal (Unflavored) Shake	67413	0
PediaSure Peptide 1.0 Cal (Vanilla) Shake	67407	0
PediaSure Peptide 1.0 Cal (Strawberry) Shake	67411	0
PediaSure Peptide 1.5 Cal Shake	67417	0
Vital Peptide 1.5 Cal Shake	66236	0

Use under medical supervision.

* Abbott initiated testing in Fall 2019.

† There may be variations in testing results due to methodology, user variability, temperature and/or age of products. Suitability of formulations for patients with dysphagia is the health care professionals' responsibility.

Please contact Abbott Nutrition Consumer Relations at 1-800-551-5838 with questions, or visit www.iddsi.org.

Reference: 1. The International Dysphagia Diet Standardisation Initiative 2019. <https://iddsi.org/framework/>. Accessed March 2020.

Ready To Hang

Prefilled Enteral Feeding Containers

DID YOU KNOW?

Our Ready-To-Hang (RTH) prefilled enteral container is Hazard Analysis and Critical Control Point-friendly (HACCP). Ask your Abbott Nutrition Representative how RTH containers fit into HACCP recommendations:

- Step up to the convenience of the One-A-Day System.
- Safety Screw Connector Cap meets the industry standard, designed to reduce the risk of misconnections and touch contaminations.

FEATURES

- Saves nursing time.
- Minimizes handling to reduce risk of touch contamination.
- Can be hung for up to 48 hours after initial connection using a safety screw connector feeding set, when clean technique and only one new feeding set are used. Otherwise, hang for a maximum of 24 hours.*
- Semirigid containers stand upright to save storage space.
- No secondary outer cardboard package to remove or discard.
- A wide variety of Abbott Nutrition products are available.

HANG TIME OF ABBOTT NUTRITION TUBE-FEEDING FORMULAS

Abbott RTH prefilled enteral feeding containers have a maximum safe hang time of up to 48 hours when a new RTH container is connected to a new safety screw connector feeding set using clean technique.* Using only one feeding set per RTH container helps control the introduction of microbes from touch contamination. If more than one feeding set is used or if more than one RTH container is used with a single feeding set, the maximum safe hang time is 24 hours.

* Follow directions for use provided by manufacturer of feeding set.

THERAPEUTIC NUTRITION FOR CRITICAL CARE

PRIMARY ISSUE	Product	Benefits	ASPEN Adult Nutrition Support Therapy Guidelines ^{1,2} – Updates Made in 2022*
IMMUNE SUPPORT Trauma Burns Surgery Head/neck cancer	PIVOT® 1.5 CAL	• Arginine (supplemental) • Glutamine (inherent) • Omega-3 fatty acids (fish oil) • Elevated antioxidants • High protein	C4 E2 M1b M2b O3     
DIALYSIS Acute and chronic kidney disease Renal failure	NEPRO® WITH CARBSTeady®	• CARBSTeady®† • High protein	J1 J2  

Used with permission of SCCM and A.S.P.E.N.

If no grade is listed after the guideline, it is ungraded; based on expert consensus.

* Updates were made to the guidelines in 2022, but they currently do not fully replace the 2016 guidelines. Compher C, et al.

J Parenter Enteral Nutr. 2022;46(1):12-41.

† CARBSTeady carbohydrate blend designed to help minimize blood glucose response.

References:

1. Taylor BE, et al. *Crit Care Med.* 2016;44(2):390-438. 2. McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

PRIMARY ISSUE	Product	Benefits	ASPEN Adult Nutrition Support Therapy Guidelines ^{1,2} – Updates Made in 2022*
TOLERANCE GI intolerance Malabsorption Tube-feeding-associated diarrhea Pancreatitis Transitioning from TPN	VITAL® HP	• Peptides • High protein • Low fat • MCT • Omega-3 fatty acids (fish oil) • Vitamin D	C4 P1 Q4 Q6 E4a      E4b E4c M1a D3b    
	VITAL® AF 1.2 CAL	• Peptides • MCT • Omega-3 fatty acids (fish oil) • Vitamin D	E4b C4  
	VITAL® 1.5 CAL	• Peptides • MCT	E4b 
	VITAL® 1.0 CAL	• Peptides • MCT	E4b 

Used with permission of SCCM and A.S.P.E.N.

If no grade is listed after the guideline, it is ungraded; based on expert consensus.

* Updates were made to the guidelines in 2022, but they currently do not fully replace the 2016 guidelines. Compher C, et al. *J Parenter Enteral Nutr.* 2022;46(1):12-41.

References:

1. Taylor BE, et al. *Crit Care Med.* 2016;44(2):390-438. 2. McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

GUIDELINES FOR NUTRITION SUPPORT THERAPY IN THE ADULT CRITICALLY ILL PATIENT

DEFINITIONS

Nutrition therapy refers specifically to the provision of either enteral nutrition (EN) by enteral access device and/or parenteral nutrition (PN) by central venous access.

Standard therapy (STD) refers to provision of intravenous (IV) fluids, no EN or PN, and advancement to oral diet as tolerated.

Grading System

Guidelines are graded from High to Very Low as noted in parentheses or based on expert consensus. For more information on the grading system, please refer to McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

A. NUTRITION ASSESSMENT

A1. A determination of nutrition risk (eg, nutritional risk screening [NRS 2002], NUTRIC score) should be performed on all patients admitted to the ICU for whom volitional intake is anticipated to be insufficient. High nutrition risk identifies those patients most likely to benefit from early EN therapy.

A2. Nutrition assessment should include an evaluation of comorbid conditions, function of the gastrointestinal (GI) tract, and risk of aspiration. The use of traditional nutrition indicators or surrogate markers is not suggested, as they are not validated in critical care.

A3a. Indirect calorimetry (IC) should be used to determine energy requirements, when available and in the absence of variables that affect the accuracy of measurement. (*Very Low*)

A3b. We suggest feeding 12-25 kcal/g (ie, the range of mean energy intakes examined) in the first 7-10 days of ICU stay.

A4. An ongoing evaluation of adequacy of protein provision should be performed.

B. INITIATE ENTERAL NUTRITION

B1. Nutrition support therapy in the form of early EN should be initiated within 24-48 hours in the critically ill patient who is unable to maintain volitional intake. (*Very Low*)

B2. We recommend that either PN or EN is acceptable. Evidence grade: High, Strength of GRADE recommendation: Strong.

B3. In the majority of MICU and SICU patient populations, while GI contractility factors should be evaluated when initiating EN, overt signs of contractility should not be required prior to initiation of EN.

B4a. The level of infusion should be diverted lower in the GI tract in those critically ill patients at high risk for aspiration (see section D4) or those who have shown intolerance to gastric EN. (*Moderate to High*)

B4b. In most critically ill patients, it is acceptable to initiate EN in the stomach.

B5. In the setting of hemodynamic compromise or instability, EN should be withheld until the patient is fully resuscitated and/or stable. Initiation/reinitiation of EN may be considered with caution in patients undergoing withdrawal of vasopressor support.

C. DOSING OF ENTERAL NUTRITION

C1. Patients who are at low nutrition risk with normal baseline nutritional status and low disease severity (eg, NRS 2002 ≤ 3 or NUTRIC score ≤ 5) who cannot maintain volitional intake do not require specialized nutrition therapy over the first week of hospitalization in the ICU.

C2. Either trophic or full nutrition by EN is appropriate for patients with acute respiratory distress syndrome (ARDS)/acute lung injury (ALI) and those expected to have a duration of mechanical ventilation ≥ 72 hours, as these 2 strategies of feeding have similar patient outcomes over the first week of hospitalization. (*High*)



C3. Patients who are at high nutrition risk (eg, NRS 2002 ≥ 5 or NUTRIC score ≥ 5 , without interleukin 6) or severely malnourished should be advanced toward goal as quickly as tolerated over 24–48 hours while monitoring for refeeding syndrome. Efforts to provide $>80\%$ of estimated or calculated goal energy and protein within 48–72 hours should be made to achieve the clinical benefit of EN over the first week of hospitalization.

C4. Sufficient (high-dose) protein should be provided. Protein requirements are expected to be in the range of 1.2–2.0 g/kg actual body weight per day and may likely be even higher in burn or multitrauma patients (see sections M and P). (*Very Low*)



D. MONITORING TOLERANCE AND ADEQUACY OF ENTERAL NUTRITION

D1. Patients should be monitored daily for tolerance of EN. Inappropriate cessation of EN should be avoided. Ordering a feeding status of nil per os (NPO) for the patient surrounding the time of diagnostic tests or procedures should be minimized to limit propagation of ileus and to prevent inadequate nutrient delivery.

D2a. GRVs should not be used as part of routine care to monitor ICU patients receiving EN.

D2b. For those ICUs where GRVs are still utilized, holding EN for GRVs <500 mL in the absence of other signs of intolerance (see section D1) should be avoided. (*Low*)

D3a. Enteral feeding protocols should be designed and implemented to increase the overall percentage of goal calories provided. (*Moderate to High*)

D3b. Use of a volume-based feeding protocol or a top-down multistrategy protocol should be considered.



D4. Patients receiving EN should be assessed for risk of aspiration and steps to reduce risk of aspiration and aspiration pneumonia should be proactively employed.

D4a. Divert the level of feeding by postpyloric enteral access device placement in patients deemed to be at high risk for aspiration (see also section B5). (*Moderate to High*)

D4b. For high-risk patients or those shown to be intolerant to bolus gastric EN, delivery of EN should be switched to continuous infusion.

D4c. In patients at high risk of aspiration, agents to promote motility, such as prokinetic medications (metoclopramide or erythromycin), should be initiated where clinically feasible. (*Low*)

D4d. Nursing directives to reduce risk of aspiration and VAP should be employed. In all intubated ICU patients receiving EN, the head of the bed should be elevated 30°–45° and use of chlorhexidine mouthwash twice a day should be considered.

D5. Neither blue food coloring nor any coloring agent should be used as a marker for aspiration of EN. Glucose oxidase strips should not be used as surrogate markers for aspiration in the critical care setting.

D6. EN should not be automatically interrupted for diarrhea but rather that feeds be continued while evaluating the etiology of diarrhea in an ICU patient to determine appropriate treatment.

E. SELECTION OF APPROPRIATE ENTERAL FORMULATION

E1. Use a standard polymeric formula when initiating EN in the ICU setting. Avoid the routine use of all specialty formulas in critically ill patients in the MICU and disease-specific formulas in the SICU.

E2. Immune-modulating enteral formulations (arginine with other agents, including eicosapentaenoic acid [EPA], docosahexaenoic acid [DHA], glutamine, and nucleic acid) should not be used routinely in the MICU. Consideration for these formulations should be reserved for patients with TBI and perioperative patients in the SICU (see sections O and M). (*Very Low*)



E3. The routine use of an enteral formulation characterized by an anti-inflammatory lipid profile (eg, omega-3 FOs, borage oil) and antioxidants in patients with ARDS and severe ALI, cannot be recommended at this time, given conflicting data. (*Low to Very Low*)

E4a. A commercial mixed fiber formula should not be used routinely in the adult critically ill patient prophylactically to promote bowel regularity or prevent diarrhea. (*Low*)



E4b. Use a commercial, mixed fiber-containing formulation if there is evidence of persistent diarrhea. Avoid both soluble and insoluble fiber in patients at high risk for bowel ischemia or severe dysmotility. We suggest considering use of small peptide formulations in the patient with persistent diarrhea, with suspected malabsorption or lack of response to fiber.



F. ADJUNCTIVE THERAPY

F1. A fermentable soluble fiber additive (eg, fructooligosaccharides [FOS], inulin) should be considered for routine use in all hemodynamically stable MICU/SICU patients placed on a standard enteral formulation. Ten to 20 g of a fermentable soluble fiber supplement should be given in divided doses over 24 hours as adjunctive therapy if there is evidence of diarrhea.

F2. While the use of studied probiotics species and strains appears to be safe in general ICU patients, they should be used only for select medical and surgical patient populations for which RCTs have documented safety and outcome benefit. The routine use of probiotics across the general population of ICU patients cannot be recommended at this time. (*Low*)

F3. A combination of antioxidant vitamins and trace minerals in doses reported to be safe in critically ill patients should be provided to those patients who require specialized nutrition therapy. (*Low*)

F4. Supplemental enteral glutamine should not be added to an EN regimen routinely in critically ill patients. (*Moderate*)

G. WHEN TO USE PARENTERAL NUTRITION

G1. In the patient at low nutrition risk (eg, NRS 2002 ≤ 3 or NUTRIC score ≤ 5), exclusive PN should be withheld over the first 7 days following ICU admission if the patient cannot maintain volitional intake and if early EN is not feasible. (*Very Low*)

G2. In the patient determined to be at high nutrition risk (eg, NRS 2002 ≥ 5 or NUTRIC score ≥ 5) or severely malnourished, when EN is not feasible, exclusive PN should be initiated as soon as possible following ICU admission.

G3. In patients at either low or high nutrition risk, use of supplemental PN should be considered after 7–10 days if unable to meet $>60\%$ of energy and protein requirements by the enteral route alone. Initiating supplemental PN prior to this 7- to 10-day period in critically ill patients on some EN does not improve outcomes and may be detrimental to the patient. (*Moderate*)

H. WHEN INDICATED, MAXIMIZE EFFICACY OF PN

H1. The use of protocols and nutrition support teams are recommended to help incorporate strategies to maximize efficacy and reduce associated risk of PN.

H2. Hypocaloric PN dosing (≤ 20 kcal/kg/d or 80% of estimated energy needs) with adequate protein (≥ 1.2 g protein/kg/d) should be considered in appropriate patients (high risk or severely malnourished) requiring PN—initially over the first week of hospitalization in the ICU. (*Low*)

H3a. Withhold or limit SO-based IVFE during the first week following initiation of PN in the critically ill patient to a maximum of 100 g/wk (often divided into 2 doses/wk) if there is concern for essential fatty acid deficiency. (*Very Low*)

H3b. Alternative IVFEs may provide outcome benefit over soy-based IVFEs; a recommendation cannot be made at this time due to lack of availability of these products in the United States. When these alternative IVFEs (SMOF [soybean oil, MCT, olive oil, and fish oil emulsion], MCT, OO,

and FO) become available in the United States, their use should be considered in the critically ill patient who is an appropriate candidate for PN.

H4. The use of standardized commercially available PN versus compounded PN admixtures in the ICU patient has no advantage in terms of clinical outcomes.

H5. A target blood glucose range of 140 or 150–180 mg/dL is recommended for the general ICU population; ranges for specific patient populations (postcardiovascular surgery, head trauma) may differ and are beyond the scope of this guideline. (*Moderate*)

H6. Parenteral glutamine supplementation should not be used routinely in the critical care setting. (*Moderate*)

H7. As tolerance to EN improves, the amount of PN energy should be reduced and finally discontinued when the patient is receiving >60% of target energy requirements from EN.

I. PULMONARY FAILURE

I1. Specialty high-fat/low-carbohydrate formulations designed to manipulate the respiratory quotient and reduce CO₂ production should not be used in ICU patients with acute respiratory failure (not to be confused with recommendation E3). (*Very Low*)

I2. Fluid-restricted energy-dense EN formulations should be considered for patients with acute respiratory failure (especially if in a state of volume overload).



I3. Serum phosphate concentrations should be monitored closely and phosphate replaced appropriately when needed.

J. RENAL FAILURE

J1. ICU patients with acute renal failure (ARF) or AKI should be placed on a standard enteral formulation, and standard ICU recommendations for protein (1.2–2 g/kg actual body weight per day) and energy (25–30 kcal/kg/d) provision should be followed. If significant electrolyte abnormalities develop, a specialty formulation designed for renal failure (with appropriate electrolyte profile) may be considered.



J2. Patients receiving frequent hemodialysis or CRRT should receive increased protein, up to a maximum of 2.5 g/kg/d. Protein should not be restricted in patients with renal insufficiency as a means to avoid or delay initiating dialysis therapy. (*Very Low*)



K. HEPATIC FAILURE

K1. A dry weight or usual weight should be used instead of actual weight in predictive equations to determine energy and protein in patients with cirrhosis and hepatic failure, due to complications of ascites, intravascular volume depletion, edema, portal hypertension, and hypoalbuminemia. Nutrition regimens should avoid restricting protein in patients with liver failure, using the same recommendations as for other critically ill patients (see section C4).

K2. EN should be used preferentially when providing nutrition therapy in ICU patients with acute and/or chronic liver disease.

K3. Standard enteral formulations should be used in ICU patients with acute and chronic liver disease. There is no evidence of further benefit of branched-chain amino acid (BCAA) formulations on coma grade in the ICU patient with encephalopathy who is already receiving first-line therapy with luminal-acting antibiotics and lactulose.

L. ACUTE PANCREATITIS

L1a. The initial nutrition assessment in acute pancreatitis should evaluate disease severity to direct nutrition therapy. Since disease severity may change quickly, frequent reassessment of feeding tolerance and the need for specialized nutrition therapy is suggested.

L1b. Providing specialized nutrition therapy to patients with mild acute pancreatitis is not suggested, instead advancing to an oral diet as tolerated. If an unexpected complication develops or there is failure to advance to oral diet within 7 days, then specialized nutrition therapy should be considered. (*Very Low*)

L1c. Patients with moderate to severe acute pancreatitis should have a naso-/oroenteric tube placed and EN started at a trophic rate and advanced to goal as fluid volume resuscitation is completed (within 24–48 hours of admission). (*Very Low*)

L2. Use of a standard polymeric formula to initiate EN in the patient with severe acute pancreatitis is suggested. Although promising, the data are currently insufficient to recommend placing a patient with severe acute pancreatitis on an immune-enhancing formulation at this time. (*Very Low*)

L3a. Use of EN over PN is suggested in patients with severe acute pancreatitis who require nutrition therapy. (*Low*)

L3b. EN should be provided to the patient with severe acute pancreatitis by either the gastric or jejunal route, as there is no difference in tolerance or clinical outcomes between these 2 levels of infusion. (*Low*)

L4. In patients with moderate to severe acute pancreatitis who have intolerance to EN, measures should be taken to improve tolerance.

L5. The use of probiotics should be considered in patients with severe acute pancreatitis who are receiving early EN. (*Low*)

L6. For the patient with severe acute pancreatitis, when EN is not feasible, use of PN should be considered after 1 week from the onset of the pancreatitis episode.

M. SURGICAL SUBSETS

Trauma

M1a. Similar to other critically ill patients, early enteral feeding with a high-protein polymeric diet should be initiated in the immediate posttrauma period (within 24–48 hours of injury) once the patient is hemodynamically stable. (*Very Low*)



M1b. Immune-modulating formulations containing arginine and FO should be considered in patients with severe trauma. (*Very Low*)



Traumatic Brain Injury

M2a. Similar to other critically ill patients, early enteral feeding should be initiated in the immediate posttrauma period (within 24–48 hours of injury) once the patient is hemodynamically stable. (*Very Low*)



M2b. Either arginine-containing immune-modulating formulations or EPA/DHA supplement with standard enteral formula should be used in patients with TBI.

Open Abdomen

M3a. Early EN (24–48 hours postinjury) is suggested in patients treated with an OA in the absence of a bowel injury.

M3b. Providing an additional 15–30 g of protein per liter of exudate lost for patients with OA is suggested. Energy needs should be determined as for other ICU patients (see section A).

Burns

M4a. EN should be provided to burn patients whose GI tracts are functional and for whom volitional intake is inadequate to meet estimated energy needs. PN should be reserved for those burn patients for whom EN is not feasible or not tolerated.

M4b. IC should be used when available to assess energy needs in burn patients with weekly repeated measures.

M4c. Patients with burn injury should receive protein in the range of 1.5–2 g/kg/d.



M4d. Very early initiation of EN (if possible, within 4–6 hours of injury) in a patient with burn injury is suggested.

N. SEPSIS

N1. Critically ill patients should receive EN therapy within 24–48 hours of making the diagnosis of severe sepsis/septic shock as soon as resuscitation is complete and the patient is hemodynamically stable.

N2. Using exclusive PN or supplemental PN in conjunction with EN early in the acute phase of severe sepsis or septic shock is not suggested, regardless of patients' degree of nutrition risk. (*Very Low*)

N3. Supplementation with selenium, zinc, and antioxidants in sepsis cannot be recommended at this time due to conflicting studies. (*Moderate*)

N4. The provision of trophic feeding (defined as 10–20 kcal/h or up to 500 kcal/d) is suggested for the initial phase of sepsis, advancing as tolerated after 24–48 hours to >80% of target energy goal over the first week. We suggest delivery of 1.2–2 g protein/kg/d.

N5. Immune-modulating formulas should not be used routinely in patients with severe sepsis. (*Moderate*)

O. POSTOPERATIVE MAJOR SURGERY (SICU ADMISSION EXPECTED)

O1. Determination of nutrition risk (eg, NRS 2002 or NUTRIC score) should be performed on all postoperative patients in the ICU and that traditional visceral protein levels (serum albumin, prealbumin, and transferrin concentrations) should not be used as markers of nutrition status.

O2. EN should be provided when feasible in the postoperative period within 24 hours of surgery, as it results in better outcomes than use of PN or STD. (*Very Low*)

O3. The routine use of an immune-modulating formula (containing both arginine and fish oils) in the SICU is suggested for the postoperative patient who requires EN therapy. (*Moderate to Low*)



O4. Enteral feeding is suggested for many patients in difficult postoperative situations such as prolonged ileus, intestinal anastomosis, OA, and need of vasopressors for hemodynamic support. Each case should be individualized based on perceived safety and clinical judgment. (*Low to Very Low*)

O5. For the patient who has undergone major upper GI surgery and EN is not feasible, PN should be initiated (only if the duration of therapy is anticipated to be ≥ 7 days). Unless the patient is at high nutrition risk, PN should not be started in the immediate postoperative period but should be delayed for 5–7 days.

O6. Upon advancing the diet postoperatively, patients should be allowed solid food as tolerated — clear liquids are not required as the first meal.

P. CHRONICALLY CRITICALLY ILL

P1. Chronically critically ill patients (defined as those with persistent organ dysfunction requiring ICU LOS >21 days) should be managed with aggressive high-protein EN therapy and, when feasible, that a resistance exercise program be used.



Q. OBESITY IN CRITICAL ILLNESS

Q1. Early EN should start within 24–48 hours of admission to the ICU for obese patients who cannot sustain volitional intake.

Q2. Nutrition assessment of the obese ICU patient should focus on biomarkers of metabolic syndrome, an evaluation of comorbidities, and a determination of level of inflammation, in addition to those parameters described for all ICU patients.

Q3. Nutrition assessment of the obese ICU patient should focus on evidence of central adiposity, metabolic syndrome, sarcopenia, BMI >40 , SIRS, or other comorbidities that correlate with higher obesity-related risk for cardiovascular disease and mortality.

Q4. High-protein hypocaloric feeding should be implemented in the care of obese ICU patients to preserve lean body mass, mobilize adipose stores, and minimize the metabolic complications of overfeeding.



Q5. For all classes of obesity, the goal of the EN regimen should not exceed 65%–70% of target energy requirements as measured by IC. If IC is unavailable, we suggest using the weight-based equation 11–14 kcal/kg actual body weight per day for patients with BMI in the range of 30–50 and 22–25 kcal/kg ideal body weight per day for patients with BMI >50. We suggest that protein should be provided in a range from 2.0 g/kg ideal body weight per day for patients with BMI of 30–40 up to 2.5 g/kg ideal body weight per day for patients with BMI ≥40.

Q6. If available, an enteral formula with low caloric density and a reduced NPC:N should be used in the adult obese ICU patient. While an exaggerated immune response in obese patients implicates potential benefit from immune-modulating formulas, lack of outcome data precludes a recommendation at this time.



Q7. Additional monitoring is suggested to assess worsening of hyperglycemia, hyperlipidemia, hypercapnia, fluid overload, and hepatic fat accumulation in the obese critically ill patient receiving EN.

Q8. The obese ICU patient with a history of bariatric surgery should receive supplemental thiamin prior to initiating dextrose-containing IV fluids or nutrition therapy. In addition, evaluation for and treatment of micronutrient deficiencies such as calcium, thiamin, vitamin B12, fat-soluble vitamins (A, D, E, K), and folate, along with the trace minerals iron, selenium, zinc, and copper, should be considered.

R. NUTRITION THERAPY END-OF-LIFE SITUATIONS

R1. ANH (artificial nutrition and hydration) is not obligatory in cases of futile care or end-of-life situations. The decision to provide ANH should be based on evidence, best practices, clinical experience and judgment; effective communication with the patient, family, and/or authorized surrogate decision maker; and respect for patient autonomy and dignity.

Reference:

McClave SA, et al. *JPEN J Parenter Enteral Nutr.* 2016;40(2):159-211.

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If no grade is listed after the guideline, it is ungraded; based on expert consensus.

Abbott Medical Nutrition Products Retail List Numbers

Product	Flavor	List No.	NDC Format Code
Ensure® Enlive® (8-fl-oz bottle)	Vanilla.....	64293.....	70074-0642-94
	Milk Chocolate.....	64296.....	70074-0642-97
	Strawberry.....	64291.....	70074-0642-92
Ensure® High Protein (8-fl-oz bottle)	Vanilla.....	64117.....	70074-0641-18
	Milk Chocolate.....	64115.....	70074-0641-16
	Strawberry.....	66546.....	70074-0665-47
Juven® (28.8 g packet)	Fruit Punch*	66691.....	59781-0666-91
Juven® (27.5 g packet)	Orange*	66689.....	59781-0666-89
Juven® Variety Pack (28.8 g packet/ 27.5 g packet)	Fruit Punch/Orange†.....	68033.....	59781-0680-34
Nepro® with CARBSTEADY® (8-fl-oz bottle)	Homemade Vanilla	63176.....	70074-0631-77
PediaSure® Grow & Gain (8-fl-oz bottle)	Vanilla.....	58049.....	70074-0580-50
	Chocolate.....	58058.....	70074-0580-59
	Strawberry.....	58055.....	70074-0580-56
	Banana.....	58052.....	70074-0580-53
PediaSure® Grow & Gain with Fiber (8-fl-oz bottle)	Vanilla.....	58061.....	70074-0580-62

* Retail-Specific for Amazon, Walgreens, and CVS.

† Retail-Specific for Amazon only.

Abbott Nutrition Websites

www.AbbottNutrition.com

The Abbott Nutrition website provides detailed nutrition information on all Abbott Nutrition products with links to all other Abbott Nutrition websites for health care professionals and business customers. It also offers third-party coverage information, including general Medicare, Medicaid, and private insurance policy information for many Abbott Nutrition products.

www.AbbottStore.com

Patients can purchase Abbott Nutrition adult and pediatric nutritional products on this site for convenient home delivery. This is an excellent source for those hard-to-find specialty products. Note: This site is not to be used to order products for resale or institutional use.



www.ANHI.org

At ANHI, we believe nutrition changes lives. Our goal is to make it easier for you to help your patients be well nourished. We provide you and your patients with science-based nutrition resources and connect you to the finest minds in the field of nutrition. ANHI offers free continuing education (CE), the latest nutrition science, conference summaries and videos, and access to printable nutrition resources. Visit ANHI.org today.

www.e-Abbott.com

This e-commerce tool links direct-purchase customers and Abbott Nutrition with faster invoicing and order confirmation 24 hours a day, 7 days a week. Previous orders can be repeated and changes made without re-keying. Invoices can be paid by Electronic Funds Transfer (EFT), a quick, convenient tool that has PIN-protected bank account information, email notification of open invoices, extended payment terms, and online credit memos.

www.EleCare.com

This site provides health care providers and parents with valuable information and education about EleCare® and EleCare® Jr, amino acid-based formulas. In addition, information about indications for use, with links to applicable websites, is available.

www.Ensure.com

This site is designed to help people learn more about Ensure® products and make smart choices about nutrition and lifestyle. Patients are offered the opportunity to chat live with an Abbott Nutrition dietitian, Monday through Friday, 9:00 AM to 5:00 PM EST. Outside those hours, patients are encouraged to email their questions for response within 24 hours. Patients can register for the Ensure® Healthy Matters™ e-newsletter. Each monthly newsletter contains tips, tools, and exclusive members-only coupons for future Ensure purchases. The site also offers a variety of healthy recipes and other helpful tools.

www.Glucerna.com

This site provides product-specific information about the entire family of Glucerna® products, including nutrition facts panels. Learn about the unique blends of slow-release carbohydrates and key ingredients scientifically designed to help minimize blood sugar response.

www.Juven.com

Learn how Juven® helps support wound healing. Juven.com features product information, case studies, resources and recipes for both consumers and HCPs.

www.Nepro.com

Helps consumers learn about Nepro® with CARBSTEADY®, a therapeutic nutrition drink designed to help meet the nutrition needs of patients on dialysis. Nepro is formulated to be high in protein while low in potassium, phosphorus. Nepro.com features dialysis nutrition resources, information, and recipes.

www.Pedialyte.com

This site provides parents and adults with valuable information on Pedialyte® oral electrolyte solution—the #1 pharmacist- and pediatrician-recommended brand for hydration. Pedialyte helps prevent dehydration due to heat exhaustion, travel, and intense exercise, in addition to diarrhea and vomiting. Pedialyte.com helps educate parents and adults about the multiple causes of dehydration and how Pedialyte helps kids and adults rehydrate and feel better fast!

www.PediaSure.com

Learn more about how PediaSure® provides balanced nutrition for children's growth and development. The website offers information and education on PediaSure® Complete, Balanced Nutrition®, the #1 children's nutritional supplement to help kids grow. Parents can sign up for special offers and download PediaSure recipes that help add calories to their child's diet.

www.PROTALITYNutrition.com

Learn how PROTALITY™ provides nutrition support during weight loss, including key ingredients to help support muscle health. Consumers and HCPs can find out more about the importance of protein during weight loss, sign up for future product savings, find new recipes, and take the opportunity to chat live with an Abbott Nutrition dietitian, Monday through Friday, 9:00 AM to 5:00 PM EST.

Continuing Education Programs

Visit the Abbott Nutrition Health Institute for free continuing education at: <https://anhi.org/education>

Our dynamic online learning center offers a variety of valuable courses for nurses and dietitians to stay current on the latest nutrition science advancements and earn CEs/ CPEUs. ANHI offers courses in areas of pediatric and adult therapeutic nutrition. You can access more than 100 office- and hospital-based programs annually through your Abbott Nutrition representative.

Clinical Support Help Line

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Abbott Nutrition Pathway Plus Reimbursement Support

Navigating the insurance coverage process for health care expenses can be challenging and time-consuming.

That's why Pathway Plus has a dedicated team offering personalized support to verify insurance coverage of Abbott Nutrition products. Visit the Pathway Plus website at www.pathway-plus.com for resources and support, or call **1-855-217-0698** Monday through Friday, 8:30 AM - 5:00 PM EST.

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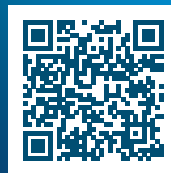
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HOW IT WORKS

Access product information on AbbottNutrition.com even when you are not connected to Wi-Fi.



Scan the QR code and follow the instructions to download before going into an area with no connectivity.

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